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# APPRECIATION

Community Foundation For Children and Aging (CFCA) sponsorship program provides sponsored families around the world with a path out of poverty through small but continuous support to specific families over the course of several years. The program is a way for sponsors to express their admiration for the heroic struggles of sponsored families. CFCA's program in India serves thousands of children, elderly people, and their families.



CFCA's core value of integrity, accountability, the dignity of the person and respectful relations guide our decisions each day and help us to focus the program on the expressed, felt needs of sponsored families. The "Hope for a Family" program is a way of describing CFCA's program at its best. The nine values set a goal for all of us to work towards our service to sponsored families.

Sponsored families are the center of the sponsorship program. The mothers of sponsored children are their greatest advocates, and the program gives the mother's encouragement and support in their efforts to raise the next generation of leaders.

The "Hope for a Family" program gives women a space to grow and express themselves, which also increases their ability to help their children.

CFCA's work in India would not be possible without cooperation from the Indian Government, both at the national, state and local levels. The program also depends upon the cooperation of many banks and local businesses. The government agencies and businesses have been valuable partners in CFCA's work in India, and we humbly express our appreciation to them.

Looking towards the future, CFCA plans to continue its work in India and serve more families as we are able to get sponsors of goodwill. We extend our deepest appreciation to other staff of Community Foundation and to sponsored families for their daily struggles to make life better for their children in India.

A handwritten signature in cursive script that reads "Daniel Pearson". The ink is dark and the signature is fluid and legible.

Daniel Pearson  
Director of International Program  
Unbound- Kansas

## FROM THE DESK OF MANAGING TRUSTEE

This annual report in your hand underlies the achievement of CFCA in India for the year 2021-2022. It is an outcome of the CFCA team member's dedication and efforts throughout the year. This year has been full of challenges, learning and potential opportunities in terms of achieving CFCA's core objectives and values. The dedication and effort of CFCA team members helped CFCA Delhi to reach out to more than 4142 underprivileged children and families.



I would like to take this opportunity to thank all the team members, sponsored children and their families and aging for their active participation, support, constructive efforts and their valuable contribution to CFCA Program.

I want to thank all government institutions for providing support to the beneficiaries in various areas especially health, training in food processing and preservation and other income generation activities.

I, on behalf of CFCA Delhi project team members and sponsored families, sincerely express my gratitude and thanks to our resource sharing agency UNBOUND-KANSAS and all the sponsors for their generous support in helping CFCA Delhi to bring sustainable changes in the lives of the underprivileged children and families through education and income generation activities.

I am sure CFCA will continue to reach out to more and more needy children and their families, enhancing their capability through capacity building, education and financial support and bringing them out of poverty and maintaining their dignity in the society.

Vinod Kumar Dass  
Managing Trustee & Project Coordinator

# ABOUT CFCA

Community Foundation for Children and Aging (CFCA) was formally registered on 30<sup>th</sup> Dec, 2004, under the Indian Trust Act 1882 as a legal entity with its head office based in New Delhi.

At present CFCA is working in various parts of UP & Delhi by covering around 3000 needy children and families and they are getting benefits through sponsorship program in these areas. Following are the common benefits given to the marginalized families specially children; these benefits are directly transferred to each independent child bank account with the assistance & coordination of CFCA field offices.

- ✓ Education (School/Tuition fees, Books/Stationery, Uniform/Clothing)
- ✓ Nutrition/Medical checkup
- ✓ Skill building and entrepreneurship development program
- ✓ Sports, recreation & educational trips.

CFCA programs are being carried out in various areas, like metro cities, semi-urban, areas slum/resettlement colonies of Delhi/NCR and parts of Uttar Pradesh (Agra, Prayagraj, Naini), the level of poverty vary from place to place so does the socio- economic background of the families. The aims of the programs are directed towards child and family welfare and to bring sustainable development in the life of marginalized people.

## Our Vision (Dignity, Opportunity, Hope)

To be instrumental in unfolding the kingdom of love, peace and justice by promoting relationships of mutual respect and enabling people to realize life of dignity and fraternity. CFCA walks with the poor and marginalized of the world. CFCA provides personal attention and direct benefits to the children, youth and aging persons and their families, so that they may live with dignity, achieve their desired potential and participate fully in society.

## Our Values

### 1. Dignity of the person

The dignity of the person is an important consideration in the structure and activities of CFCA. The people's participation in society, along with having adequate food and housing, an opportunity towards education and to develop skills from a complete outlook towards the dignity of the person.

### 2. Integrity and Accountability

CFCA is responsible with the resources that the organization is entrusted with, and is consistent with the business practices.

### 3. Respectful Relationship

A relationship of mutual respect between sponsor and sponsored person is central to CFCA's mission. As this bond is between families from different cultures and societies, this signifies the values of this humanitarian organization.

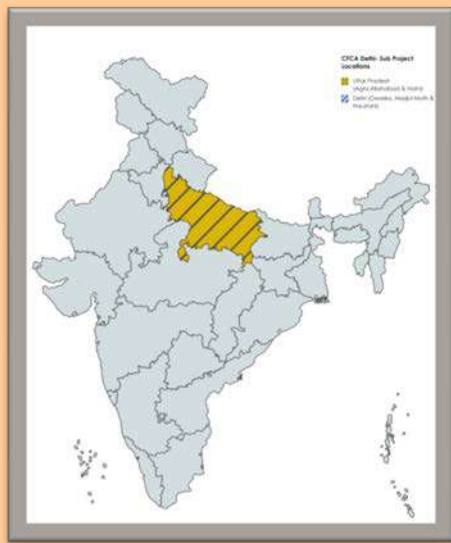
## Hope for a family

“Hope for a family” sponsorship program aims for the following characteristics in partnership with sponsored members and their families:

