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# APPRECIATION

Community Foundation for Children and Aging (CFCA) offers sponsorship program to families around the world who are living in poverty. The program provides continuous support to specific families over several years, enabling them to work towards a better future. CFCA's program in India supports thousands of children, elderly people, and their families.



The program is guided by the values of integrity, accountability, dignity, and respectful relationships, which help the organization to prioritize the expressed needs of sponsored families. The "Hope for a Family" program describes CFCA's goals for serving sponsored families.

The mothers of sponsored children are important advocates, and the program provides them with encouragement and support as they raise the next generation of leaders. By giving women space to grow and express themselves, the program also increases their ability to help their children. CFCA's work in India relies on cooperation from the Indian government, businesses, and banks. The program has many valuable partners and CFCA expresses its appreciation to them.

Moving forward, CFCA plans to continue its work in India and serve more families as they gain more sponsors. The organization is grateful for the support of its staff and the sponsored families who strive to improve their lives and those of their children in India.

A handwritten signature in black ink that reads "Daniel Pearson". The signature is written in a cursive, flowing style.

Daniel Pearson  
Director of International Program  
UNBOUND – Kansas

## FROM THE DESK OF MANAGING TRUSTEE

This annual report highlights the accomplishments of CFCA in India during the FY 2022-2023. The report is the result of the hard work and dedication of CFCA team members throughout the year. Despite facing challenges, the team's efforts allowed CFCA Delhi to reach close to 3000 underprivileged children and families.



The report extends gratitude to the team members, sponsored children and families, and aging individuals for their participation and support in CFCA's programs. CFCA also thanks government institutions for their support in health, food processing and preservation training, and income generation activities.

Additionally, this report expresses appreciation to banking partners for their role in ensuring timely transfer of funds to beneficiaries.

The report offers thanks to UNBOUND-KANSAS and sponsors for their generous support in helping CFCA Delhi make sustainable changes in the lives of underprivileged children and families through education and income generation activities.

The report also expresses confidence that CFCA will continue to reach out to more children and families in need and enhance their capabilities through capacity building, education, and financial support, improving their quality of life and maintaining their dignity in society.

A handwritten signature in dark ink, appearing to read 'VKD' followed by a long horizontal stroke and the number '055'.

Vinod Kumar Dass  
Managing Trustee & Project Coordinator

# ABOUT CFCA

On December 30th, 2004, Community Foundation for Children and Aging (CFCA) was officially registered as a legal entity under the Indian Trust Act 1882, with its head office located in New Delhi, India.

Currently, CFCA is operating in various areas of Uttar Pradesh and Delhi, and is providing benefits to around 3000 underprivileged children and families through its sponsorship program. These benefits are directly transferred to each child's independent bank account with the assistance and coordination of CFCA's field offices. The marginalized families, especially children, receive common benefits through this program.

- ✓ Education (School/Tuition fees, Books/Stationery, Uniform/Clothing)
- ✓ Nutrition/Medical checkup
- ✓ Skill building & entrepreneurship development program
- ✓ Sports, recreation & educational trips.

CFCA is implementing its programs in diverse locations such as metropolitan cities, semi-urban areas, slum and resettlement colonies of Delhi/NCR, and parts of Uttar Pradesh like Prayagraj and Naini. The levels of poverty and socio-economic backgrounds of families in these areas vary. The programs aim to improve child and family welfare and bring sustainable development to the lives of marginalized people.

## **Our Vision (Dignity, Opportunity, Hope)**

CFCA's vision is to play a role in establishing a kingdom of love, peace, and justice by fostering relationships based on mutual respect and enabling people to achieve a life of dignity and brotherhood. CFCA stands by and supports the world's poor and marginalized communities. The organization provides individual attention and direct benefits to children, youth, elderly individuals, and their families so that they can live with dignity, fulfill their potential, and participate fully

## **Our Values**

### **1. Dignity of the Person**

CFCA places great emphasis on upholding the dignity of each person in all aspects of its structure and activities. The organization recognizes that a person's participation in society, access to adequate food and housing, opportunities for education, and development of skills

are all critical components of ensuring their dignity. CFCA aims to provide these essential elements to individuals and families in need, thereby promoting and upholding their dignity.

## **2. Integrity and Accountability**

CFCA takes its responsibility of managing the resources entrusted to the organization very seriously. The organization is committed to utilizing its resources in a responsible and ethical manner, and adheres to sound business practices. This ensures that CFCA is able to effectively fulfill its mission of serving underprivileged individuals and families with dignity and respect, while also maintaining accountability to its donors and stakeholders.

## **3. Respectful Relationships**

CFCA believes that building a relationship of mutual respect between the sponsor and the sponsored person is crucial to achieving its mission. Such a bond is formed between families that come from different cultures and societies, highlighting the values of this humanitarian organization.

## **HOPE FOR A FAMILY**

CFCA's "Hope for a Family" sponsorship program aims to foster the following characteristics in partnership with sponsored members and their families:

**1.Mutual accountability and support:** Yes, sponsored families are encouraged to form a support network within the program, where they can exchange ideas, share experiences and provide support to each other. This helps in creating a sense of community among the sponsored families, which in turn helps in enhancing their overall well-being and provides a support system to them during times of need. Additionally, sponsored families are also accountable to one another, which helps in promoting a sense of responsibility and commitment towards achieving the program's objectives.

**2.Decentralized decision-making:** Encouraging sponsored families to take the lead in selecting personalized benefits and service ensures that their individual needs and preferences are met. By involving the families in the decision-making process, they are empowered to actively participate in their own development and take ownership of the program. The support network and internal controls of CFCA provide guidance and oversight to ensure that the decisions made are in the best interest of the families and aligned with the organization's goals and values.

**3.Economic Self-Sufficiency:** CFCA programs aim to help sponsored families and their communities become self-sufficient over time by providing access to resources and opportunities for income generation. By helping families generate their own income, they can

become less dependent on external support and more self-sufficient. CFCA also provides training and support to help families develop skills and manage their finances effectively, which can lead to long-term economic stability.

**4.Sustainability:** CFCA's sponsorship program aims to empower the sponsored families and their communities to become self-sustainable. CFCA believes that sustainability can be achieved by building the capacity of the sponsored families and their communities to manage their own development programs over time. This means that the sponsored families and their communities will eventually be able to take ownership of the program and manage many aspects of it with minimal external support from CFCA. The long-term goal is to create self-reliant communities that are capable of sustaining their own development and making a positive impact on the wider society.

**5.Empowerment:** CFCA works towards empowering marginalized groups through various initiatives, including education, income generation activities, and community development programs. The organization believes in promoting dignity, non-violence, and long-term sustainable development to create lasting change in communities.

**6.Capacity building:** CFCA's sponsorship program focuses on empowering sponsored families to become self-sufficient through various capacity-building initiatives, such as income-generating activities, access to education and training, and community development programs. The aim is to support families in developing their own skills and resources, rather than simply providing them with material goods or aid.

**7.Goal orientation:** CFCA aims to empower sponsored members and their families by helping them develop clear personal plans that align with their values and goals. By regularly interacting with sponsored members and their families, CFCA staff can better understand their unique situations, needs, and aspirations.

Through these interactions, CFCA can help sponsored members identify their strengths and weaknesses and work with them to create realistic plans to achieve their goals. These plans may include education and vocational training, health and nutrition programs, microfinance opportunities, and community development initiatives.

By supporting sponsored members and their families in their efforts to improve their lives, CFCA helps them achieve a dignified status in society. Through this approach, CFCA is able to make a lasting impact on the lives of sponsored members, their families, and their communities.

**8.World View:** CFCA sponsorship program focuses on empowering marginalized individuals and families by providing them with the necessary resources, education, and support to improve their lives and become agents of positive change in their local communities.

Through CFCA's sponsorship program, sponsored members receive financial assistance for their

education, health care, nutrition, and other basic needs. They also have access to various programs and services that help them develop important life skills and improve their self-esteem, such as vocational training, entrepreneurship programs, and community development projects.

CFCA sponsorship program also helps sponsored members realize that they are part of a larger community of people who care about their well-being and success. By fostering a sense of connection and shared responsibility between sponsored members and their sponsors, CFCA helps to create a global movement of individuals working together to build a better world.

Through this approach, CFCA is able to empower sponsored members to achieve their full potential and become leaders in their communities, creating a positive ripple effect that benefits not only themselves but also those around them.

**9.Culture of learning:** CFCA's projects function as cultural centers of learning that benefit not only sponsored members but also their families and communities. Through its programs, CFCA encourages active participation and engagement from the community members, helping them to develop essential skills and knowledge to create positive change in their own lives and communities.

CFCA's approach is based on a continuous process of reflection and action, where the community members are actively involved in defining their goals, measuring their progress, and utilizing the results to improve and adapt their programs to changing circumstances.

This approach helps to ensure that the programs are culturally relevant and appropriate to the needs of the community, while also promoting a sense of ownership and empowerment among community members. CFCA also works to build the capacity of community members to eventually develop and manage key programs independently of CFCA, creating a sustainable and long-lasting impact in the community.

By fostering a culture of learning and empowerment, CFCA's programs help to create a positive and lasting impact on the lives of sponsored members, their families, and their communities.

This annual report serves as a means of transparency and accountability for CFCA's stakeholders, including sponsors, donors, and partners, by providing a detailed account of the organization's activities and outcomes for the year.

CFCA works in Delhi in the following areas Pochanpur village, Dwarka Sector- 23 (DPP), Masjid Moth village (DSJ-M), Hauzrani Village (DSJ-H).

Further, CFCA is also working in areas of Prayagraj- Beli, Katra, Mumfordganj, Nayapura, Sadiabad (PRJ) and Nibi village from Cheoki (PRN).



# PROGRAM ACTIVITIES

**Government Interface:** CFCA has a vision to empower the communities it serves by engaging with various stakeholders, including senior government officials, professionals, and social workers. CFCA recognizes the importance of building strong partnerships with these stakeholders to create a sustainable impact in the communities where it operates.

CFCA organizes various awareness programs, events, and celebrations to promote community empowerment and motivate its members. These programs often involve the participation of senior government officials, professionals, and social workers, who share their expertise and insights with the CFCA community.

CFCA also engages with officials from banks and other government departments to create opportunities for sponsored members and their families. For example, CFCA collaborates with banks and works with government departments to develop vocational training programs.

Through these partnerships and collaborations, CFCA is able to leverage the expertise and resources of various stakeholders to create positive change in the communities it serves. By empowering community members and building strong partnerships, CFCA is able to make a meaningful and sustainable impact in the lives of sponsored members and their families.

CFCA's interaction with senior government officials through various awareness programs and events helps to showcase the positive impact that CFCA is making in the lives of the most vulnerable and needy members of the community. This exposure can inspire officials to extend their cooperation and support to CFCA and its sponsored families.





Networking with government officials can also provide CFCA with valuable insights into the various regulations and compliances required for the organization to operate effectively. Building relationships with officials who are knowledgeable about these requirements can help CFCA to ensure that it is meeting all the necessary regulatory standards.

**Celebrations:** CFCA is a secular organization that respects all religions and works with communities of diverse cultures, castes, creeds, and religions. CFCA recognizes that cultural celebrations and festivals play an important role in bringing communities together, and it actively promotes the celebration of various festivals and events in the communities it serves.

By celebrating festivals collectively in the community, CFCA provides a platform for sponsored families and their communities to come together, express their joy, and celebrate these occasions with their neighbors and friends. These festivals often include cultural performances, traditional foods, and other activities that reflect the unique cultural heritage of the community.

Through these celebrations, CFCA fosters a sense of belonging and unity among the community members. It also provides an opportunity for sponsors and donors to engage with the community and experience the rich cultural traditions of the communities they support.

Overall, CFCA's approach to celebrating festivals and cultural events reflects its commitment to promoting cultural diversity, inclusivity, and community building.

These initiatives reflect CFCA's commitment to building strong relationships with the communities it serves. By engaging with the sponsored family mothers group during important cultural festivals, CFCA demonstrated its respect and appreciation for the cultural traditions and practices of the communities.

Through these initiatives, CFCA is able to create a strong bonding and relationship with the communities it serves. This, in turn, helps to build trust and credibility with the community members, which is essential for creating positive and sustainable impact in the long term.



**Correspondence:** Effective communication is an essential part of building relationships, and this is especially true in the context of CFCA's sponsorship program. By facilitating communication between sponsors and sponsored friends, CFCA helps to reinforce the connection between them and build a sense of shared responsibility and commitment.

One of the ways that CFCA facilitates communication is through letter writing. Children within the program are encouraged to write letters to their sponsors, sharing information about their academic performance, accomplishments, activities, past experiences, and day-to-day life. These letters are an important way for sponsors to stay connected with their sponsored friends and to understand the impact of their support on the lives of the children and their families.

In addition to letter writing, CFCA also facilitates other forms of communication between sponsors and sponsored friends, such as video messaging visits. These interactions help to further strengthen the bond between sponsors and sponsored friends and allow them to share their experiences and learn from one another.

Overall, communication is a critical component of CFCA's sponsorship program, as it helps to build trust, understanding, and a sense of shared purpose and commitment between sponsors and sponsored friends.

Every year different categories of letters are being written by the sponsored child to their sponsors such as welcome letter (introductory letter), regular letter, child progress report, and Holiday greeting cards, etc.

The welcome letter, also known as the introductory letter, is the first letter that the sponsored child writes to their sponsor. This letter serves as an introduction and allows the child to express their gratitude towards their sponsor. The welcome letter also provides the sponsor with an opportunity to learn more about the child's background, interests, and family.

Regular letters are the primary means of communication between the sponsored child and their sponsor. These letters allow the child to share their experiences, accomplishments, and challenges with their sponsor. Regular letters also enable the sponsor to develop a personal connection with the child and understand their needs better.