1. **Mutual accountability and support:** Sponsored family's form a support network within this; families encourage and are accountable to one other.
2. **Decentralized decision-making:** Sponsored families are encouraged to take the lead in the selection of personalized benefits and services as well as other key program decisions with the help of CFCA's support network and internal controls.
3. **Economic Self-Sufficiency:** Enable sponsored members and their families meet basic needs through income generation activities, access to capital and sponsorship benefits. Over a period of time, families become self-sufficient through income generation activity.
4. **Sustainability:** CFCA's sponsorship program aims to develop sustainable communities, who themselves take initiative and responsibility for the sponsorship program and eventually self-manage many aspects of the program with project staff serving as support resources.
5. **Empowerment:** CFCA's main program initiative is to empower marginalized groups to create equality, justice, and unity in their communities, which are addressed with an enduring commitment towards non-violence, dignity and long-term sustainable development.
6. **Capacity building:** Primary focus of the program is to create opportunities for families to develop their own capacity for personal and economic growth rather than focus only on the distribution of material goods.
7. **Goal orientation:** Through CFCA's regular interaction with sponsored members and their families, it is ensured that they have clear personal and realistic plans to enhance their capability to achieve dignified status in society.
8. **World View:** CFCA sponsorship program aims to bring the marginalized people to a better position in their community and they act as agents of positive change in their local communities. These sponsorship programs help them realize that they are a part of a bigger movement in the world with responsibilities and opportunities to share their lives with their sponsors. They realize that there are others who are walking the journey with them and helping them to realize their dreams.

9. **Culture of learning:** CFCA's project act as a cultural center of learning, not only for the sponsored members but also for their families and communities, where they balance their reflection and action, define and measure outcomes and utilize results for continuous program improvements and adaptation to changes in and around them. The community is trained in such a manner that they are eventually able to develop key programs independent of CFCA.

This Annual Report 2021-22 is the compiled report of the inputs/efforts received from all of the CFCA sub-projects.



The symbols marked on the map of India denote the work area of CFCA in India. CFCA works in the rural, remote, semi-urban and urban areas in the states such as Delhi and Uttar Pradesh ensuring support and aid in the form of sponsorship to poor families who are migrants, tribal, laborers, disabled and underprivileged

CFCA works in Delhi in the following areas Pochanpur village, Dwarka Sector-23 (DPP), Masjid Moth village (DSJ), Hauzrani Village (DSJ-H).

In Uttar Pradesh, we are working in 3 different slums of Agra (CSA) named Basai, Goberchoki, and Kohlihai within the radius of 3-5 km from Taj Mahal.

Further, CFCA is also working in areas of Prayagraj-Beli, Katra, Mumfordganj, Nayapura, Sadiabad (ALD) and Nibi village from Cheoki (GVK).

# PROGRAM ACTIVITIES

**Government Interface:** CFCA has the vision to empower the community as it aims to involve and invites senior government officials, professionals, and social workers and organizes various awareness programs to empower and motivate the CFCA community. Officials from the bank and other Government departments participate in various activities/ programs and celebrations of CFCA and share their views with the children.

Through this interaction these officials witness the true support and assistance CFCA is providing to the most vulnerable and needy, which inspires them and they extend their full cooperation and support to CFCA and to its sponsored families. Networking with government officials have also helped the organization in fulfilling the compliances required for FCRA account opening, renewal and its various norms and regulations.



**Celebrations:** CFCA is a secular organization and it respects all religion, CFCA works with multi cultured diverse communities, irrespective of caste, creed or religion. So, in order to keep these communities, bound together and to bring joy and happiness to all the sponsored families, various festivals are celebrated collectively in the communities. By celebrating these festivals together CFCA gives them a platform to express their joy and to celebrate these occasions not only with the family members but with the entire community.



CFCA was able to engage the sponsored family mothers group during the festival of Diwali and Holi as per the government rules and regulations. During this meeting CFCA distributed sweets as token of kindness and love to the sponsored family members. Through these initiatives the organization has developed a strong bonding and relationship with the communities.

**Correspondence:** Communication/correspondence is essential in building any relationship. An effective and proper communication helps in reinforcing the connection between the sponsors and sponsored friends. Children within the program write letters to their respective sponsors, which include

their academic performances, accomplishments, various activities, their past experiences, and their day-to-day life.

Every year different categories of letters are being written by the sponsored child to their sponsors such as welcome letter (introductory letter), regular letter, child progress report, and greeting cards, etc. These letters bring in transparency and credibility in the sponsorship program and increase sponsor's commitment to the program.



During the year 2021-22, CFCA has taken various initiatives to train mothers for writing letters and ensuring letter quality. This helps children/mothers to develop good letter-writing skills for building good relationship with their sponsors. If the letters are written in their native language, then they are translated into English by staff/youth scholars to reduce the communication barrier between the sponsored child and the sponsor. CFCA also responds to the query or special details enquired by the sponsor about their sponsored friend through speed letters. Apart from this, the latest photograph of the sponsored children is uploaded every year on the portal.

## CFCA'S APPROACH

### Empowerment through Education

Every person has the opportunity to express and realize his or her life goal and can grow fully as a



successful person." The belief that quality education can help reduce poverty and inequality comes from the recognition that education is a basic human right-similar to food and shelter-and that it is vital to protecting human dignity by removing ignorance. This is what CFCA believes in; education and empowers people with the knowledge, skills, and values they need to build a better world. The main purpose of CFCA is to empower children through education within society and to prepare and qualify them for work in economy. This opens doors to the job market, combats inequality, fosters solidarity, and

promotes environmental stewardship.

### "Hope for a family" Sponsorship Program for Children and Aging

The "Hope for a Family" sponsorship program under which CFCA provides financial assistance directly into the bank account of the beneficiary in order to meet the expenses of their education and other basic requirements such as clothing, medicine and food. These bank accounts are directly operated by the beneficiaries. Minor sponsored members hold a joint account with their mothers



through which they withdraw and utilize the fund. Every year fund gets withdraw by the beneficiaries or the mothers of the sponsored children as per their convenience and requirements CFCA also provides sponsorship for the aging i.e. the senior citizens of the society who are helpless and need extra financial support. Their financial benefits are also directly deposited in their bank account.

## Capacity Building/Trainings

Mohalla Samiti's are group of mothers of sponsored children; this group usually has 10-12 mothers in it. This group focuses on holistic empowerment of the family reflecting "Hope for a Family" model of our sponsorship program. They are encouraged by CFCA to start any small enterprises for the livelihood of their family based on their skills and interests. These mothers are then linked with various schemes of Government through which they can receive trainings and start small businesses for their own. livelihood. The coordination committee member's workshop aims to provide mothers a platform to voice their opinion about the benefits and services they need based on their requirements. The planning and budgeting are rolled out by mothers; this program further strengthens the internal control and decentralizes the key decision making. Every year, these workshops are organized at all the sub-projects where mothers prepare their annual budget and present the same. The same plan becomes the program objectives for the ensuing year.



## Service Scholarship Program

"The power of youth is the common wealth for the entire world, the faces of young people are the faces of our past, our present and our future. No segment in society can match with the power, Idealism, enthusiasm, and courage of the young people." With this thought in mind CFCA Delhi Project embarked on its journey to support and encourage young minds and to build them as the next generation leaders.

The CFCA services scholarship program exists to help older students who because of economic circumstances are struggling to continue their education. The goal is to help them reach their potential and provide role models in the community and cultivate local leadership within the sponsored communities. Improving the quality and productivity of youth scholars engaged at various levels and ensuring their optimal learning is the key agenda of youth scholarship program at CFCA. Service Scholarship program provides them a platform wherein the youth serves the community by assisting mothers in group meetings, guiding small children in letter writing, organizing social & cultural activities. They are given a certain amount as a stipend for these activities. The scholars continue their effort with the limited resource available in order to help the community in the following ways

- The scholars belong to the respective community and are quite familiar with the community members and are a reliable source to contact the sponsored families and many times helps in conveying program related information to the sponsored members.
- The scholars help in promoting the precious relationship between sponsor and sponsored friend by assisting the sponsored families and children in writing letter and translation, the sponsored children also see them as their role model and try to learn from them.
- Active engagement in the daily community based activities has helped the sponsored members deepen their trust in the scholars and allowed the scholars to develop confidence and communication skills. Scholars provide assistance to the sponsored mothers in managing their group's documentation which has increased their knowledge

In the advent of the academic year, CFCA organizes orientation and training program for the scholars to help them transition in the online mode of working and aware them on the recent policy updates. During the academic year, CFCA organizes review and feedback workshops to help scholars understand and reflect on their contribution. The designated regional staff will continuously help and monitor the work of scholars for the fulfillment of the program goals.

District/ City	Sub-Project	Communities	No. of Youth Scholars
Prayagraj (Allhabad)	ALD	Beli, Katra,Mumfordganj,Nayapura,Sadiabad	5
	GVK	Nibi Village	2
Agra	CSA	Basal, Goberchoki, and Kohlihai	2
Delhi	DPP	Pochanpur	2
	DSJ	Masjid Moth Village	3
	DSJ-H	Hauz Rani	3

## Agents of change- Pilot Program

Agents of change also known as "Parivartan k Sehyogi" describes the initiative and self-motivation of the sponsored mothers in addressing their own problems existing in the communities. Agents of



of change turned out to be a "community based and community-driven program which was designed by the community members themselves". Mother transformed this opportunity beautifully to seek solutions to the problems that are feasible and manageable to them. Our sponsored mothers group learned to partner together and work in a structured way with commitment towards a common goal.

We know there is a wide array of socio-economic disparities present in the community but agents of change has helped us understand that "we do not

have an overall solution for the varied issues in the communities but we together can initiate small changes which will augment the effort in impacting the issues and together we can grow."

For reference some initiatives undertaken in each sub-project are mentioned below-

### Delhi Sub-projects- Delhi, Agra, Prayagraj

#### 1) Delhi-DPP, DSJ, DSI-H

- Computer literacy program for sponsored mothers.
- Establishing community-based library.
- Health awareness and supplementary nutrition distribution to undernourished/underweight children in the community.
- Social Awareness program through audio-visual mediums.

#### 2) CSA - Agra

- Adult literacy program for illiterate sponsored mothers/members.
- Capacity building through audio-visual media.
- Developing computer skills in the community.

#### 3) ALD & GVK- Prayagraj

- Skill development training to increase technical knowledge.
- Establishing community-based computer literacy program center.
- Renovation of community toilet & installation of drinking water tank.

- Installation of Microwave & Refrigerator for cookery & bakery training in food processing unit.
- Installation of water-cooling machine for safe drinking water.

## CFCA-PROJECT DELHI

CFCA-Delhi Project since its inception in 2004 has been working tirelessly to support the marginalized families and providing direct benefits to children, youth, aging persons, and their families to help them live with dignity, achieve their desired potential, and participate fully in society. CFCA Delhi is working in socially and culturally diverse communities aiming to bring sustainable development and empowerment.

CFCA-Delhi is working continuously through community need based activities to bring about sustainable development in the lives of poor families. CFCA believes that our sponsored members are the primary agents of their own development.

CFCA-Delhi is actively working in Pochanpur village, Dwarka Sector 23 (DPP), Masjid Moth village (DSJ), Hauzrani Village (DSJ-H). In Uttar Pradesh, we are working in 3 different slums of Agra (CSA) named Basai, Goberchoki, and Kohlihai within the radius of 3-5 km from TajMahal. Further, CFCA is also working in Prayagraj (ALD) and Nibi village (GVK)



## Sub-Project- ALD & GVK

### ACTIVITIES

The activities conducted during the year 2021-2022 as per the government guidelines and Covid adjusted strategy of the organization are mentioned below.

### Annual Review Meeting & Celebrations

The "Annual Review Meeting and Holi Celebration" was held in the month of March before the start of the next financial year. Mr. V. K Dass, the Managing Trustee and



Project Coordinator of CFCA, greeted & welcomed all the sponsored mothers, more than 850 mothers and sponsored children participated in the program. He shared about the Government rules and regulations and motivated them to wear mask, using sanitizer, and keeping social distance with community members.

At the ending of this meeting Mr. Dass and ALD & GVK staff distributed Holi celebration gifts and refreshments to all sponsored children, mothers and youth scholars.