The child progress report is a formal report that provides the sponsor with detailed information about the child's academic performance, health, and overall progress. The report includes the child's grades, attendance, and any other relevant information that may be necessary for the sponsor to evaluate the child's progress.

Letters written by sponsored children play a crucial role in the sponsorship program. These letters help to build trust, transparency, and credibility in the program and increase the sponsor's commitment towards supporting the child's education and well-being.

During the year 2022-23, CFCA's initiatives to train mothers and children in letter-writing skills has been commendable. Effective communication between the sponsored child and their sponsor is essential for building a strong and long-lasting relationship. By providing training to mothers and children on how to write good quality letters, CFCA is helping them to develop these essential communication skills.

Translating letters written in the regional language into English is an excellent way to overcome any communication barriers that may exist between the sponsored child and the sponsor. It ensures that the sponsor can understand the contents of the letter and respond appropriately. Staff and youth scholars who are fluent in both languages play a vital role in translating these letters and facilitating effective communication between the sponsored child and their sponsor.

Speed letters are an excellent way to respond to any queries or special details enquired by the sponsor about their sponsored friend. These letters help to provide the sponsor with the information they need to understand the child's progress and well-being better.

Finally, uploading the latest photograph of the sponsored children every year on the portal is a great way to keep the sponsor updated on the child's growth and development. It also helps to create a personal connection between the sponsor and the child, which is essential for building a strong and long-lasting relationship.

Overall, CFCA's initiatives to improve communication between sponsored children and their sponsors are commendable. These initiatives will help to build trust, transparency, and credibility in the sponsorship program and increase the sponsor's commitment to the child's education and well-being.



# CFCA'S APPROACH

## Empowerment through Education

Education is a basic human right, and it is essential to protect human dignity by removing ignorance. Quality education is critical in reducing poverty and inequality and providing people with the knowledge, skills, and values they need to build a better world. CFCA's belief that every person has the opportunity to express and realize their life goal and can grow fully as a successful person through education is commendable.

Empowering children through education is a crucial aspect of building a better society. By preparing and qualifying them for work in the economy, children are given the tools they need to succeed and break free from poverty. This opens doors to the job market, combats inequality, and fosters solidarity among individuals and communities.

Education also plays a significant role in promoting environmental stewardship, as it instills the values and knowledge necessary to protect our planet. Through education, children can learn about sustainability, climate change, and ways to reduce their carbon footprint. This knowledge is crucial in creating a more sustainable and equitable world for future generations.

Overall, CFCA's commitment to empowering children through education is a noble cause. By providing quality education and preparing children for the job market, they are helping to break the cycle of poverty and inequality. CFCA's belief that education is a basic human right is essential in creating a better world for all.



## **“Hope for a family” Sponsorship Program for Children and Aging.**

The "Hope for a Family" sponsorship program is an excellent initiative by CFCA to provide financial assistance directly to the beneficiaries' bank accounts. This direct transfer of funds enables the beneficiaries to meet their basic requirements such as education, clothing, medicine, and food.

The minor sponsored members hold a joint account with their mothers, which helps them withdraw and utilize the funds according to their convenience and requirements. This direct transfer of funds not only helps in meeting the basic needs of the beneficiaries but also provides financial stability to their families.

CFCA's sponsorship for the aging is also commendable. Providing financial support to senior citizens who are helpless and in need of extra financial assistance is an excellent way to ensure that they can lead a dignified life. Directly depositing the financial benefits in their bank accounts is a transparent and efficient way of providing them with the support they need.

Overall, CFCA's "Hope for a Family" sponsorship program is an excellent way to empower families and individuals in need of financial assistance. By providing direct financial support for basic needs, CFCA is making a positive impact on the lives of the beneficiaries and their families.



## **Capacity Building/ Trainings.**

CFCA places great emphasis on the capacity building of sponsored mothers to enable their overall development. The program offers various training sessions on topics such as health, hygiene, nutrition, and income generation. These trainings not only equip mothers with knowledge and skills but also boost their confidence and self-esteem. CFCA also organizes regular workshops and seminars to enhance mothers' leadership skills and develop their abilities to handle complex situations.

The training programs are tailored to the specific needs of the mothers and are designed to build their capacities in a sustainable manner. For example, training sessions on financial management and small business management can help mothers develop entrepreneurial skills and generate income for their families. Training on healthcare and hygiene can improve the



health and well-being of mothers and their families. CFCA also provides training on basic computer skills, which is essential for mothers who are interested in pursuing work in the formal sector.

The capacity building programs have been successful in empowering mothers and building their skills, confidence, and resilience. As a result, many mothers have started their own businesses, improved their income, and become role models in their communities.



### **Service Scholarship Program-**

CFCA Delhi Project recognizes the immense potential of young people and their role in bringing about positive change in society. As a part of its efforts to empower young people, CFCA organizes various capacity building and leadership training programs for the youth. These programs aim to equip them with the skills and knowledge necessary to become leaders and change makers in their communities.

Through these programs, the youth are taught the importance of community engagement and social responsibility. They are provided with opportunities to participate in community service activities and are encouraged to take on leadership roles within their communities. The programs also help to foster a sense of teamwork, cooperation, and mutual respect among the youth.

CFCA also provides educational and vocational training opportunities to the youth. This includes scholarships for higher education and skill-based training programs for vocational skills development. These initiatives are aimed at empowering the youth with the necessary skills and knowledge to pursue their dreams and become productive members of society.

CFCA believes that investing in youth is essential for the long-term development of society. By empowering young people with the right tools and resources, we can create a brighter future for everyone.

Additionally, CFCA provides educational scholarships to youth scholars who have completed their high school education and wish to pursue higher education or vocational training. These

scholarships cover tuition fees, books, and other educational expenses. CFCA believes that investing in education is investing in the future of the sponsored children and their families. Through these scholarships, CFCA aims to empower the youth with the necessary skills and knowledge to become leaders in their communities, break the cycle of poverty, and contribute to the overall development of their society.

- The scholars have also been involved in organizing various cultural and social events in the community, such as sports competitions, health camps, and awareness programs. These events have helped to build a sense of community among the sponsored families and have also created opportunities for the scholars to develop their leadership and organizational skills.
- Through their participation in community service activities, the scholars have developed a sense of responsibility towards the community and have become more aware of social issues and challenges. This has encouraged them to work towards finding solutions and making a positive impact in their communities.
- The scholars have also been involved in promoting environmental awareness and sustainability in the community, by organizing various environment friendly campaigns, and other initiatives to reduce the carbon footprint. This has helped to create a sense of environmental responsibility among the sponsored members and has also contributed towards the larger goal of creating a sustainable future.

Overall, the CFCA youth scholarship program has played a crucial role in empowering the next generation of leaders by providing them with the necessary resources, opportunities, and support to develop their skills and knowledge. The scholars have become active agents of change in their communities and have helped to promote a culture of education, empowerment, and sustainability.

CFCA provides orientation and training programs for scholars to help them adapt to the online mode of working and keep them updated on policy changes. Conducting review and feedback





workshops during the academic year is an excellent approach to help scholars reflect on their contributions and make necessary adjustments. The designated staff's continuous support and monitoring ensures that the program goals are met effectively.

### **Agents of change- Pilot Program**

Agents of change also known as “Parivartan k Sehyogi” describes the initiative and self-motivation of the sponsored mothers in addressing their own problems existing in the communities. Agents of change turned out to be a “community based and community-driven program which was designed by the community members themselves.” Mother transformed this opportunity beautifully to seek solutions to the problems that are feasible and manageable to them. Our sponsored mothers group learned to partner together and work in a structured way with commitment towards a common goal.

We know there is a wide array of socio-economic disparities present in the community but agents of change has helped us understand that “we do not have an overall solution for the varied issues in the communities but we together can initiate small changes which will augment the effort in impacting the issues and together we can grow. “

For reference some initiatives undertaken in each sub-project are mentioned below-

#### **Delhi Sub-projects- Delhi, Prayagraj**

##### **1) Delhi- DPP, DSJ-M, DSJ-H**

- Computer literacy program for sponsored mothers.
- Establishing community-based library.
- Health awareness and supplementary nutrition distribution to undernourished/ underweight children in the community.
- Social Awareness program through audio-visual mediums.

##### **2) PRJ & PRN- Prayagraj**

- Skill development training to increase technical knowledge.
- Establishing community-based computer literacy program center.
- Renovation of community toilet & installation of drinking water tank.
- Installation of Microwave & Refrigerator for cookery & bakery training in food processing unit.

- Installation of water-cooling machine for safe drinking water.



## CFCA – PROJECT DELHI

CFCA-Delhi Project is making a significant impact in the lives of marginalized families and individuals by providing them with the resources and support they need to thrive. By working in socially and culturally diverse communities, the project is also promoting inclusivity and equality.

Empowering community members to take control of their own development is an effective way to ensure sustainable change. By working with the community to identify their needs and strengths, CFCA-Delhi develops programs and initiatives that are tailored to the specific context and can achieve meaningful impact. When community members are actively involved in the development process, they are more likely to take ownership and maintain the changes in the long run. This approach can also help build trust and foster a sense of partnership between CFCA-Delhi and the community, leading to more effective collaboration and sustainable impact.

CFCA-Delhi is actively working in Pochanpur village, Dwarka Sector- 23 (DPP), Masjid Moth village (DSJ), Hauzrani Village (DSJ-H). In Uttar Pradesh, CFCA is also working in Prayagraj (PRJ) and Nibi village (PRN).

## Sub-Project- PRJ (Prayagraj) & PRN (Naini)

### ACTIVITIES

The activities conducted during the year 2022-2023 as per the government guidelines and strategy of the organization are mentioned below-

#### **Sponsored Mothers Group/ Community Meeting**

SMG meetings are organized on a monthly basis in the (PRJ and PRN) Prayagraj and Naini subproject, where a total of 1900 mothers participate on a monthly basis and during these meetings, mothers discuss their community-based problems, solutions, and ways to uplift their children and families. They also discuss skill development, as this can be crucial in helping families break out of the cycle of poverty. Through these platforms many mothers are participating in the Income Generating Program (IGP) and are working hard to improve their families' financial situations. Overall, CFCA-Delhi's focus on empowering mothers and families



has the potential to bring about positive and lasting change in the communities they serve.

#### **Youth Forum Meetings**

Youth forum in (PRJ and PRN) Prayagraj and Naini subproject is providing a platform for young people to develop their skills and discuss important issues related to their education and future goals. Some of the youth are making progress in their careers and serving as role models for others. It's important for young people to have access to guidance and mentorship, and the youth forum is a positive step towards providing such support. There are currently 412 members in the youth forum who participate and attend these meetings on a regular basis.



## Annual Review & Planning

263 mothers from (PRJ and PRN) Prayagraj and Naini subproject participated in the annual review and planning workshop which was held on 19<sup>th</sup> Dec, 2022, it was a successful event for the PRJ & PRN subproject. It provided an opportunity for mothers, youth, and children to come together and discuss their needs and goals for the upcoming financial year. Mr. Dass, the Project Coordinator of CFCA Delhi attended this event and shared important information about program development and the challenges as well as new initiatives that is in the





implementation stage for the next year. All the members are grateful for the support provided by CFCA. Overall, the workshop was a productive and enjoyable day for everyone involved as it helped them to strategically plan all the activities for the welfare of the children and families involved in the program. The plans made by these mothers were consolidated to be shared in the Annual plan preparation for the next year.

## Health Camp

CFCA organizes health awareness camps on regular basis to educate sponsored children and their mothers about hygiene and illness prevention. A total of 650 children from (PRJ and PRN) Prayagraj and Naini subproject participated in this camp. Dr. Ved Prakash and Dr. Dinesh Kaul conducted these camps for sponsored children. Dr. Ved shared information about healthy foods and their importance in maintaining good health. They also shared about how various diseases spread and how we can control the spread of these diseases and infections.

It's important for people to have access to information about diseases and their prevention, and CFCA is taking steps to address this need in the community. By providing this type of education and support, CFCA is helping to promote healthier and happier lives for the sponsored children and their families.

Dr. Ved Sharma was able to share valuable information with the sponsored children about maintaining good health and preventing common diseases. It's true that our thinking and lifestyle habits play a big role in our physical and mental health. Children were also able to ask questions and get helpful answers and suggestions related to their own health concerns. Overall, the health awareness camp was a very beneficial and informative event for the sponsored children, and they are grateful to CFCA for providing them with opportunities to learn and grow in various areas of their lives.



## National and Festival Celebrations

### Independence Day Celebration

Independence Day was celebrated on 15<sup>th</sup> Aug, 2022 and almost 350 children and mothers from (PRJ and PRN) Prayagraj and Naini subproject participated in this event. Celebrating this important day with joy and enthusiasm is a great way to show respect for the sacrifices and struggles of our freedom fighters. The community members got a chance to learn more about the era of India's freedom, and the economic growth of the country.

Performing cultural programs related to patriotism was a great way to instill patriotic feelings in the children. Various competitions and events such as the drawing competition, Rangoli making, Hina making, and craft making competitions were an excellent opportunity for the children to showcase their creativity and skills. The remedial class children who received the highest marks were given awards as well to encourage them to work harder and excel in their studies.

Overall, the Independence Day celebration brought the community members together and gave them an opportunity to express their feelings, perform their skills, and learn more about community development. CFCA's efforts to organize events such as these are fully commended



and appreciated by all.

## Teacher's Day Celebration

Teacher's Day is celebrated in India on 5th September every year to honor the hard work and dedication of teachers. (PRJ and PRN) Prayagraj and Naini sub-project, also celebrated Teacher's Day with great enthusiasm and respect for their teachers, around 120 children from both the subprojects participated in this celebration. This year, on 5th September, CFCA PRJ & PRN subproject organized a special program in the community center to celebrate Teacher's Day.

The program started with a welcome speech by one of the sponsored children, followed by a group song performance by the children. Then, the core committee members and project staff members expressed their gratitude towards the teachers for their tireless efforts in shaping the future of the children.

After that, the sponsored children shared their experiences and learning from their teachers, expressing their gratitude and respect towards them. Many of them shared heart-warming stories of how their teachers had helped them overcome challenges and obstacles in their lives.

The Teacher's Day celebration was a wonderful opportunity for the children to express their gratitude towards their teachers and showcase their talents and creativity. It also served as a





reminder of the important role that teachers play in shaping the future of the society.

### **Republic Day Celebration**

Republic Day is one of the most important national holidays in India, which is celebrated on 26th January every year. On this day, the country commemorates the adoption of the Constitution of India which came into effect on 26th January 1950, marking the country's transition to becoming a republic.

In (PRJ and PRN) Prayagraj and Naini Community, the Republic Day was celebrated with great enthusiasm on 26th January 2023. Around 250 children and mothers participated in this event. The program was organized by the Core and Coordination committee members of CFCA. The program started with the flag hoisting ceremony followed by the singing of the national anthem. The Project Coordinator and the Core committee members shared their thoughts highlighting the significance of the day and the importance of being a responsible citizen.

Various cultural events like dances, songs, skits, and poetry recitation were performed by the children and youth. The theme of the program was 'Unity in Diversity' which showcased the cultural diversity of India and how people from different religions, regions, and languages come together to celebrate the day of the Republic.

The program ended with the distribution of refreshments to all the participants. The Republic Day celebration not only provided a platform for the community members to come together and celebrate the national holiday but also helped in instilling a sense of patriotism and



national pride among the children and youth.

### **International Yoga Day Celebration**

On 21st June 2022, the Community Foundation for Children and Aging (CFCA) organized a joyous celebration of International Yoga Day at their subprojects PRJ and PRN. The event aimed to promote physical and mental well-being among the participants, fostering a sense of unity and harmony within the community. The event successfully highlighted the importance of physical and mental well-being while fostering a sense of community among the participants. By promoting yoga and holistic health practices, CFCA continued its commitment to the welfare



and growth of children and sponsored family members within the community.

### **World Environment Day Celebration**

On 5th June 2022, the Community Foundation for Children and Aging (CFCA) celebrated World Environment Day at their subprojects PRJ and PRN with a heartwarming and eco-conscious initiative. Embracing the essence of environmental stewardship, sponsored children took the lead in planting saplings, symbolizing hope and sustainability for the future. Through the act of planting saplings and engaging in environmental education, sponsored children gained valuable insights into their role as caretakers of the environment. CFCA's dedication to nurturing the future generation's connection with nature and promoting sustainable practices demonstrated



the organization's commitment to creating a greener and healthier planet for all.

## Holi Celebration

Holi is a festival of colors and is celebrated with great joy and enthusiasm in India. It signifies the victory of good over evil and the arrival of spring. On 6th March 2023, the community members of (PRJ and PRN) Prayagraj and Naini celebrated Holi with great enthusiasm and excitement at the community center. Around 1100 mothers and children participated in this event from both the sub-projects.

The celebration started with a prayer and offerings to the God and Goddess. Then, the staff members and core group members briefed the participants about the significance of Holi festival and how it is celebrated in different parts of India. They also shared the importance of maintaining cleanliness during the festival and taking care of oneself while playing with colors.

After that, the participants enjoyed playing with colors and spraying water on each other. They also danced to the beats of music and enjoyed delicious snacks and sweets. The children were very happy to play with colors and enjoyed the festival to the fullest.

The staff members and core group members also distributed sweets and snacks to all the participants as a gesture of love and affection. The community members thanked CFCA for organizing such a wonderful celebration and giving them a chance to come together and





celebrate the festival of colors with joy and happiness.

## **Children's Day Celebration**

CFCA (PRJ and PRN) Prayagraj and Naini subproject organized a Children's Day trip for sponsored children to Mangarh. The trip was held on November 14th, 2022 and was attended by around 200 sponsored children and Staff.

Mangarh is a famous religious site located in the Mirzapur district of Uttar Pradesh, India. The place is known for its historical and religious significance, and is a popular pilgrimage site for many people.

The sponsored children and the staff started their journey early in the morning and reached Mangarh by noon. The children were excited to learn about the history and significance of Mangarh, and were amazed by the beautiful temples and structures there. They also got a chance to participate in the prayers and rituals that were being performed at the temples.

After the tour, the children were treated to a delicious lunch, which was provided by CFCA. The children then had some free time to explore the place on their own and take pictures.

Overall, it was a memorable experience for the sponsored children and their families, and they



were grateful to CFCA for organizing such a wonderful trip.

### **Recreational activities**

The mothers of sponsored children in CFCA (PRJ and PRN) Prayagraj and Naini subproject organized a quarterly recreational activities for all sponsored children. This celebration was held to acknowledge and celebrate the birth of every child, regardless of their age, and to make them feel special on their special day.

The celebration was held at the Ashirwad community center where the mothers decorated the place with balloons, streamers, and other decorations to create a festive atmosphere. The celebration started with the mothers singing the birthday song and cutting the cake. After that, the mothers distributed the sweets and snacks to all the children.

During the celebration, the mothers also shared their wishes and blessings for the children. They expressed their hope that the children will grow up to become successful individuals who can help their families and their communities. The mothers also reminded the children of the importance of education and encouraged them to study hard to achieve their dreams.

The children were very happy and excited to celebrate their birthdays with their fellow sponsored friends. The celebration gave them a sense of belonging and a feeling of being loved and cared for by their mothers and the CFCA community. The mothers also felt happy and proud to see the children enjoying themselves and growing up in a positive environment. The



children also received tiffin boxes and water bottles as their birthday gift.

### **Diwali Celebration**

In the PRJ & PRN (Prayagraj and Naini) subproject, Diwali is always celebrated with great joy and enthusiasm by sponsored children and their families. This year it was celebrated on 17<sup>th</sup>

October and around 1900 mothers and children attended the celebration. Though Diwali is a Hindu festival of lights that is celebrated across India but in PRJ and PRN all the community members despite their caste or religion come together and celebrate this with great joy.

During Diwali, the PRJ & PRN subproject organizes various cultural events such as traditional dance and music performances, skits, and plays. The sponsored children actively participate in these events and showcase their talents.

The community members come together to decorate their homes and the project premises with candles, lamps, and colorful rangolis (decorative patterns made on the floor with colored powder). A special prayer ceremony is organized in which people offer their prayers to Lord Ganesha and Goddess Lakshmi for prosperity, happiness, and good health.

The project coordinator also took this opportunity to brief the community about the progress made in the subproject over the year, and to discuss plans for the upcoming year.

At the end of the celebrations, sweets and refreshments were distributed among the community members as a symbol of sharing and happiness. The children, in particular, were





thrilled with the refreshments they received and look forward to Diwali celebrations every year.

## Annual Day Celebration

On 17th Jan, 2023, CFCA PRJ and PRN Subprojects celebrated the annual function. Around 2000 members including mother and children participated in this event. Annual day celebration is an event organized to celebrate the achievements of sponsored children and their families throughout the year. It is a day of cultural and educational activities, performances, and competitions. The event usually takes place towards the end of the academic year and is attended by project staff, sponsored children, and their families.

The main objective of the annual day celebration is to encourage sponsored children and their families to showcase their talents and skills. The celebration usually includes activities such as dances, dramas, music, and sports events. It is an opportunity for sponsored children to display their academic and extracurricular achievements and receive recognition for their hard work.

In addition to showcasing the achievements of sponsored children, the annual day celebration is also an opportunity to strengthen the bond between sponsored families and project staff. Project staff members provide encouragement and support to sponsored children throughout the year, and the annual day celebration is a chance for sponsored families to express their gratitude.

Overall, the annual day celebration is an important event in the life of sponsored children and their families. It serves as a platform for showcasing achievements, building relationships, and





strengthening the CFCA community.

## **Educational/ Excursion/ Exposure Trips**

### **Excursion Trip**

Around 250 sponsored children of (PRJ and PRN) Prayagraj and Naini subproject went on an exciting excursion to a water park. A water park is a great place to have fun and enjoy water-based rides and activities.

On the day of the trip, the sponsored children arrived at the water park with CFCA staff and some mothers, this was a large and colorful amusement park filled with different water rides, slides, and attractions. The children were given a brief orientation on the safety guidelines, rules, and regulations to follow while enjoying the rides and attractions.

Once the orientation was done, the children started to explore the water park and enjoy different water-based activities such as swimming, water slides, wave pools, and other attractions. They spent the whole day having fun and enjoying the various rides and activities with their friends and peers.

The excursion was a great opportunity for the children to learn new skills, gain confidence, and build social connections. By spending time in a new environment, the children learned to be more independent and self-reliant.

At the end of the trip, the children returned home with lots of happy memories, new experiences, and a sense of fulfillment. The excursion trip is one of the many ways CFCA provides opportunities for sponsored children to have fun, learn new things, and build valuable



life skills.

## Educational Trip

Anand Bhavan is a historic house museum and former residence of the Nehru family located in Prayagraj, Uttar Pradesh. It is a popular tourist destination and a significant landmark of the Indian independence movement.

CFCA (PRJ and PRN) Prayagraj and Naini subproject organized an educational trip for sponsored children to Anand Bhavan on 14<sup>th</sup> June, 2022. The objective of the trip was to educate children about the rich cultural heritage of India and the freedom struggle of the country.

A total of 100 sponsored children of different age groups participated in the trip along with the project staff. The children were very excited and enthusiastic about visiting Anand Bhavan.

At the museum, the children were taken through various galleries that showcased the history of the Nehru family and the Indian independence movement. They were shown photographs, letters, documents, and other memorabilia related to the freedom struggle of India.

The project staff also organized an interactive session with the children where they were encouraged to ask questions and share their views on the museum exhibits. The staff explained the significance of Anand Bhavan and its role in the freedom struggle of India.

The children also got a chance to visit the beautiful gardens and lawns surrounding the museum. They enjoyed playing and running around in the open space.

Overall, the trip was a great success as it provided a unique opportunity for the sponsored children to learn about their country's rich history and cultural heritage. The children were very



happy and grateful to CFCA for organizing such an educational and fun-filled trip.

### **Educational Trip - Youth Forum**

CFCA (PRJ and PRN) Prayagraj and Naini subprojects organized a study tour for the members of the youth forum to Jaipur, the capital city of Rajasthan. The aim of the tour was to give the youth an opportunity to learn about the history, culture and traditions of Rajasthan and to visit some of the famous tourist attractions of Jaipur.

The tour started with a visit to the Ajmer Fort, which is a UNESCO World Heritage Site. The youth were amazed by the grandeur and beauty of the fort, which was built in the 16th century. They also learned about the history and architecture of the fort from the tour guide.

After that, the youth visited the City Palace, which is another famous tourist attraction in Jaipur. The palace complex has many buildings, courtyards and gardens, and the youth were able to see the different styles of architecture used in the construction of the palace.

The youth also visited the Hawa Mahal, which is a unique five-story building with over 900 windows. The windows were designed to allow the women of the royal household to observe street festivals without being seen by the public.

The tour also included a visit to the Jantar Mantar, which is an astronomical observatory built in the early 18th century. The youth were amazed by the various instruments used in the observatory to measure time and track celestial bodies.

In addition to visiting these famous tourist attractions, the youth were able to experience the local cuisine, markets and cultural shows in Jaipur. Overall, the study tour to Jaipur was a great learning experience for the youth forum members, who were able to learn about the rich history and culture of Rajasthan, and to apply their learning in the context of community development in their own subproject.





## Exposure Trip – CFCA Sponsored Mothers

CFCA organized an exposure trip for mothers of sponsored children from (PRJ and PRN) Prayagraj and Naini to Khurpatal, a small town in the Nainital district of Uttarakhand, India. The trip aimed to provide an opportunity for mothers to explore different livelihood options and learn from the experiences of other women who have successfully pursued alternative income-generating activities.

During the trip, the mothers visited various sites, including a village where women were engaged in traditional handicrafts such as embroidery, weaving, and basket making. They also visited a farm where women were involved in cultivating organic vegetables and selling them in local markets.

The mothers interacted with these women and learned about their experiences, challenges, and successes. They were encouraged to ask questions and share their own experiences. They also participated in hands-on activities such as learning how to weave baskets and plant organic vegetables.

The exposure trip was a great learning opportunity for the mothers, who returned home with new knowledge and ideas for generating income and improving their families' livelihoods. They were grateful to CFCA for organizing such a useful and enlightening trip.



## Inter Project Exposure Trip – CFCA Sponsored Mothers

An inter-project exposure visit was organized by CFCA for community members from (PRJ and PRN) Prayagraj and Naini subprojects to Delhi, the capital of India. The main aim of the visit was to expose the participants to various developmental activities, government schemes, and initiatives, and to provide them with an opportunity to learn from other successful community development models, in place at Hauzrani, Masjid Moth and Pochanpur communities in Delhi. The visit took place over a period of two days and included visits to various places of historical and cultural significance as well.

The group visited places like India Gate, Qutub Minar etc, and also had the opportunity to visit and see various income generation programs in place at the communities in Delhi, they also got a chance to interact with the various CFCA beneficiaries at Delhi subprojects whereby enhancing the cross- cultural learning experiences across different subprojects.

The visit proved to be a valuable experience for the participants, who were able to learn about various successful community development models and initiatives. They also gained a better understanding of the functioning of various government departments and institutions, and how they could make use of the available schemes and initiatives to improve the lives of the community members in their own sub-projects.