## Staff Training/Workshop

A staff meeting/training was organized in the month of January in Prayagraj for all the CFCA Staff. During these 2 days of training, all the keys revisions in the Unbound policy manuals were discussed, the changes in the FCRA policies and the necessary guidelines that needs to be taken care of was shared. The correspondence coordinator shared about portal compliances and discussed various issues that she had been facing during the letter review and submission. Half a day was also allotted to the youth scholars from ALD and GVK as they play a key role in getting letters written by children and translating them so that they have a better conceptual clarity on their roles and responsibilities and they can do better for the growth and sustainability of the organization.



## Excursion/Educational Trip-Sponsored Children

An excursion trip was organized for all ALD and GVK sponsored children so that they can enjoy the nature after two years of lockdown and pandemic. During the pandemic because of Government restrictions many group activities could not be planned, which created a demotivation in the hearts of sponsored children, since they were all completely locked away at home. Even schools were being conducted remotely, in such a situation it was very important to bring them out so that their spirits could revive back and they would also feel encouraged.



## Assisting Children- Quality Correspondence

A workshop on quality correspondence was organized for ALD and GVK sponsored children so that they understand the importance of effective communication. It was also important because due to Covid restrictions meeting the children in groups was not possible hence all the letter writing and communications during this time were being given on the phone. Many of the families were not able to grasp many concepts and thus it was affecting the quality of correspondence. This workshop was conducted by youth scholars and the Project Coordinator/ Managing Trustee Mr. V.K. Dass



## Mother's Coordination Committee Meeting



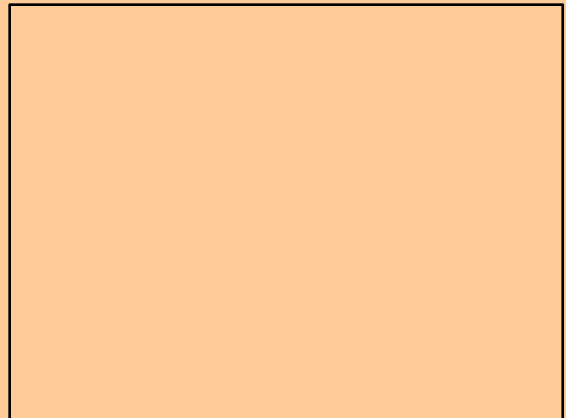
Every month the mother leaders from various groups are brought together and they are briefed about various changes and policies that are happening within CFCA both from the perspective of the Government and Unbound-Resource Sharing Agency. These mother leaders are the real backbone and strength of the program and they need to be fully oriented so that the program implementation at the ground level would be smooth

## Livelihood-Sustainability

### Food Processing Unit:

In ALD subproject, Food Processing Unit is running from many years. In this unit, many women who are engaged in making pickles, Jam, sauce, etc are working together. Due to Covid-19 for some months the pickle making and selling work was suspended but from the month of November 2020, they have again started making and selling the pickles and jam.

They also follow the guidelines of the government related to Covid and follow all precautionary measures. They are doing very hard work in all seasons. In this unit, many sponsored families have taken training also to make pickles, jam, and sauce, etc. Through this activity, many mothers are self-independent and are getting the way of income generation.





**Fragrance sticks and cotton wick making activity.**

In ALD & GVK subproject many mothers are making Fragrance sticks and cotton wick in groups. They buy raw material from the market and make it and sell these materials in the open market as well as among the sponsored families of subprojects. Through these activities, many mothers are self-dependent and able to generate some income for livelihood.

## Capacity Building Initiatives

- **Food Processing Training**

Food processing and preservation training was organized for mothers so that they can learn these techniques and could use the same in their unit. Resource persons from Horticulture department were present for this training. Many new mothers also joined this training in order to learn these techniques which would help them in preserving their home made items so that the same can be used for a longer period of time without getting spoilt.



- **Vocational Training**

Vocational trainings have been organized for mothers as well as children to revive back their spirits after Covid. These trainings Include embroidery making, sewing computer classes, art & craft, dancing, drawing, English speaking courses, personality development, career counseling etc. The children as well as mothers are finding these sessions very beneficial and are very much encouraged by all of these.





# Success Stories

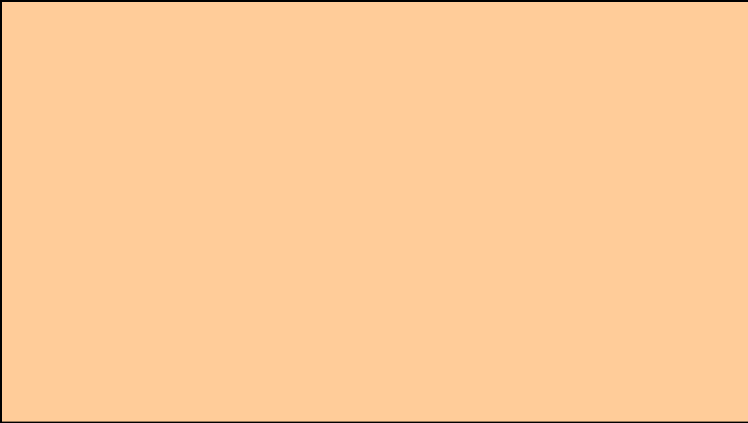
## Case Study- 1

### Vaibhav Singh (CH-218667)- Delhi Subproject ALD

Dr. APJ Abdul Kalam once said that “Confidence and Hard- work is the best medicine to kill the disease called failure. It will make you a successful person.” Vaibhav and his mother proved just the same.

Vaibhav was a sponsored child in the Delhi subproject-ALD (CH ID 218667). He was enrolled in the CFCA/Unbound sponsorship program on 21<sup>st</sup> June 2000 and retired from this sponsorship program on 29<sup>th</sup> May 2015. Vaibhav’s father passed away in 2008 after which the whole responsibility of taking care of the family fell on his mother. The family was also a big family which comprised of 4 boys. Vaibhav’s mother had no livelihood to take care of the family, that’s when she received training on Food Processing and she became an active part of it. Along with that the family had a small farm but being a lady no one allowed her to do farming, but despite all the challenge she decided to grow Mustard plant in this field, once grown she harvested these mustard crops, extracted oil and distributed this oil to the Food Processing Unit which was then used to make pickles. The mother didn’t stop at this she also learnt the art of candle making and sold these candles to shops to earn a living. Her only determination was to see her children getting educated and being successful in life. She is very thankful for the sponsorship as well as moral support that she received through CFCA/Unbound.

Vaibhav himself was very intelligent and smart, He won several Olympiads in his school days. He always secured good marks in school and got nice grades in his college. He also received many certificates and prizes in his college events. He always had a positive outlook on everything. With the help of CFCA/Unbound sponsorship support and his mother’s hard work, Vaibhav completed his B-Tech (Engineering in Mechanical) in the year 2016. After which he prepared for GATE entrance exam (Graduate Aptitude Test in Engineering) for



two years, but he could not make it. But he still didn't lose hope and he prepared for railway entrance and gave level 1 entrance exam in 2018. After clearing that, he gave entrance for the next level. He succeeded and got selected in India railways in 2020.

However he couldn't join immediately because of COVID-19 lockdown and

had to take up his position in June 2021, he is currently posted as an **Assistant Loco Pilot in Indian Railways**, his job is not very time-based, he can be called for duty at any time and gets 16 hours of rest after every shift. Currently he lives alone in Tundla (near Agra city, Uttar Pradesh), where he is posted for his job, since there is no one to assist him with household chores, he does all the work by himself.

He also sends money regularly to his mother so that she doesn't have to struggle in order to meet household expenses. He is no longer a sponsored child, but he is still a member of the Youth Forum, as a secretary. He actively participates in it and makes every possible contribution to the Youth Forum activities. During his higher education, he took loans from this youth forum to pay for his fees. So the family is truly indebted to the organization for all the support they have received all through these years. CFCA/Unbound sponsorship changed this family's life and that is the reason that even after the completion of CFCA/ Unbound's journey, the family is still an active part of it. The mother still contributes towards the betterment of Food Processing Unit in whichever way she can and Son helps and guides other youth members through the Youth Forum Activities.

This family definitely proved that: It is better to teach people how to do something for themselves than to just do it for them, because when you teach them how to make their own lives better you bring about a change in their outlook, which will then change the outlook of the people and the society at large.

## Case Study- 2

### A remarkable story of Sanskar Food Processing Unit- Subproject ALD

Summer season brings with it, its own hardships as well as joyful times. During summer all the housewives as well as working women relish the joy of making pickles to feed their families. Many a times though these pickles are readily available in the market places, but what drives these mothers to make it at home is the sheer joy of seeing a smile on the faces of their families and this smile is worth every hard work and sweat that is put into making these pickles. The similar story is of CFCA/Unbound mothers from Prayagraj, a small district in the southern part of Uttar Pradesh. Mothers of sponsored children had jointly started the Sanskar food processing unit way back in 2010 from the CFCA community office based in Mumfordganj and later as the work expanded it was shifted to Nayapura area, earlier in those days with not much training or money in hand, taking up such a great responsibility seemed challenging, but the determination of these mothers to earn and to be able to stand on their own feet for themselves and their children was remarkable, none of the struggles/ups or downs through these years could put them down, they all strived through these challenges and paved the way towards success.

Now they are a well-established Food Processing Unit which prepares pickles, Jams, Murabba etc with the seasonal fruits and vegetables readily available in the market.

The summer of 2022 was not different from the rest of the years. The above picture shows mothers making mango and jack fruit pickles, once ready these would be sold to local village community members and others nearby their homes who would need them. Maintenance of Hygiene and quality is of prime importance.

A big salute to all these women entrepreneurs who proved that no matter how illiterate or backward you might seem, your success is in your own hands and if you are determined to touch the sky then never doubt yourself, stay focused, never let anything slow or stop you from concurring your goals and making your dreams happen.

## Case Study- 3

### The story of how homemade food became a means of livelihood

The story of a mother who proved that “self- belief and hard work will always earn you success in life.”

Aditi Jaiswal CH ID: 846066

Mother’s name: Sushma Jaiswal

Sushma Jaiswal, a mother of 4 girls, has come a long way now. But this journey was not an easy one for her or her family. Sushma Jaiswal became a part of CFCA family in 2016, at that time Sushma’s husband was running a small shop from where he was giving out sound systems on rent for various functions in and around their locality, e.g. marriage, birthday celebrations etc, and there was no other source of income. The desire to give her daughters a decent life was her top most priority and she was ready to do anything to help her family earn a decent living.



Along with this the community people as well as family members were constantly cribbing and nagging that there was no boy child to carry on the family legacy and teaching all the girls would be of no use because they would all get married and go and no one would be left for the parents at their old age.

Despite all the odds Sushma decided to send all her girls to school so that they get the best educational facilities and stand independently. Soon after Sushma joined CFCA and got involved in the Mother’s groups she could learn new things about livelihood generation and so she started exploring ways through which she could enhance her income.

Sushma was very good in cooking and she was aware that Allahabad is a place where many students from various parts of the country come for their higher education and are forced to depend on street foods for survival, among them were also students and parents who came for one day competitive exams or were staying at Allahabad for months to prepare for a competitive exam and they all needed home-cooked healthy food. She decided to start a tiffin service for such kids. She discussed the same with her husband, who also agreed to support and that’s how this journey started with 2 students. When she started getting more

demands for tiffin supply, Sushma applied for a loan through her SHG to purchase more tiffin boxes and ration (groceries) needed for preparation of the same and started giving food boxes to 20 students.



She always believed in giving fresh and hygienic food to students because they are far from their family members slowly the students started recommending about her food to others and demand started increasing day by day. After that she took loan from her SMG for purchasing big utensils and other necessary items in order to meet the increasing demand. But increasing demand created another

issue of supplying this to people on time, to which Sushma's husband gave an assurance and he started supplying this tiffin to the students. These days she is supplying around 30 food boxes to children. Not only this she has started taking small catering orders for birthdays and other functions within her locality.