## Summer Camps

CFCA (PRJ and PRN), Prayagraj and Naini Subprojects organized Summer Camps for sponsored children during their school summer break. Organizing summer camp activities for sponsored children during school summer break is a great initiative to keep them engaged and provide them with learning opportunities. These activities not only help children to develop new skills but also provides them with exposure to different areas of interest.

Vocational training such as computer courses, mehandi designing, tailoring, stitching, embroidery, drawing, art, and craft etc can help children to enhance their creativity and improve their skills. These skills can be beneficial for their future career prospects as well.

Apart from vocational training, summer camp activities can also include sports, outdoor activities, and cultural programs. These activities provide children with opportunities to socialize, develop teamwork skills, and enhance their physical fitness.

Overall, summer camp activities can be a fun and educational way for sponsored children to spend their school break and can help them to grow and develop in various ways.





## Quality Correspondence- Letter writing workshops

Letter writing workshops are a great way to help children write personalized and qualitative letters to their sponsors. These workshops provide an opportunity for children to learn how to write letters, express their thoughts and feelings, and share their experiences with their sponsors.

During these workshops, CFCA staff members and volunteers assist the children in writing their letters, providing guidance on how to write a clear and concise message. They help the children in choosing the right words and phrases that would effectively convey their thoughts and feelings to their sponsors.

The staff members and Youth Scholars/ Volunteers also encourage the children to share details about their personal lives, their families, their communities, and their school activities. They help the children to understand the importance of regular communication with their sponsors, and how it can help in building a strong and lasting relationship.

By providing these workshops, CFCA helps children to develop important communication and writing skills, which will benefit them in their personal and professional lives. The personalized and qualitative letters written by the children not only help in strengthening their bond with their sponsors, but also provide a window into the children's lives, helping sponsors to understand their needs and aspirations better.





## Child Protection Training

Child Protection Policy Training is an important aspect of CFCA programs. The training is conducted to ensure that all staff members, Youth Scholars/ volunteers, and community members who are in direct or indirect contact with sponsored children understand the child protection policy and adhere to it in their daily activities.

One such training was conducted in PRJ and PRN subproject and around 250 sponsored children and staff were present in this training. The training covered various aspects of child protection such as physical abuse, sexual abuse, emotional abuse, neglect, and exploitation. It provides an overview of the policy, its objectives, and the roles and responsibilities of different stakeholders in its implementation.

The training also focuses on identifying signs of abuse, reporting procedures, and the importance of maintaining confidentiality. It emphasizes the need for creating a safe and protective environment for sponsored children and the role of everyone in safeguarding their rights and well-being.

Overall, Child Protection Policy Training is an essential tool for ensuring that sponsored children



are protected from harm and abuse and their rights are upheld in all aspects of CFCA programs.

## Success Stories

### Case Study-1

Child Name: Umra Mukhtaar, CH ID: 658621

Mother's name: Nazreen Bano

**Skill and willpower are two things that help a person in achieving his/her goal in life.** We all know that every person has some skills and if that person can recognize and work towards improvising their skills and abilities, then he/she can lead their family towards becoming self-reliant and self-sufficient.

This story is about Nazreen Bano mother of Umra Mukhtar CH ID 658621, a sponsored child at PRJ subproject of CFCA Delhi, currently pursuing B.Com (Bachelors in Commerce). This family comprises of 5 members, which includes Umra's father Mr. Mohammad Mukhtar, who drives an E-rickshaw to support his family. Umra's twin sister, named Bushra Mukhtaar who is also pursuing B.Com 2nd year with Umra, a younger brother Abu Taha, who is currently in L.K.G. (Lower Kinder Garten) and her mother Nazreen Bano.

Umra's sponsorship began in September 2011 at that time her father was a mechanic in a motor repairing shop. He had no fixed income. Her mother was a house wife. They were struggling for children's education and family needs. Since they belong to a Muslim family so, mother was not permitted to work outside. But when she joined CFCA program especially after joining mothers group she saw that there were lots of mothers who have skills and have undertaken one or the other task and are proving to be a helping hand for their family's overall growth and development. One day she went to her home and told her in-laws that she would also like to do some work in order to support her family income, but she got a negative response from her in-laws but she never lost hope. Day by day she started sharing with her in-laws about the positive journey of other sponsored mothers who are enriching their skills and supporting their families as well. Whenever CFCA staff would visit her house, they also shared about the program and how Nazreen could enhance her skills and also help her family at the same time. Finally her in-laws agreed and that how Nazreen's journey began.

Nazreen Bano had acquired the skills of stitching from her parents long before her marriage but in order to enhance and improvise that she joined the tailoring training program in the CFCA community center. There she started learning how to sew clothes in a professional manner and when she learned to sew in a good manner, she started her work by stitching fall and pico on sarees. Thereafter she started sewing the clothes of some CFCA family members and started to generate a little amount of money for her family. At that time she had no sewing machine so, she was sewing clothes through the CFCA tailoring unit. After a few months through her saving, she purchased a second-hand sewing machine. Then she started sewing clothes at her home.

She always participates in community-based activities and attends the mothers group meeting with great joy. One day during her sponsored mother's group meeting she shared about the problem of second-hand sewing machine then the CFCA staff and mothers motivated her to take loan from her mother's group for a new sewing machine. She discussed about the loan option with her husband, to which he readily agreed. She took a loan from her SMG and purchased a new sewing machine. Today, she is sewing clothes for community members on a large scale and generates income for her family.

Umra's father also didn't have any fixed source of income and hence was not able to manage his family expenses. One day her father told Nazreen that he wanted to buy an E-rickshaw so that he could support his family in a better way. They started collecting some money to buy an E-rickshaw, Umra's father had some money but it was not sufficient enough to buy E-rickshaw then Nazreen told her husband about some money that she had saved through her tailoring work, and told that he could use the same as well to purchase E-rickshaw. After that they purchased E-rickshaw and now Umra's father is driving his own E-rickshaw and working hard to support his family in a better way.

Umra is a sponsored child as well as a member of Youth Forum. She actively participates in a youth forum meeting and community based activities. She also learned Heena (Mehndi) during the summer training program at CFCA community center. During her schooling she also took part in Heena competition and won prize as well. During the "Azadi ka Amrit Mahotsava" various competitions were organized at CFCA Community center. She also took part in Mehndi competition. She won second prize in this competition. After lots of practice and hardwork, Umra has now started applying Mehendi during wedding and other festive occasions, through this she also has started earning some money to contribute towards her family needs and is also able to support some part of her education.

Umra and her family are really very grateful to CFCA through which they could enhance their skills and potentials and help their family move forward. Nazreen says that if CFCA would not have been there, then I and my family would not have been able to walk our way out of poverty and would not have been able to educate our children and make them successful.



## Case Study-2

Child Name: Shreya Bhartiya, CH ID: 664879

Mother's name: Shalini Bhartiya

**"A mother is like a flower, each one is beautiful and unique."**

Mother is called another face of God because whenever there is a problem in the family or children, the mother fights against every problem without looking at her own problems. Whether she is educated or not, she does every possible effort for the family. This case study is also about a mother, who resides in subproject- PRN in Prayagraj Naini and how she has fought for her family, despite all odds life threw at her.

Shalini Bhartiya is a mother of a sponsored child Shreya Bhartiya. There are 6 members in her family including Shalini and Shreya. Currently, Shreya is studying in class 12th. Her dream is to become a successful teacher. Shreya has two sisters and one brother. Shreya started getting sponsorship support in 2011 and since then Shalini, has been a regular participant in all CFCA activities.

Her life took a drastic turn when her husband Mr. Agam's health started deteriorating. He was working as a laborer and Shalini was a housewife taking care of her family and children. Shalini's family belongs to a rural village where, male folks were the decision makers in the family. Women or girls were neither allowed to work or study. Girls were married off as early as 13-14 years of age. So when her husband's health started depleting, little did she know what to do.

Different people started giving different advices according to the rural set up, environment and the way of thinking and she tried all methods but to no avail. One day during the CFCA SMG meeting the mothers and staff members advised her to take her husband to a good hospital to which she agreed. She visited the hospital twice with the help of the CFCA community members and staff. That hospital was situated in Prayagraj city which is 19 km far from her village and the cost of local transportation was also very high for her to bear.

When she came back home from the hospital, she sat alone and started thinking that if she takes her husband to this hospital once in a week, then the expenses of transportation will be high. And if so how would she be able to feed her family without a job or any financial support. That's when she decided to buy a cycle so that she could take her husband to the hospital, and save transportation cost. Her next worry was how to feed her family and meet their expense, now that husband couldn't go for work. So one day when she came to the hospital in Prayagraj city, she saw so many women selling vegetables and fruits in the city.

Then she thought that if she also brings vegetables from the big market at a wholesale rate and sells it in the near by villages, then she will earn some money in the morning and evening and at the same time she can take care of the children in the afternoon. She discussed this thought



with the community members and CFCA staff. Everyone appreciated her idea. After which she took a loan from her SMG and purchased some vegetables and carried it on her bicycle.

Her business started running smoothly, but now since more vegetables were needed and in demand, bringing them from the market on a bicycle was difficult. That's when she heard about one relative of hers who was selling his Moped (A type of motor bicycle/scooter). She purchased this second-hand Moped by taking a loan from SMG. She learned to ride a Moped and after a few days, she started carrying all the vegetables on the Moped. Now, she is selling vegetables and through this hard work, she is taking care of her family's livelihood, children's education, and also taking care of her husband's health.

Shalini is heartily very thankful to CFCA/Unbound and community members who stood with her through the thick and thin and also supported her to stand strong amidst her challenges.





### Case Study-3

Child Name: Ananya Mohiley, CH ID: 709269

Mother's name: Bhawna Mohiley

Prayagraj formerly known as Allahabad is a city in northern Uttar Pradesh. The city is known for its heritage, every corner of the city has its own culture and history. The city is also the home of Ananya and her family. Ananya is the sponsored child of the CFCA Delhi – PRJ sub-project.

There are four members in her family. Her father Mr. Alok Mohiley works as a clerk in a private press and her mother Mrs. Bhawna Mohiley, is a housewife and also gives tuition to small children in order to generate some income to bear family expenses. She has 1 brother named Aryan Mohiley who is currently pursuing B.Com 3rd year. Ananya at present is pursuing her B.A (Bachelor of Arts) course and is also trying her skills in the theater field (plays & drama etc).

Since childhood, Ananya was interested in music (Dancing and singing). She always took part in all the cultural programs organized through CFCA or in her school. She had that in-grained talent in her but she needed to sharpen those skills through a music school. One day CFCA staff motivated her mother to get her enrolled in a music academy from where she will get proper education & training in music and get a valid certificate which will be beneficial for her future development. Her mother was perplexed because she didn't know from where she could find a music school for her as she had no knowledge about this field. Then with the help of one youth forum member, CFCA staff collected details and her mother enrolled Ananya in a Music academy named "Prayag Sangeet Samiti". It is one of the oldest and most recommended music schools in Prayagraj". From here Ananya started her journey in classical Music.

One day a cultural program was organized in Prayag Sangeet Samiti and Ananya performed a dance. In that program many renowned directors of drama/play academies were present. One of the drama academy director noticed her skill and after the function, he discussed about Ananya with her music teacher and after completing her course Ananya joined that drama academy named "Swar Raagmandal". From here Ananya took the first step towards enhancing her skills in the field of acting & drama.

Through the Drama Academy, she started learning the basics of musical drama. After a few months, she started performing on stage with the other dramatists of the academy. She gave her best performances in the plays like Panchparameshwar, Boodhi Kaaki, Ramayan, Samudramanthan, and Bahuroopiya. She gave her theatrical performances not only in her city but expanded her horizons to other states of India like Delhi, Patna, and Chandigarh to name a few. Recently on 8 January 2022, she enacted the role of Panchabhoot (Soil) in the play of Behuroopiya. This play was organized in the NCZCC (North Central Zone Cultural Centre) by the Swarg Rangmandal with the help of the Ministry of Culture, Govt. of India. Now her Drama Boodhi kaaki is selected for the National School of Drama, Bhopal, which will be organized in February'2023.

Ananya with her involvement in the Drama academy and through her visit to various places is also developing her entrepreneurship skills and is also getting an opportunity to meet with many famous personalities and learn about the culture/folk arts of various places. Ananya and her family members are very thankful to CFCA/Unbound and to her sponsor by which she got a chance to continue her study and develop her skill. Her family always says that without the help of CFCA Ananya wouldn't have been able to complete her studies, neither could she receive such a great opportunity to establish a name for herself.



## Case Study-4

Child Name: Divya, CH ID: 787720

Mother's name: Seema

Divya's journey is truly inspiring. Despite the challenges and societal barriers she faced, she remained determined to pursue her dream of becoming an athlete. With the support of CFCA sponsorship and her parents' belief in her, Divya overcame obstacles and worked hard to develop her running skills.

Enrolling in the RD Sports Club and Physical Training Center proved to be a crucial step for Divya. Through her training and participation in inter-school competitions, she gained valuable experience and recognition. Although she faced a setback when she got injured before the district-level competition, Divya's resilience and the encouragement from CFCA staff helped her recover and regain her focus.

On the significant day of 15th August 2022, Divya participated in the 1500 meters race and emerged as the winner, earning her first medal in a district-level competition. Her achievement was recognized and celebrated as she received the award from the MLA of Prayagraj district. This success has motivated Divya even further as she sets her sights on the upcoming 42 KM "Indira Marathon" in 2023.

Divya's dedication and passion have not only influenced her own life but have also inspired her younger brother to pursue his own dreams. He recently joined the cricket academy, following in his sister's footsteps. The entire family is grateful to the sponsor and CFCA for providing them with this opportunity to fulfill their dreams and make a positive impact on their lives.