She also helped her husband by purchasing new sound systems so that he could do his work in a better way. Through the joint efforts of Sushma and her husband, all their kids are successful in life. Their first daughter name is Smriti Jaiswal is married now, second daughter Pragati Jaiswal is doing coaching for getting a bank job, third daughter Shreya Jaiswal is doing DMLT (Diploma in Medical Laboratory Technology) and Aditi Jaiswal, who is the youngest daughter, also the sponsored child of CFCA is pursuing her schooling and is in 7<sup>th</sup> std at present.

Sushma Jaiswal is an inspiration to many mothers in the community, she tries to motivate others through her achievements. She is very thankful to CFCA/ Unbound for this platform through which she could change her life and be a motivation for many others.

#### **Case Study- 4**

### **The unwavering determination of a sports enthusiast.....**

Ankit Pal CH ID: 777607

**An athlete cannot run with money in his pockets. He must run with hope in his heart and dreams in his head.**

This is a story of Ankit, who started playing table tennis when he was in 4<sup>th</sup> standard. His love for sport has helped him in achieving great heights. He always dreamt of doing something big with his passion for tennis. Despite having all the hardships and not having a constant support from the family, for the first time he marked his place in inter-school table tennis championship where he won an award and stood at 1<sup>st</sup> place.

Ankit has been a part of CFCA family for a long time now. Currently, he is pursuing his schooling and he is in 10<sup>th</sup> standard at present. Ankit lives in a family consisting of 4 members including his mother, father, and elder brother. He comes from a poverty-stricken family. His father owns a small shop of general merchandise to meet the basic needs of the family and his mother is a home-maker. Avi, Ankit's brother is also pursuing his schooling and he is also a sports enthusiast.

For a very long time, Ankit's parents have not been supportive towards their children's passion of playing sports. Under the influence of the community people and some of the relatives, they started busting in that there will be no career in this field. Rather than wasting the time in playing sports they should be focused and concerned about their studies.



Despite all the odds, Ankit continued to play tennis. Ankit and his parents have been an active part of CFCA community programs.

Through the continuous interaction with other sponsored family and children they got to know about another sponsored child Deeksha Dhruvansh, who is also transforming herself dedicatedly and winning awards in sports field with the continuous support of CFCA and her parents.

Since that day, Ankit could see the change in his parents as they started to support him and his brother. They understood that sports can also be a vital aspect where one can mark his place to achieve whatever he wants. With the uninterrupted support and motivation from CFCA, his parents gathered all the needed information related to Table tennis and how Ankit can strengthen his game.

Ankit's father has no fixed income, still they decided to put all the efforts to support him in sports field. They started doing whatever they can from their end to make their children's

future promising. Now, Ankit and his brother are winning awards in sports field and continuing their education.

Till now Ankit has won many awards in table tennis championship. In 2017, he played in Allahabad at the district level and marked his place at 1<sup>st</sup> position with an award. In 2018, he got a chance to play in Noida, Kanpur, Aligarh, and Varanasi at the state level championship where he bagged 2<sup>nd</sup> and 3<sup>rd</sup> position respectively. After that he also got selected in a national level championship. In 2019, he won first prize in a champion ship which took place in Bijnor. In Jan 2020, he played at state level in Aligarh and once again marked his place at 2<sup>nd</sup> position.

The story of his victories has never stopped from the day his parents started supporting him and he is continuously making his parents and sponsor feel proud. The family shows gratitude to the CFCA/UNBOUND for their generous support.

## Case Study- 5

### The story of never giving up.....

Suchitra Kushwaha- CH ID: 187618

**“ A small business is an amazing way to serve and leave an impact on the world you live in. “**

Suchitra Kushwaha, a sponsored child of CFCA from sub-project ALD has achieved tremendous progress. She became a part of CFCA family long back. At that time, she and her family was having a lot of financial crisis. Suchitra lives in a family consisting of 7 members including her mother who's a home-maker, father who's the only bread winner of the family, 4 sisters including herself, and a



brother. Her elder sister is married now and other younger sisters are pursuing their education. Her brother is pursuing an ITI course.

Before joining CFCA program, her family's financial status was not stable enough to get their children educated. They were going through a lot of hardships due to their poor financial condition. Suchitra's father was struggling to have a stable income to earn a

livelihood for his family members. Despite having poor financial condition, best part was her

parents have always been supportive for their children's education. Glimmer of hope came when Suchitra got selected for CFCFA sponsorship program and the growth of her personal development started then and there only. Her father worked day and night as a tailor to fulfill the educational needs of his children. Her father used to say to his children "never stop putting efforts in getting education, always give your best and we will put all our efforts and work hard as a parent to fulfill all your educational needs".



Society continued to play its role by demotivating the family and cribbing about fulfilling the children's educational needs but Suchitra's family remained supportive towards their children and never came under societal influence. Suchitra continued to pursue her education even after completing her higher studies. She completed her schooling from Umrao Singh Memorial School and Mary Wanamaker Intermediate School, Allahabad. Further, she has completed her graduation in Bachelors in Arts (Sociology) from University of Allahabad. She has done post graduation from the U.P Rajashri Tandon Open University, Prayagraj in Masters in Arts (Sociology).

After completing her post- graduation. She developed her interest in fashion designing and discussed with her parents that fashion designing can be a good option for a livelihood and to start- up her own boutique in getting latest designer clothes to the clients. Her father was the biggest inspiration as he is a tailor by profession. Her parents supported her like always then she found out about a reputed institute of fashion designing.

Another intricate situation came up when they got to know about the fee details of the course. After Suchitra got selected for CFCFA sponsorship, her mother became a part of Sponsored Mother's Group (SMG) and she knew about the loan program which was initiated by the SMG. So she took the loan for Suchitra's fees and got her admitted in Ruchi Institute of creative arts, Prayagraj. Now she is a holder of Diploma in fashion designing.