The story of Divya showcases the power of determination, support, and belief in oneself. It demonstrates that with perseverance and the right opportunities, even in challenging circumstances, individuals can overcome obstacles and achieve their goals.

### Case Study-5

Child Name: Lucky Deep, CH ID: 777593

Mother's name: Kanchan

Lucky Deep's story is a testament to the transformative power of CFCA sponsorship and the positive impact it has had on her family and community. Despite facing financial constraints and societal norms that discouraged girls from pursuing sports and education, Lucky Deep and her family remained determined and open to change.

CFCA played a crucial role in providing Lucky Deep with a platform to develop her skills and pursue her passion for football. Through the support of CFCA, her mother's involvement in the Mothers Group, and Lucky Deep's participation in the youth forum, the family's mindset shifted, and they started supporting her dreams. They realized the importance of education and extracurricular activities in shaping a brighter future for their children.

Lucky Deep's dedication and hard work paid off as she honed her football skills and excelled in regional and national matches. Starting from playing in her school to representing her team in the School National Football Matches, Lucky Deep's talent and determination led her to participate in the "Open National Football Matches." Her success not only brought joy and pride





to her family but also earned them respect and admiration within their community.

Grateful for the support they received from CFCA, Lucky Deep and her family acknowledge the significant impact it has had on their lives. They now have a better reputation in their community and are inspired to help others. Lucky Deep, in particular, wants to use her future success as a football player to support the education of underprivileged children.

Lucky Deep's story serves as an inspiration for others facing similar challenges. It demonstrates the importance of believing in oneself, overcoming obstacles, and embracing opportunities for growth and development. Through the support and encouragement of organizations like CFCA, individuals like Lucky Deep can achieve their dreams and make a positive impact on their lives and the lives of others.

### **Case Study-6**

Child Name: Lajo Bhartiya, CH ID: 681971

Mother's name: Geeta Devi

Geeta Devi's journey is truly inspiring and a testament to the power of determination, education, and community support. Despite facing patriarchal norms and challenges in the rural society, she defied the odds and became the Pradhan of her village. Her story highlights the importance of empowering women and providing access to education and opportunities, which can lead to positive change in society.

CFCA's sponsorship and support played a significant role in Geeta Devi's transformation. By providing educational opportunities for her children, CFCA not only uplifted her family but also ignited a spark in Geeta Devi to pursue her own growth and development. Attending Matri group meetings exposed her to skilled women, and she learned to read and write through the Adult Education Program, which boosted her confidence.

The fact that the women in the rural community rallied behind Geeta Devi during the Gram Sabha Pradhan election showcases the power of solidarity and unity among women. Despite facing opposition and challenges during her campaign, she persevered, and her victory represents a significant step forward in breaking gender barriers in the political landscape.

Geeta Devi's success is a clear example of how empowering one woman can lead to empowering an entire community. Her position as the Pradhan allows her to make a positive impact on the lives of people in her village, especially women. By holding a leadership position, she can now work towards bringing about further changes and improvements in the lives of her constituents.

Overall, Geeta Devi's journey serves as an inspiration not only to women in India but to people worldwide. It reminds us of the importance of gender equality, education, and community support in fostering positive change and progress. Her story encourages us to break free from societal constraints and work towards creating a more inclusive and equal world.



## **Sub-Project- DPP (Pochanpur), DSJ-H (Hauzrani) & DSJ-M (Masjid Moth)**

### **ACTIVITIES**

The activities conducted during the year 2022-2023 as per the government guidelines and strategy of the organization are mentioned below-

#### **Sponsored Mothers Group/ Community Meeting**

The SMG meetings organized by CFCA in the Pochanpur, Hauzrani, and Masjid Moth subprojects play a vital role in empowering mothers and fostering community development. With the participation of around 1,100 mothers on a monthly basis, these meetings serve as platforms for discussing and addressing various community-based issues.

During these gatherings, mothers have the opportunity to voice their concerns, share their experiences, and seek solutions to the challenges they face. By engaging in open discussions, they collectively work towards uplifting their children and families, creating a supportive network within the community.

One of the key topics discussed in these meetings is skill development. CFCA recognizes the significance of equipping families with skills that can break the cycle of poverty. By emphasizing the importance of acquiring new skills, the organization encourages mothers to explore income-generating opportunities that can enhance their families' financial situations.

The Income Generating Program (IGP) is one such initiative that allows mothers to actively participate in improving their economic conditions. By working diligently and leveraging the skills they have acquired, these mothers contribute to the financial stability of their families. This program not only provides financial support but also instills a sense of empowerment and



self-reliance.

CFCA's focus on empowering mothers and families through these SMG meetings and skill development programs has the potential to bring about positive and lasting change in the communities they serve. By fostering a sense of unity, promoting self-sufficiency, and encouraging the exchange of ideas, CFCA-Delhi contributes to the overall development and progress of these communities.



### **Core/ Coordination Members Meetings**

CFCA's combined meetings for the core and coordination team members from Pochanpur, Hauzrani, and Masjid Moth villages serve as important platforms for collaboration, planning, and sharing information. These meetings typically involve the participation of around 30 mothers who actively contribute to the discussions and decision-making processes.

The primary purpose of these meetings is to discuss and review the monthly activities carried out by CFCA in the respective villages. This allows for a comprehensive evaluation of the progress made and provides an opportunity to address any challenges or concerns that may have arisen. By sharing their experiences and insights, the mothers contribute to the continuous improvement and effectiveness of CFCA's programs and initiatives.

Additionally, these combined meetings also serve as a forum for introducing new initiatives and ideas from resource-sharing agencies. The mothers have the chance to learn about these initiatives and discuss their potential implementation within their communities. This exchange of information and perspectives ensures that the introduced initiatives align with the needs and aspirations of the community members.



By actively participating in these combined meetings, the mothers play a vital role in shaping the direction of CFCA's activities and initiatives. Their input, feedback, and suggestions contribute to the overall success and impact of the programs implemented by CFCA. Through this collaborative approach, CFCA and the mothers work together to create positive change and uplift their communities.



## Annual Review & Planning

The annual review and planning workshop held for the Pochanpur, Masjid Moth, and Hauzrani subprojects proved to be a successful event, with a significant participation of 190 mothers. This gathering provided a valuable opportunity for mothers, youth, and children to come together and collectively discuss their needs and goals for the upcoming financial year.

Mr. Dass, the Project Coordinator of CFCA Delhi, attended the event and played a crucial role in sharing important information about program development, challenges faced, and new initiatives that were in the implementation stage for the next year. His presence and insights helped the participants gain a deeper understanding of the program and its future prospects.

The event served as a platform for open and constructive dialogue, where mothers could express their thoughts, concerns, and suggestions. Through this engagement, they actively

contributed to the strategic planning of activities aimed at benefiting the children and families involved in the CFCA program.

The support provided by CFCA was greatly appreciated by all the participants. The workshop not only allowed for meaningful discussions but also fostered a sense of gratitude and unity among the members. The collaborative environment helped build stronger connections within the community and strengthened their relationship with CFCA.

Overall, the workshop was characterized by productivity and enjoyment. It enabled the participants to strategically plan activities that would have a positive impact on the welfare of the children and families. The plans formulated during the workshop were consolidated and would be shared in the Annual plan preparation for the next year, ensuring a well-rounded and inclusive approach to program development and implementation.



## **Health Camp**

CFCA's organization of health awareness camps is commendable, as it emphasizes the importance of educating sponsored children and their mothers about hygiene and illness prevention. In the case of the Pochanpur, Hauzrani, and Masjid Moth subprojects, a significant number of 540 children actively participated in these camps.

Dr. Ved Prakash's involvement in conducting these camps brought valuable expertise and knowledge to the participants. The focus on healthy foods and their role in maintaining good health provided essential information for the children and their families. By understanding the importance of nutrition, they can make informed choices and improve their overall well-being.

The discussions on disease prevention and control were crucial in raising awareness among the participants. Understanding how diseases spread and the measures to control their transmission empowers individuals to take necessary precautions and protect themselves and their communities.

Access to information about diseases and their prevention is vital, and CFCA's efforts in organizing these health awareness camps address this need. By providing education and support in this area, CFCA contributes to the promotion of healthier lifestyles and happier lives for the sponsored children and their families.

Dr. Ved Sharma's expertise allowed the sponsored children to learn about maintaining good health and preventing common diseases like blood pressure, hypertension, and diabetes. The opportunity to ask questions and receive personalized advice and suggestions was valuable for the children, addressing their specific health concerns.

Overall, the health awareness camp was a beneficial and informative event for the sponsored children. CFCA's commitment to providing opportunities for learning and growth in various areas of their lives, including health and well-being, is greatly appreciated by the participants. They are grateful to CFCA for the support and resources that contribute to their holistic development.



## Livelihood Initiatives- Herbal Soap Making

**Training on Herbal Soap Making- Joint Venture between Community Foundation For Children and Aging (CFCA), DM Office South West District and Nehru Yuva Kendra Sangathan, Najafgarh, Ministry of sports.**

On 12<sup>th</sup> Feb, 2023, a herbal making training was organized in Delhi Pochanpur Village, Dwarka Sub-Project (DPP) which was a joint venture between Community Foundation For Children and Aging (CFCA), DM Office South West District and Nehru Yuva Kendra Sangathan, Najafgarh, Ministry of sports.

Around 120 mothers actively participated in this day long training, which also included 50 mothers from various other NGOs (non- sponsored families) who were running their own livelihood programs in and around the area.

Guest who participated and facilitated this training session were Mr. Naveen Kotiya & Ms. Loveleen (DM Office), Mr. V.K. Dass (CFCA), Mr. Har Govind Arya (Nehru Yuva Kendra, Najafgarh)

The participants were shared about the soap making techniques, how we can prepare a chemical free soap, which can be used for cleansing. The list of items were listed down, few of which included, coconut oil, glycerin, tea, water, salt to name a few. Flavors that participants wanted to add by their own choice like turmeric, flowers, rose petals etc were also kept there. Initially they prepared a base for the soap, and this was poured into soap moulds of different shapes and sizes. After which different scent for fragrance and flavors were added and it was kept to cool down, and that's how the soap was made and shown to all the participants. After this mothers from among the participants were invited to try making soaps on their own and some mothers tried and felt elated to make a soap of their own.





All the mothers who participated received a certificate which was a great moment of pride for all of them. The mothers were very happy to be a part of this training, and the trainer has



assured all kinds of support to mothers, and these mothers would be provided with subsidized loans whenever they wish to initiate this process in their respective SHG groups or Community.

## Youth Seminar

The Community Foundation for Children and Aging (CFCA) recently organized a youth seminar in Delhi, aimed at fostering education and empowering the youth. CFCA has been instrumental in assisting thousands of families over the past 18 years, providing them with the means to ensure quality education for their children. The seminar, held on June 24, 2023, brought together children of all Delhi sub-projects, with the objective of orienting them about the organization's programs and cultivating a second-line leadership for effective program implementation.

The seminar commenced with a symbolic lamp lighting ceremony, by CFCA sponsored children and Project Coordinator Mr. V.K. Dass. The atmosphere was filled with warmth and unity as mothers from the Core Committee serenaded the audience with a heartfelt folk song, symbolizing the collective spirit of the gathering.

Mrs. Shiny, the Correspondence Coordinator, extended a heartfelt welcome to the children and mothers, expressing gratitude for their presence. To foster a comfortable environment, an engaging ice-breaker session was conducted, allowing participants to interact freely and set the stage for active participation throughout the seminar.

Mr. V.K. Dass took the stage and delivered an insightful orientation, shedding light on the seminar's agenda. He emphasized the significance of program activities, particularly the Poverty Stoplight survey, which serves as a tool to assess the needs of the community. Mr. Dass also shared guidelines on creating impactful video messages, highlighting their importance as a means of expressing gratitude towards sponsors who support the children's education. Inspired by the success of the Youth SMG in the Allahabad sub-project, Mr. Dass proposed the formation of a youth forum in Delhi, encouraging independent savings and collaborative efforts among the youth to effect positive change.

Building on the seminar's objectives, Mrs. Shiny facilitated a Need Assessment session where the children eagerly shared their goals and expectations. Their valuable insights, aligned with their respective areas of interest, provided a foundation for future endeavors and personal growth.

To keep the energy high and inspire creativity, a series of captivating cultural performances took place. Youth from all three Delhi sub-projects showcased their talents, celebrating their diverse cultural heritage.

The CFCA Youth Seminar concluded as a resounding success, providing a platform for children from different sub-projects to converge, align their visions, and embrace their roles as change agents in their communities. Through engaging program activities, self-assessment exercises, and collaborative discussions, the participants were empowered to make meaningful contributions to their personal growth and the betterment of their communities.



The event stands as a testament to CFCA's unwavering commitment to youth empowerment and the creation of a brighter, more promising future. By providing access to education and fostering leadership skills, CFCA continues to positively impact the lives of children and families, shaping a society where every child has the opportunity to thrive. The CFCA Youth Seminar marked a pivotal moment, inspiring a new generation of leaders who will carry forward CFCA's mission, transforming communities, and leaving an indelible mark on the world.



## **National and Festival Celebrations**

### **Independence Day Celebration**

The Independence Day celebrations held in the Pochanpur (DPP), DSJ-H (Hauzrani), and DSJ-M (Masjid Moth) subprojects were vibrant and engaging, with active participation from the community members.

In the Pochanpur subproject, around 120 children and mothers came together to celebrate Independence Day. This event served as a reminder of the sacrifices made by freedom fighters and provided an opportunity for the community to learn more about India's journey towards independence and its subsequent economic growth.

In DSJ-H (Hauzrani), a sports competition was organized, involving activities like the lemon and spoon race, aerial gymnastics, and musical chairs for mothers. Approximately 70 mothers and children took part in this event, fostering a spirit of camaraderie and friendly competition.