Soon after she completed her Diploma, she started her boutique at home with a sewing machine of her father. She started designing the dresses as per clients demand. Some relatives supported her by giving her initial orders of making clothes. She was also a part of Youth Forum, where she could learn about ways and creative ideas of enhancing her professional



growth. Not only personal growth, but through the youth forum she became an example for other sponsored children as well.

Now she owns a small boutique at her home only and supports her family financially. Her father is not a skilled professional hence, he has a good hand in sewing simple clothes but Suchitra has a good hand in making designer clothes. Now she has a source of income generation through which she bearing her daily expenses and also paying fees for competitive exams. Now, it is a big relief for her parents and they are focusing on younger siblings educational development.

Suchitra and her family feels that CFCA\UNBOUND played a vital role in exhilarating Suchitra's passion and her family's development. They feel it has been fruitful being a part of CFCA and Youth forum family. Suchitra is a living example of achieving everything, if you are dedicated and passionate about it. Through the constant support of CFCA and her parents she completed her schooling, graduation, and post-graduation. She has not stopped yet, because she believes in the famous quote given by Roy Bennett: There are five important things for living a successful and fulfilling life: never stop dreaming, never stop believing, never give up, never stop trying, and never stop learning.”

## Sub-Project- DELHI (DPP, DSJ & DSJ-H)

### ACTIVITIES

The activities conducted during the year 2021-2022 as per the government guidelines and Covid adjusted strategy of the organization are mentioned below-

#### Staff Training

Staff training was organized for all the staff working under CFCA Delhi on 18 & 19 Jan, 2022 in Delhi Office. The main points of discussion were the Correspondence review and updates, portal compliances, Annual work plan and budget. Evaluation, Reduction plan, discussion of staff roles & responsibilities, FCRA status, Program Activity plan, streamlining documentation, external audit etc. The staff had a meaningful time of discussion and learning these days and returned back with a renewed vigor.





## Capacity building Workshop

Capacity building workshop was held for all the mothers of the coordination committee from the DPP, DSJ & DSJ-H subprojects in Delhi. The main purpose of this training was to brief the mothers about the status of our program and how their participation would help in enhancing this program. They were all asked to plan activities for next year as to how they can get mothers engaged in more and more livelihood opportunities so that they can stand on their own feet.

## Home Visits

Home visits are also an important aspect of the CFCA program, this is done once in a month to check the progress of the child and families enrolled in the program. During such visits the social worker checks and assess the financial situation of the families as well. These visits are also done when new family records have to be filled to enroll new children into the program.



## Health Awareness Camps



CFCA organizes health camps twice a year for sponsored children. During Covid-19 various health awareness camps were organized with the sole objective of making people aware about the impact of Covid-19, importance of wearing masks and how they can keep themselves safe from any virus attack. During these health camps along with medicines, nutritional supplements such as Ensure, Complan, etc were also distributed.

## Celebrations

CFCA believes in Unity in Diversity so celebrations are a part & parcel of the CFCA program every year. All the festivals are celebrated together and this is a great time of caring and sharing amongst all community members, these people learn to appreciate the cultural values imbibed behind each celebration and also learn the joy of sharing and caring and above all they learn to respect and treat everyone alike with the same dignity and honor.



## Mother's assistance towards quality correspondence



During the year 2021-22, CFCA has taken various initiatives to train mothers for writing letters and ensuring letter quality. This helps children/mothers to develop good letter-writing skills for building good relationship with their sponsors. If the letters are written in their native language, then they are translated into English by staff/youth scholars to reduce the communication barrier between the sponsored child and the sponsor. CFCA also responds to the query or special details enquired by the sponsor about their sponsored friend through

speed letters. Apart from this, the latest photograph of the sponsored children is uploaded every year on the portal.

## Capacity Building Initiatives



- **Career Counseling**

Career counseling workshop was organized in all the subprojects for children studying in classes 9 till 12 in order to guide them regarding their choice of stream as well as future goals. Around 150 children from each of the subprojects in Delhi participated in the same. Expert professionals from various sectors were invited to be a part of this workshop. The students were encouraged to meet together after Covid restrictions and were happy to learn about new career

opportunities and how they can plan their course of studies in order to be successful in life.

- **Awareness Program (Nukkad Natak/ Street theater workshop)**

Awareness Programs were organized at various subprojects in the form of street theater workshops in order to make the children as well as community aware about some of the social evils, the topics selected were "Save Girl Child" "Beti Bachao, Beti Pado" and "Clean India, Green India" "Swachh Bharat Abhiyan". Many of the communities/people around are still negligent about these issues and hence proper awareness to the community is very important.



- **Art & Craft Workshop**

An art & craft workshop was organized for children in various subprojects, the themes given were how we can save our environment which is degrading day by day and we ourselves are responsible for this. So if every child could understand the importance behind saving the environment then we can have a bright future ahead. The students enthusiastically participated in this activity and demonstrated the best art talents.



- **International Day of Yoga**

The International Day of Yoga has been celebrated across the world on June 21. Yoga is a physical, mental and spiritual practice which originated in ancient India. CFCA Delhi subproject celebrates this day with great enthusiasm. All the subproject staff as well as sponsored children and families actively participate in this activity and also follow the same on daily basis as they are aware of the various health benefits that Yoga imparts into one's body, mind and soul.



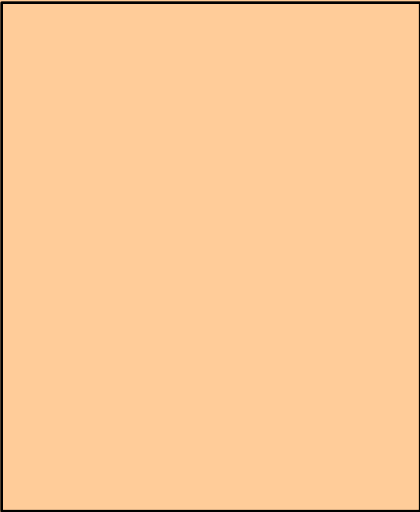
# Success Stories

## Case Study-1

### **Presenting Khushboo (a sponsored child), an upcoming artist and an entrepreneur in the making**

A budding artist with an entrepreneurial mindset is the perfect combination of passion and dedication combined in creating an empowered youth.