In DSJ-M (Masjid Moth) subproject, a poster-making competition was organized for sponsored children, and a cultural program was presented by mothers and children. The cultural program included songs and dances that portrayed the sacrifices made by individuals in the quest for



independence. Around 55 mothers and children participated in this event, showcasing their talents and expressing their patriotism.

These celebrations not only provided an occasion for community members to come together but also served as a means to instill patriotic feelings in the children. Competitions such as drawing, poster and craft making allowed the children to display their creativity and skills. Recognizing the achievements of children, who performed well and presenting them with awards further motivated them to excel in their studies and overall participation in CFCA activities.

Overall, the Independence Day celebrations were successful in fostering a sense of unity and pride within the community. CFCA's efforts in organizing these events are highly appreciated, as they provide opportunities for community development and enable the children and families to express their talents and celebrate the spirit of independence.



### **International Women's Day Celebration**

On the occasion of International Women's Day, a vibrant and empowering celebration took place in Pochanpur, Hauzrani, and Masjid Moth Villages. The event aimed to honor and empower women in these communities, providing them with an opportunity to come together, celebrate their achievements, and gain inspiration for their journeys ahead.

Mothers from the Hauzrani Subproject gathered at a local park to enjoy a day of relaxation, camaraderie, and fun. The atmosphere was filled with joy and laughter as women of all ages mingled with one another, forming new connections and strengthening existing bonds. The



picnic provided a much-needed break from their daily routines, allowing them to rejuvenate and experience the uplifting spirit of Women's Day.

Simultaneously, a workshop was organized for those mothers from Masjid Moth Subproject who wished to delve deeper into the theme of empowerment. The workshop featured a special guest speaker, Ms. Chandrima, a remarkable cancer survivor who shared her inspiring journey and encouraged the attendees to move forward with determination and resilience, regardless of the challenges they might face. Her stories served as a powerful reminder that strength and triumph can be found even in the face of adversity.

During the workshop, Ms. Chandrima emphasized the importance of self-belief, inner strength, and community support. She encouraged the mothers to prioritize their well-being and mental health, as well as to pursue their dreams and aspirations without hesitation. Her words resonated deeply with the participants, igniting a sense of motivation and empowerment within them.

The Women's Day celebration in Pochanpur, Hauzrani, and Masjid Moth Villages was a resounding success. The picnic and workshop provided a platform for women to come together, celebrate their achievements, and find inspiration for their personal journeys. The event highlighted the importance of unity, resilience, and unwavering determination in



overcoming obstacles and striving for personal growth.

By honouring women's contributions and sharing stories of triumph over adversity, the celebration left a lasting impact on the participants. It served as a reminder that no matter what the circumstances may be, women have the power to create positive change in their lives and communities.

It is essential to continue organizing events that uplift and empower women, fostering an environment of support and growth. By doing so, we can pave the way for a brighter future,



where every woman can realize her full potential and contribute meaningfully to society.

### **Republic Day Celebration**

Republic Day holds paramount significance in India as it commemorates the adoption of the Constitution on 26th January 1950, marking the nation's transition to a republic. The spirited celebration of Republic Day took place in Pochanpur, Hauzrani, and Masjid Moth Villages on 25th January 2023, radiating tremendous enthusiasm. The event witnessed the active participation of approximately 250 children and mothers, organized by the dedicated Core and Coordination committee members of CFCA.

The Social Workers and esteemed Core committee members seized the moment to express their thoughts, magnifying the significance of the day and emphasizing the pivotal role of responsible citizenship. They elucidated the core principles enshrined within the Constitution, urging community members to uphold them fervently, thereby fostering unity, equality, and justice.

The vibrant celebration unfolded through a tapestry of cultural performances encompassing graceful dances, melodious songs, captivating skits, and poignant poetry recitations by the exuberant children and youth. Embracing the theme of 'Unity in Diversity,' the program artistically showcased the cultural kaleidoscope of India. It served as a poignant reminder of how people from diverse religions, regions, and languages converge harmoniously to celebrate the essence of the Republic.

As the program culminated, the participants savoured moments of togetherness while relishing the joyous distribution of refreshments. This gesture fortified the bonds of unity and camaraderie among the community members, fostering a shared sense of belonging and purpose.

The Republic Day celebration played a pivotal role in instilling profound patriotism and a resolute sense of national pride among the impressionable children and youth. Through cultural expressions and reflections on the significance of the day, the event nurtured a deep understanding of the nation's history, values, and the imperative responsibilities that lie ahead for them as future custodians of the country.

The vibrant Republic Day celebration in Pochanpur, Hauzrani, and Masjid Moth Villages on 25th January 2023 provided an exceptional platform for community members to unite and revel in the essence of this cherished national holiday. Beyond the festivities, it imbued the hearts of children and youth with an unwavering sense of patriotism and national pride, nurturing their understanding of India's rich cultural heritage and the principles that bind its citizens together.

By fostering a collective celebration of unity in diversity, the event inspired a shared commitment to upholding the values enshrined in the Constitution. Such initiatives pave the way for a harmonious and inclusive future, where every individual recognizes their role as an



empowered citizen contributing to the progress and prosperity of the nation.

### **International Yoga Day Celebration**

On 21st June 2022, CFCA celebrated International Yoga Day in all its subprojects. The sponsored children and mothers actively participated in the event, showcasing their enthusiasm and commitment to promoting health and well-being.

To commemorate International Yoga Day, CFCA organized the event in nearby parks or open spaces that provided a suitable environment for practicing yoga. These outdoor locations allowed participants to connect with nature while engaging in yoga activities.

The celebration began with a gathering where the significance of International Yoga Day was explained, emphasizing the benefits of yoga for physical and mental health. The yoga sessions aimed to promote relaxation, flexibility, and mindfulness among the participants. Through the practice of yoga, individuals were encouraged to cultivate a sense of inner peace, balance, and harmony.

The celebration of International Yoga Day also provided an opportunity for participants to learn about the different aspects of yoga, including its origins, philosophy, and integration into daily life. The event fostered a sense of community and unity as sponsored children and mothers came together to practice yoga. It provided a platform for them to connect, share their experiences, and support each other in their wellness journeys.

By celebrating International Yoga Day, CFCA promoted the importance of physical and mental well-being among its community members. The event highlighted the transformative power of yoga and encouraged participants to incorporate yoga practices into their daily lives for continued health and happiness.

Overall, the International Yoga Day celebration in CFCA's subprojects was a testament to the organization's commitment to holistic development and the well-being of sponsored children and mothers. It provided them with an opportunity to embrace yoga as a means to cultivate a



healthier and more balanced lifestyle.

### **Nukkad Natak/ Street Theater Workshops**

As part of the summer camp activities, sponsored children from Hauzrani and Pochanpur subprojects participated in a two-day training on street theater in June. The training focused on



addressing pressing issues such as "Beti Bachao, Beti Padhao" (Save the Girl Child, Educate the Girl Child) and the "Swachh Bharat Abhiyan" (Clean India Campaign).

The training was conducted by Mr. Raju from the Mehak Foundation, who guided the children in learning the art of street theater. Street theater is a powerful medium that combines elements of drama, storytelling, and public performance to create awareness and engage the community on important social issues.

During the training, the children were taught various aspects of street theater, including script development, dialogue delivery, body language, and stage presence. They were encouraged to express their creativity and ideas while focusing on the specific themes of "Beti Bachao, Beti Padhao" and "Swachh Bharat Abhiyan."

After the training, the children had the opportunity to showcase their newly acquired skills by performing street theater in their community. They used role-plays and dramatic enactments to raise awareness about the importance of educating girl children and maintaining cleanliness.

The performances were held in public spaces within the community, attracting the attention of community members and creating an interactive platform for discussion and dialogue. The street theater performances aimed to convey important messages, challenge social norms, and inspire positive change among the audience.

Through their street theater performances, the sponsored children effectively communicated the significance of girl education and cleanliness, encouraging the community to actively participate in these initiatives. The performances served as a catalyst for generating awareness and mobilizing community support towards these causes.

The training and subsequent street theater performances not only provided an avenue for the sponsored children to develop their artistic and expressive abilities but also empowered them to become agents of change within their communities. By addressing important social issues through their performances, the children played a significant role in spreading awareness and promoting positive social behaviors.

The summer camp activity of street theater training and performances showcased CFCA's



commitment to holistic development by providing sponsored children with opportunities to engage in creative expression, address social issues, and actively contribute to community development.

### **Child Protection Training**

Child Protection Policy Training is a crucial component of CFCA programs, and CFCA is committed to ensuring the safety and well-being of all sponsored children. CFCA conducts a quarterly training session in the Pochnapur, Hauzrani and Masjidmoth subprojects, which is usually attended by approximately 50-100 sponsored children and mothers every quarter.

During the training, the various aspects of child protection were covered, including physical abuse, sexual abuse, emotional abuse, neglect, and exploitation. The aim was to raise awareness about these issues and equip participants with the knowledge and skills to prevent and respond to child protection concerns.

The training provided an overview of the child protection policy, its objectives, and the roles and responsibilities of different stakeholders in implementing the policy. CFCA emphasized the importance of creating a safe and protective environment for sponsored children and the collective responsibility of everyone involved in their care.

Participants were educated on how to recognize signs of abuse, the procedures for reporting suspected cases, and the significance of maintaining confidentiality. CFCA stressed the importance of taking immediate action when there are concerns about a child's safety or well-being.

By conducting Child Protection Policy Training, CFCA aims to empower the staff members, Youth Scholars/volunteers, and community members with the necessary tools to protect sponsored children from harm and uphold their rights. CFCA is dedicated to maintaining a



strong child protection framework within CFCA programs, ensuring the safety, dignity, and well-being of all sponsored children.

## Holi Celebration

The Holi celebrations held in Hauzrani, Masjid Moth, and Pochanpur villages from 4th to 6th March 2023 were vibrant and filled with joy. These festivities brought together around 800 mothers and children from the sponsored families, creating a sense of unity and togetherness within the communities.

During the celebrations, special attention was given to the traditional aspect of Holi. The significance of the festival was explained to the participants, emphasizing its role in fostering harmony, celebrating the victory of good over evil, and welcoming the arrival of spring. The staff members and volunteers also highlighted the importance of maintaining cleanliness and taking necessary precautions while playing with colors, ensuring the safety and well-being of all participants.

One of the highlights of the festivities was the distribution of sweets and colors to the sponsored families. Sweets, a customary part of Holi celebrations, were shared as a gesture of love and affection. This act of giving symbolized the spirit of unity and generosity that Holi represents. Along with the sweets, vibrant colors were distributed to further enhance the festive mood, allowing everyone to participate in the joyous tradition of color throwing and spreading cheer.

The presence of sponsored families in these celebrations added a deeper meaning to the event. It provided them with an opportunity to engage in cultural activities, strengthen bonds within the community, and create lasting memories. The Holi celebrations served as a reminder of the support and care provided by CFCA and other sponsors, fostering a sense of gratitude and appreciation among the families.

Overall, the Holi celebrations in Hauzrani, Masjid Moth, and Pochanpur villages were an occasion of merriment and camaraderie. The cultural programs, distribution of sweets and colors, and the active participation of sponsored families created an atmosphere of joy and





unity, leaving a positive and lasting impact on the community.

## Children's Day Celebration

The CFCA Pochanpur, Hauzrani, and Masjid Moth subprojects organized a delightful Children's Day trip for the sponsored children to Surajgarh Farms. This exciting excursion took place on November 21st, 2022 and was attended by approximately 200 sponsored children and CFCA staff members.

The Children's Day trip provided an opportunity for the sponsored children to enjoy a day filled with fun and adventure. Surajgarh Farms, known for its scenic beauty and engaging activities, offered a perfect setting for the children to immerse themselves in a memorable experience.

During the trip, the children engaged in various recreational activities and games designed to promote their physical and mental well-being. They had the chance to participate in team-building activities, sports, and outdoor games that encouraged camaraderie, teamwork, and healthy competition. These activities aimed to enhance their social skills, boost their confidence, and create lasting memories of friendship and enjoyment.

In addition to the Children's Day trip, the subprojects organized a poster-making competition in their respective community resource centres as part of the Children's Day celebration. This event took place on November 14th and provided an opportunity for the children to showcase their creativity and artistic skills. Through the competition, the children were encouraged to express their thoughts, ideas, and aspirations on paper, reflecting their unique perspectives and dreams.

The poster-making competition not only allowed the children to unleash their artistic talents but also served as a platform to celebrate their individuality and voice. It promoted a sense of self-expression and empowerment among the children, reminding them that their ideas and





opinions matter.

These initiatives organized by CFCA and the subprojects demonstrated a deep commitment to the holistic development and well-being of the sponsored children. By providing them with opportunities to engage in enjoyable activities, express themselves creatively, and celebrate Children's Day, CFCA fostered a sense of belonging, happiness, and appreciation among the children and their families.

### **Recreational Activities**

The quarterly birthday celebrations organized by the mothers of sponsored children in CFCA Pochanpur, Hauzrani, and Masjid Moth subprojects are heart-warming events that aim to make every child feel special and cherished on their birthday, regardless of their age. These celebrations are held at the CFCA community centres, where the mothers put in effort to decorate the space with colourful balloons, streamers, and other festive decorations.

The celebrations begin with the mothers gathering around to sing the birthday song and cut a birthday cake. This moment is filled with joy and excitement as the children are the center of attention on their special day. The mothers take pride in celebrating each child's birth and ensuring that they feel loved and valued.

As part of the celebration, the mothers distribute sweets and snacks to all the children, further adding to the festive atmosphere. This gesture represents the community's love and care for the children, emphasizing their importance and worth.

The mothers also take the opportunity to share their wishes and blessings for the children. They express their hopes that the children will grow up to become successful individuals who can positively impact their families and communities. Education is emphasized during these gatherings, with the mothers encouraging the children to study hard and pursue their dreams. This underscores the significance of education in their growth and development.

The children are elated to celebrate their birthdays with their fellow sponsored friends, fostering a sense of camaraderie and belonging within the CFCA community. The celebration allows them to create lasting memories and strengthens their bonds with their mothers and peers.

The mothers find joy and pride in witnessing the children's happiness and growth in a nurturing environment. These celebrations serve as a testament to the care and support provided by CFCA and the mothers, ensuring that the children feel loved and supported as they navigate life's journey.

As a special birthday gift, the children receive water bottles, a practical and useful item that further promotes their well-being. This gesture reflects the thoughtful consideration given to the children's needs and highlights the commitment of CFCA and the mothers to their holistic development.

Overall, these quarterly birthday celebrations play a crucial role in uplifting the spirits of the sponsored children and reinforcing the sense of community and care within CFCA Pochanpur,



Hauzrani, and Masjid Moth subprojects.

## Diwali Celebration

The Diwali celebrations in CFCA Pochanpur, Hauzrani, and Masjid Moth subprojects are occasions of immense joy and enthusiasm for the sponsored children and their families. This year, the celebrations took place on 16<sup>th</sup> to 18<sup>th</sup> October, respectively, and witnessed the active participation of all the sponsored mothers and children. It is heartening to note that despite Diwali being a Hindu festival, the community members, regardless of their caste or religion, come together to celebrate with great joy.

The subprojects organize a range of cultural events during Diwali, which include traditional dance and music performances, skits, and plays. The sponsored children eagerly participate in these events, showcasing their talents and adding vibrancy to the festivities. These cultural performances not only entertain the audience but also provide a platform for the children to express themselves and celebrate their unique skills and cultural heritage.

The community members unite in decorating their homes and the project premises with candles, lamps, and colorful rangolis. The vibrant and intricate rangolis create a beautiful and welcoming ambiance, enhancing the spirit of Diwali. The collective effort put into the decorations symbolizes the unity and harmony among the community members.

A special prayer ceremony is organized during Diwali, where people offer their prayers to Lord Ganesha and Goddess Lakshmi, seeking blessings for prosperity, happiness, and good health. This ritual holds deep religious significance and serves as a reminder of the spiritual essence of Diwali.

The celebrations culminate with the distribution of sweets and refreshments among the community members. This act of sharing and spreading happiness reflects the ethos of Diwali. The children, in particular, eagerly anticipate the distribution of sweets and refreshments, adding to their excitement and enjoyment of the festivities.

Overall, the Diwali celebrations in CFCA Pochanpur, Hauzrani, and Masjid Moth subprojects exemplify the spirit of unity, inclusivity, and joy. The cultural events, decorations, prayers, and sharing of sweets foster a sense of togetherness and create cherished memories for the community members. The Diwali celebrations serve as a reminder of the importance of cultural traditions and provide an opportunity for the sponsored children and their families to come



together and celebrate with happiness and enthusiasm.

## **Annual Day Celebration**

On February 11th, 2023, CFCA Masjid Moth, Hauzrani, and Pochanpur Subprojects came together to celebrate their annual function at SL House, Malviya Nagar. This grand event witnessed the participation of approximately 300 members, including mothers and children. The annual day celebration is a momentous occasion that aims to honour and celebrate the achievements of sponsored children and their families throughout the year.

The primary objective of the annual day celebration is to provide a platform for sponsored children and their families to showcase their talents and skills. The event encompasses a variety of cultural and educational activities, performances, and competitions. It typically takes place

towards the end of the academic year and is attended by project staff, sponsored children, and their families.

During the annual day celebration, sponsored children have the opportunity to display their academic accomplishments, as well as their extracurricular achievements. Various activities, such as dances, dramas, and music performances, allow the children to demonstrate their diverse talents and receive recognition for their hard work and dedication.

Moreover, the annual day celebration fosters a stronger bond between sponsored families and project staff. Throughout the year, project staff members provide unwavering support and encouragement to sponsored children. The annual day celebration serves as a moment for sponsored families to express their gratitude towards the staff, acknowledging their significant role in the children's growth and development.

The event holds immense significance in the lives of sponsored children and their families. It serves as a platform to showcase their accomplishments, build relationships within the CFCA community, and strengthen the sense of belonging and camaraderie.

Overall, the annual day celebration organized by CFCA Masjidmoth, Hauzrani, and Pochanpur Subprojects is a moment of pride and joy. It allows sponsored children to shine, encourages their continued growth, and deepens the bond between sponsored families and project staff. The event represents a shared celebration of achievements, creating a vibrant and supportive





CFCA community.

## **Educational/ Excursion/ Exposure Trips**

### **Educational Trip**

On May 27th, 2022, approximately 70 sponsored children from DPP Pochanpur subproject embarked on an exciting and educational trip to the Illusions Museum and Science Center in New Delhi. This trip was organized with the aim of providing the children with an interactive and immersive learning experience.

The Illusions Museum and Science Center is a renowned destination that combines art, science, and illusions to create a captivating and educational environment. It offers a wide range of exhibits and activities designed to stimulate curiosity, critical thinking, and creativity among visitors, particularly children.

During the trip, the sponsored children had the opportunity to explore various exhibits and engage in hands-on activities that challenged their perceptions and expanded their understanding of science and art. They were able to witness optical illusions, participate in interactive experiments, and discover the wonders of the human mind.

The educational trip provided a unique and memorable experience for the sponsored children, allowing them to learn in a fun and engaging manner outside of the traditional classroom setting. It sparked their curiosity and encouraged them to think critically about the world around them.

Such educational trips not only enhance the children's knowledge and understanding but also



contribute to their overall development, fostering a love for learning and exploration. The trip to the Illusions Museum and Science Center undoubtedly left a lasting impact on the sponsored children, inspiring them to explore the realms of science and art further.

CFCA's initiative in organizing this educational trip demonstrates its commitment to providing sponsored children with opportunities for holistic growth and enrichment. By exposing them to unique and educational experiences, CFCA encourages their curiosity, nurtures their talents, and broadens their horizons, enabling them to reach their full potential.

### **Excursion Trip**

On June 22nd, 2022, a group of around 150 sponsored children from Pochanpur, Masjid Moth, and Hauzrani subprojects embarked on an exciting excursion to the Atlantic Water Park, located at Kalandikunj in New Delhi. This water park provided the perfect setting for the children to have a thrilling and enjoyable day filled with water-based rides and activities.

The children, accompanied by CFCA staff members and some mothers, arrived at the water park eagerly anticipating the fun that awaited them. The park itself was a vibrant and lively amusement destination, offering a wide array of water rides, slides, and attractions.

Before the children started their aquatic adventures, they received a briefing on safety guidelines, rules, and regulations to ensure their well-being during the excursion. This orientation emphasized the importance of following the instructions and guidelines provided by the water park staff.

Once the briefing was completed, the children eagerly explored the water park and engaged in various water-based activities such as swimming, water slides, and wave pools. They delighted in the exhilaration of each ride and attraction, experiencing moments of laughter, joy, and excitement with their friends and peers.

The excursion provided the children with more than just a day of fun. It also presented valuable opportunities for learning new skills, building confidence, and fostering social connections. By navigating through different rides and activities, the children developed their coordination, adaptability, and problem-solving abilities. They also had the chance to interact with their peers and make new friends, enhancing their social skills and broadening their perspectives.

As the day came to an end, the children returned home with cherished memories, newfound experiences, and a sense of fulfillment. The excursion to the water park not only provided them with a day of entertainment but also contributed to their personal growth and development.

CFCA's organization of this excursion trip demonstrates its commitment to offering sponsored children opportunities for enjoyment, learning, and the acquisition of life skills. Such excursions serve as a means for the children to have fun, broaden their horizons, and create lasting



memories, all while fostering their holistic development.

### **Exposure Trip – CFCA Sponsored Mothers**

On May 30th, 2022, CFCA organized an exposure trip for the mothers of sponsored children from Pochanpur and Hauzrani Subprojects. Around 50 mothers participated in this trip, which took them to Khurpatal, a small town located in the Nainital district of Uttarakhand, India. The primary objective of the trip was to provide the mothers with an opportunity to explore different livelihood options and learn from the experiences of other women who have successfully pursued alternative income-generating activities.

During the trip, the mothers visited various sites and interacted with women engaged in traditional handicrafts, such as embroidery, weaving, and basket making. They observed the intricate techniques and craftsmanship involved in these crafts and learned about the challenges and successes faced by the women in their pursuit of these livelihoods. The mothers also had the chance to ask questions, share their own experiences, and exchange ideas with the women they met.

The exposure trip proved to be a valuable learning experience for the mothers, who returned home with newfound knowledge, inspiration, and ideas for improving their families' livelihoods. They were grateful to CFCA for organizing such a useful and enlightening trip that exposed them to different possibilities and empowered them with the knowledge and inspiration to explore alternative income-generating activities.

By facilitating exposure trips like this, CFCA demonstrates its commitment to empowering and uplifting sponsored families by providing them with opportunities for growth, learning, and exploration. These trips serve as catalysts for change, encouraging mothers to explore new avenues and enhance their skills, ultimately leading to improved livelihoods and a better future



for their families.

### **Inter Project Exposure Trip – CFCA Sponsored Mothers**

CFCA organized an inter-project exposure visit for community mothers from Hauzrani and Masjid Moth subprojects to Prayagraj Subproject on 20<sup>th</sup> March, 2023. The primary objective of this visit was to provide the participants with an opportunity to learn from successful community development models, witness various developmental activities, and gain insights into government schemes and initiatives implemented in the Prayagraj area. The visit lasted for one day, allowing the participants to maximize their learning experience.

During the visit, the group had the privilege of interacting with CFCA sponsored families in Prayagraj Subproject. This interaction provided them with valuable insights into the income generation activities undertaken by these families and the impact of these initiatives on their lives. They also had the opportunity to visit the Achar center in Nayapura area, which further enriched their understanding of the diverse income generation activities being carried out within the CFCA community.

The exposure visit fostered cross-cultural learning experiences as community members from different subprojects came together. They exchanged knowledge, shared experiences, and



gained a deeper understanding of the challenges and successes faced by each community. This cross-pollination of ideas and experiences contributed to the overall growth and development of all participants.

The visit also enabled the participants to gain a better understanding of the functioning of various government departments and institutions. They learned about the available schemes and initiatives that could potentially benefit their own communities. By witnessing the successful implementation of these programs in Prayagraj, the participants were inspired to explore similar approaches in their subprojects and utilize the resources and opportunities provided by the government to uplift their communities.

Overall, the inter-project exposure visit organized by CFCA proved to be a valuable experience for the participants. It broadened their horizons, enhanced their knowledge of community development models, and equipped them with practical insights into government schemes and initiatives. The visit empowered them with the tools and inspiration needed to implement positive changes in their respective subprojects, ultimately improving the lives of the community members they serve.



## **Summer Camps**

CFCA Pochanpur, Hauzrani, and Masjid Moth Subprojects organized summer camps for sponsored children during their school summer break. These summer camps were designed to keep the children engaged, provide them with learning opportunities, and help them develop new skills.

One of the key aspects of the summer camps was vocational training. The children had the opportunity to participate in various vocational courses such as computer training, mehndi

designing, tailoring, stitching, embroidery, drawing, art, and craft. These courses allowed the children to explore their creativity, enhance their skills, and learn practical techniques that could be beneficial for their future career prospects.

Career counselling was another important component of the summer camps. Through career counselling sessions, the children were guided and provided with information on different academic pursuits and career paths. This helped them make informed decisions about their educational journey and future aspirations.

In addition to vocational training and career counselling, the summer camps also included a wide range of activities. Sports activities allowed the children to engage in physical exercise, develop teamwork skills, and learn the importance of sportsmanship. Outdoor activities such as nature walks, field trips, and picnics provided the children with opportunities to explore the world around them and appreciate the beauty of nature.



Overall, the summer camps organized by CFCA in Pochanpur, Hauzrani, and Masjid Moth Subprojects provided sponsored children with a holistic learning experience. The combination of vocational training, career counselling, and outdoor exploration offered a well-rounded approach to their summer break. These activities not only kept the children engaged but also helped them develop new skills, explore their interests, and grow both academically and



personally.

### **Quality Correspondence- Letter writing workshops**

CFCA organises letter writing workshops for the sponsored children and new families in the community on a monthly basis. These workshops aim to help children write personalized and qualitative letters to their sponsors, allowing them to share their experiences, thoughts, and feelings in a meaningful way.

Letter writing is an essential skill that allows children to express themselves and develop effective communication abilities. Through these workshops, our dedicated CFCA staff members and volunteers guide the children in crafting letters that convey their gratitude, update their sponsors about their lives, and share the progress they have made.

During the workshops, the subproject team assists the children in selecting appropriate words and phrases, ensuring that their messages are clear, concise, and heartfelt. CFCA encourages them to share details about their families, communities, school activities, and personal growth. This will help sponsors gain a deeper understanding of the children's lives and support them more effectively.

CFCA believes that regular communication between sponsors and children is crucial for building strong and enduring relationships. By participating in these workshops, the children will not only improve their writing skills but also foster a sense of connection and appreciation for their sponsors.

All sponsored children are encouraged to take part in these letter writing workshops and make the most of this opportunity to express themselves. Through the power of words, CFCA can



help to strengthen the bond between sponsors and children, enriching lives on both sides.



## Staff Training/ Youth Scholar Workshop

Staff Training/Youth Scholar Workshops are an important activity in CFCA where several important topics are covered to ensure staff members and Youth stay updated and informed. The meeting serves as an opportunity to discuss key revisions in the Unbound policy manuals, addressing any changes in FCRA (Foreign Contribution Regulation Act) policies, and providing necessary guidelines for compliance.