Khushboo, a seventeen year old child hailing from the small city of Meerut, Uttar Pradesh came to Delhi in 2014 with her two sisters Garima, Ritika, a brother Priyakant, and her parents Mukesh and Dayavati.



In search of employment opportunities and to build a better life for their children, Khushboo's parents came to Delhi and joined the Employee Provident Fund Organization (EPFO) as the office staff. The earnings from their regular jobs were not enough to meet the educational and health needs of Khushboo and her siblings. In 2015, Khushboo's mother came to know about CFCA and its sponsorship program in Pochanpur. They applied for sponsorship in 2015 and three years later Khushboo received acceptance for the sponsorship program from CFCA.

CFCA staff conducted a home visit in 2018 and found that the socio-economic condition of the family was not stable as her father was the sole breadwinner. After her enrollment in CFCA, Khushboo's family was elated to receive educational support for their daughter, which eased them of the burden of getting their child educated.

The outbreak of Corona Virus in 2020 and the shutting down of schools was a major setback for many children whereas Khushboo utilized this time, to explore her creativity and with a keen interest in art and craft, started making wall hangings from waste material, pen and pencil stands, and other artistic sketches. This newfound talent was noticed by Khushboo's school teachers and from then on her journey of becoming a small entrepreneur started.

Khushboo who is studying in the one of the top level Delhi government school was selected as a part of the Business Blaster program by Delhi Government to support the student-led initiatives for

startup businesses. Khushboo formed a group of eight people and as the lead sketch artist; she created sketches of famous personalities and made her earnings from customized orders. The seed money of Rs. 2000 was invested to develop a business that earned over sixteen thousand rupees which was divided amongst all the members.

As a talented young artist, Khushboo is looking forward to improving her skills and pursuing her passion for creative arts. She dreams to develop a platform for young underprivileged children who have the potential to pursue their creative and artistic skills and thus represent them and support them in their journey as a mentor.

## Case Study-2

### **Story of Himanshu (sponsored child) who dreams to study abroad and become an entrepreneur like Elon Musk**

Himanshu a fourteen year old boy, born and brought up in a small village of Western Uttar Pradesh came to Delhi with his family in the late ninety's. It had always been a matter of pride and honor for Himanshu to be the grandson of the late Army Veteran. After reaching Delhi, this family of five, which includes Himanshu, his parents (Anand Kumar & Bubbli Devi), Younger Brother (Prashant) and Grandmother were forced to survive under one roof on the meager pension of his Late Grandfather.

Himanshu's father (Anand Kumar) suffers from a locomotor disability, as a result fifty percent of his joints and muscles cannot function properly. Still in order to support his family, he works as an attendant at a Public Health Center, but the income was never sufficient enough to meet the family needs.

CFCA visited Himanshu's family in 2015 and upon analyzing the socio-economic condition found that the educational needs of the child were unmet and hence when the family expressed their desire to join the sponsorship program so that the child could study well CFCA agreed and that's how Himanshu's journey as a sponsored child began.

Himanshu had always been introvert but through constant communication with his sponsor, he gained self-confidence and became more expressive in his thoughts. For him, his sponsor is a very dear friend with whom he likes to be in constant touch through letters.

Academically, Himanshu became more serious and dedicated towards his studies. The remedial classes that were running through CFCA program helped him in achieving better results which increased from 70 percent (%) in class 7 to 85 percent (%) in class 8.

Himanshu is nowadays exploring his interests in extra-curricular activities like art and craft, sports, and even debating. The online classes during the pandemic helped him in becoming more vocal and interactive with his peers and teachers.

In future, Himanshu dreams of becoming an entrepreneur and holds Elon Musk as his role model. He wants to study entrepreneurship on a scholarship basis from the Asia's best school, National University of Singapore and help his parents in creating a sustainable and stable mode of income. At such a young age, he is on the path of fulfilling his parents' dreams and securing a future for his family.

CFCA wishes him all the best for his determination and an attitude to never give up.

### Case Study-3

#### **Celebrating the journey of Muskan (sponsored child) and her mother who dreams of becoming an empowered and independent woman**

Muskan is a sixteen-year-old sports player, who wishes to support her mother Anita and sees her as the role model of her life. Anita came to Delhi from Haryana in 2000 after her marriage with Parveen (Muskan's Father) and after the birth of Muskan, he stopped providing financial help to the family.

Muskan and her brother has been solely brought up by their mother, Nishant (her brother) is currently studying in the first year of BSc. Muskan earlier studied in a private school but due to financial constraints, was forced to join the Government School for classes 11 and 12 in Dwarka.



Anita who struggled between jobs started as a tailor after receiving hands-on-training from Industrial Training Institute (ITI) in Delhi. To support her children and for building their better future, she then started working as a teacher where she taught children with special needs and helped them in their daily chores. These difficulties were not a matter of shame for Muskan as she always admired the hard work and dedication of her mother and focused on her studies.

In 2013, when Parveen refused to support his children's educational expenses Anita contacted CFCA and through the process of Home Visit and thorough background check, Muskan was enrolled in the sponsorship program. From the time of her association with CFCA, Muskan became more motivated

and actively participated in the summer camps and, annual functions conducted for the sponsored members. She feels over-joyed on her journey with CFCA because they also helped her mother in receiving training on computer courses and introduced different livelihood earning opportunities as well.

Muskan is a very bright student and through the remedial class program that runs in Pochanpur (DPP Subproject), she was able to work on her weaker subjects. In class 10, she scored 91 percent (%) marks and chose Commerce Stream with Mathematics in class 11. Muskan is also a state level judo player and a zonal level Kabaddi player and has won various prizes in these sports competitions. This sixteen-year-old has set big goals in her life. She wants to become a Chartered Accountant and pursue her career in Banking and Finance sector. She even looks forward to supporting society by providing free tuition and coaching to needy children. She dreams of becoming financially independent and fulfil her mothers' aspirations.