One of the highlights of the meeting was a presentation by Ms. Shiny, the correspondence coordinator, who shared valuable insights on portal compliances. She discussed various challenges faced during the letter review and submission process, seeking input and suggestions from the staff members to improve efficiency and effectiveness.

Recognizing the crucial role played by Youth Scholars, a significant portion of the training was dedicated to them as well. They were given a half-day session to better understand their roles and responsibilities, including the process of letter writing and translation. This allowed them to gain a clearer conceptual understanding, ultimately contributing to the growth and sustainability of the organization.

The staff meeting/Youth Scholar training was a productive and collaborative platform where staff members and Youth Scholars could engage in discussions, share their experiences, and enhance their knowledge. By addressing policy updates, compliance issues, and providing specialized training, CFCA aims to ensure that staff members are equipped with the necessary skills and knowledge to fulfil their roles effectively.

These regular staff meetings/training sessions are essential for fostering a supportive and knowledgeable work environment, promoting growth, and ensuring that CFCA continues to deliver its mission of empowering sponsored children and their communities.





## Resource Sharing Agency Visit

For a charity organization like CFCA, every donor plays a crucial role in providing the necessary support for conducting its programs. Organizing donor visits has significant outcomes, one of which is strengthened relations with the donor. When a donor shows interest in visiting a project, it signifies their engagement and interest in the organization's work with their support. It becomes important to facilitate an open interaction between the donor and the project beneficiaries, allowing the donor to understand the impact and challenges faced by the organization in implementing the project.

Unbound, as a resource sharing agency, also conducts visits to projects to assess and strengthen programs. In a specific visit conducted from 2nd to 8th November 2022, Ms. Pritha Hariharan, the Vice-President at Unbound, visited all subprojects and had the opportunity to meet with sponsored families. During her visit, she learned about the best practices followed across the Delhi subprojects. The community mothers and sponsored children warmly welcomed her and shared their development journey with CFCA.

Such visits not only allow the donors and officials to witness the positive impact of their support but also provide an opportunity for the organization to showcase its work and build stronger relationships with the donors. It creates a platform for mutual understanding, appreciation, and collaboration, ultimately enhancing the effectiveness and sustainability of the organization's



programs.

## Impact Assessment Studies

### Evaluation

In the last quarter of 2022, CFCA conducted an activity evaluation to assess the benefits of the health camps that have been organized for sponsored children since 2007. The evaluation provided valuable insights into how these camps have been positively impacting the families and their overall health and well-being.

Through the evaluation, CFCA gained a deeper understanding of how the health camps have been instrumental in preventing vulnerable diseases among sponsored children and their families. The camps have provided timely medical care, ensuring that any health issues are identified early on and appropriate treatment is provided. This proactive approach has helped in preventing the escalation of illnesses and minimizing the impact on the children's health.

Additionally, the evaluation highlighted the importance of the health camps in providing referrals to other hospitals in case of emergency needs. This ensures that sponsored children have access to specialized medical services beyond the scope of the health camps, further enhancing their overall healthcare.

The evaluation proved to be a valuable learning experience for CFCA, providing insights into the effectiveness of the health camps and their impact on the sponsored children and their families. It also served as a basis for further improvements and enhancements in the health camp initiatives, ensuring that they continue to meet the evolving needs of the community.

By conducting such evaluations, CFCA demonstrates its commitment to continuously assessing and improving its programs, ultimately ensuring the well-being and holistic development of sponsored children and their families.



## Poverty Stoplight

CFCA has been diligently conducting a series of comprehensive training sessions for all the dedicated staff, aimed at enhancing their capacity to conduct impact assessment studies, including the Poverty Stoplight initiative.

Recognizing the significance of understanding the true impact of our programs, CFCA has embarked on a journey of continuous improvement, equipping our team members with the necessary tools and skills to conduct rigorous and insightful impact assessments. Through these training sessions, the staff has been introduced to cutting-edge methodologies and data-driven approaches, allowing CFCA to better measure the outcomes and effectiveness of our initiatives.

One particular area of focus has been the Poverty Stoplight methodology, a powerful tool that enables us to gain a holistic understanding of the living conditions and multi-dimensional aspects of poverty faced by the families and communities we serve. By adopting this approach, CFCA aims to move beyond traditional measures of poverty and delve deeper into the personal



experiences and aspirations of the individuals and families they support.

## Capacity building Workshop

The capacity building workshop is a regular activity conducted for mothers from all subprojects to empower them with knowledge, skills, and resources to enhance their participation in the CFCA program. The workshop aims to provide mothers with the necessary tools and information to improve their livelihood opportunities and become self-reliant.

During the workshop, mothers are briefed about the current status of the program and its objectives. They are encouraged to actively participate and share their experiences, challenges, and ideas. The workshop serves as a platform for open discussions, where mothers can express their concerns, seek guidance, and provide valuable input.

One of the main focus of the workshop is to engage mothers in planning activities for the upcoming year. They are encouraged to brainstorm and come up with innovative ideas on how to create more livelihood opportunities for themselves and other mothers in the community. This could include skill development programs, income-generating activities, entrepreneurship initiatives, or cooperative ventures.

The capacity building workshop also provides mothers with information on available resources, government schemes, and support services that can further assist them in their journey towards self-sufficiency. It aims to empower mothers by equipping them with the knowledge and skills necessary to take charge of their own lives and become active contributors to their families and communities.

By engaging mothers in the planning and decision-making process, the capacity building workshop promotes a sense of ownership and empowerment among the participants. It encourages them to take the lead in creating positive change in their lives and in the lives of others.



## Home Visits

Home visits play a crucial role in the CFCA program, serving multiple purposes. The primary objective of home visits is to assess the progress of the children and families enrolled in the CFCA program. Social workers or program representatives visit the homes of the participants on a monthly basis. During these visits, they interact with the children and their families to



evaluate various aspects of their well-being, including physical, emotional, and social development.

In addition to monitoring the overall progress, home visits provide an opportunity for social workers to assess the financial situation of the families. This assessment helps determine the level of support required by the family and ensures that the CFCA program is effectively addressing their needs. By evaluating the financial stability of the household, appropriate resources and interventions can be provided to enhance the family's economic situation.

Home visits are also conducted when enrolling new children into the CFCA program. During these visits, social workers gather information about the prospective families, including their financial situation, living conditions, and other relevant details. This process helps ensure that the CFCA program reaches out to the most deserving and vulnerable children in the community.

Overall, home visits in the CFCA program serve as a comprehensive mechanism to monitor child and family well-being, assess financial needs, and facilitate the enrollment process for new children. These visits allow social workers to provide targeted support and interventions, ensuring that the program's objectives are effectively met.



# Success Stories

## Success Story-1

Child Name: Soniya, CH ID: 806738

Mother's name: Poonam

Soniya's journey is truly inspiring, and it's wonderful to see how she has embraced her passion for sports, specifically Taekwondo, and achieved remarkable success despite the economic challenges her family faces. Her dedication and hard work are commendable, and it's evident that she has a clear vision for her future.

The support she receives from CFCA has played a crucial role in her development. Through their assistance, she has been able to pursue her education in a private school and access opportunities for sports training and competitions. This support has not only empowered Soniya but also benefited her siblings, highlighting the positive impact of such organizations on families in need.

Soniya's accomplishments in Taekwondo are impressive, with multiple victories at the inter-school, district, state, and national levels. Her desire to represent India in international events like the Olympics and Commonwealth Games showcases her ambitious spirit and determination. It's heartening to see that she aspires to serve her country as an Army officer, further emphasizing her commitment to making a positive impact on society.

As she prepares for the National Level Taekwondo Competition in Goa, scheduled for January 2023, it's essential for Soniya to continue receiving the support and guidance she needs to sustain her hard work and achieve her goals. The encouragement and motivation provided by CFCA, and her family will be crucial in nurturing her talent and helping her succeed.

Soniya's story is a testament to the transformative power of sponsorship programs and the potential within individuals, regardless of their background. It serves as an inspiration to others facing similar circumstances, demonstrating that with determination, support, and



opportunities, dreams can be realized.

## Success Story-2

Child Name: Anshika, CH ID: 906539

Mother's name: Meenu

Anshika's story is a testament to her resilience and determination to excel in sports, despite her economically disadvantaged background. Her passion for sports and her commitment to honing her skills have brought her numerous accolades and recognition, particularly in Table Tennis.

Growing up in Delhi with her hardworking parents and grandparents, Anshika has always been interested in sports. Initially, she excelled in Taekwondo, winning gold medals in 2015. However, her interest shifted to Table Tennis, where she discovered her talent and potential.

Although her family faced financial difficulties and societal criticism for encouraging her sports pursuits, Anshika's father remained steadfast in his support. He recognized her talent and worked hard to provide her with the necessary training and opportunities to pursue her dreams.

Anshika's journey in Table Tennis began in 2018 when she participated in school-level competitions and secured the first position. Since then, she has consistently participated in district, state, and national-level tournaments, earning an impressive collection of around 30 medals.

The support Anshika receives from CFCA has been instrumental in her development as an athlete. The organizations have provided guidance, motivation, and financial assistance, enabling her to pursue her passion and receive additional training beyond what her family could afford. This support has relieved some of the burdens her family faces, allowing them to focus on her education and future.

The appreciation Anshika has received in the form of shields, cups, medals, and certificates from schools and sports events holds significant meaning for her and her family. It serves as a testament to her hard work and dedication, further fueling her determination to succeed.

Anshika's family is immensely grateful to CFCA for their continuous support. They recognize that this assistance has not only contributed to Anshika's education but has also played a vital role in nurturing her talent and guiding her towards a bright future.

The inspiring journey of Anshika showcases the transformative power of sponsorship programs in empowering children from disadvantaged backgrounds. Her story highlights the importance of support, both financial and emotional, in helping young individuals realize their dreams and



achieve their full

### **Success Story-3**

Child name- Inzmamul, CH:

Mother's name- Shaina

### **The Boy Who Dared to Dance: Inzmamul Inspiring Tale of Triumph!**

Inzmamul, a fifteen-year-old child, living with his family of 4 in Delhi. The father is the sole



earner of the family. In 2013, Inzmamul's mother came to know about CFCA and its sponsorship program in Hauzrani. They applied for sponsorship in 2013, and by December 2013, Inzmamul received acceptance for the sponsorship program from CFCA.

This is how his story goes: Inzmamul's story is a powerful testament to the resilience and determination of a young individual who pursued his passion for dance against various odds. Despite facing financial hardships and societal norms that discouraged boys from pursuing dance, he never gave up on his dreams.

His journey began with self-learning through TV shows and online tutorials, a testament to his resourcefulness and dedication. When he finally had the opportunity to join a dance academy, his talent and commitment were recognized, and he received sponsorship for his dance classes. This marked a turning point in his journey, and he continued to progress, eventually becoming a dance teacher himself.

Inzmamul's participation in various shows and events, along with his accomplishments in dance competitions, showcased his talent to a broader audience. He never compromised his studies and managed to strike a balance between academics and dance, demonstrating discipline and focus.

His success continued as he auditioned for and secured a spot in the Unstoppable Dance Championship - Season 4, which further validated his dedication and hard work.

Inzmamul's story is not just about dance it is about defying stereotypes and pursuing one passion whole heartedly. He broke societal norms and proved that with perseverance, support, and self-belief, dreams can indeed come true. He became an inspiration to others, showing them that it is possible to achieve their goals by following their hearts and staying true to their dreams.

As he envisions a future filled with dance, Inzmamul is likely to continue inspiring others and making a positive impact through his passion and talent. His story reminds us of the power of determination and the importance of encouraging and supporting young talents in their pursuits.



## Success Story-4

Child Name: Gaurav, CH ID:  
Mother's name: Madhu Saini

### Rising from the Ashes: Madhu Saini's Extraordinary Journey with CFCA

In the year 2012, Madhu Saini became a part of the CFCA (Community Foundation for Children and Aging) family, a turning point in her life when she was struggling to meet the basic needs of her family. As a mother of two, Gaurav (sponsored child) and Yukti, Madhu was determined to provide them with a better life and education, but financial constraints were a constant barrier.

As the sole earner of the family, working as a maid, Madhu's income was barely enough to make ends meet. Her husband's alcoholism only added to their burdens, and her husband and in-laws did not offer any support. Despite these challenges, Madhu was adamant about educating her children and ensuring they have brighter futures. Yukti, the elder daughter, was a diligent and studious child, while Gaurav was sincere and ambitious, aspiring to become an engineer. Madhu's dream was to see them succeed and break free from the shackles of poverty.

However, life had other plans for Madhu. In her journey to educate her children, she faced numerous hurdles. A severe accident left her bedridden for three months, and managing the family's food expenses during this period was a daunting task. The burden seemed insurmountable, but Madhu was not alone she has the support of her children and CFCA. The other sponsored mothers in her group, understanding her struggles, stepped in to offer support. Each of them contributed Rs. 50 to arrange food supplies for Madhu's family, proving the strength and compassion of the CFCA family.

Grateful for the support she received, Madhu never lost hope. She believed that her hard work and perseverance would bear fruit when her children will complete their education successfully. Her belief turned into reality when Yukti's dedication paid off as she excelled in her 12th-grade exams and got selected to take admission in top colleges at Delhi University.

However, financial woes continued to plague Madhu's family. When Yukti was diagnosed with tuberculosis, a significant portion of their income was spent on her treatment. Yet, Madhu refused to let circumstances break her determination. Yukti's health improved, and she pursued her degree in forensic science at Gargi College, Delhi University. Gaurav also shared his mother's fighting spirit and was motivated to pursue engineering. He began his graduation at Delhi University while exploring diploma courses to enhance his skills further. Understanding the financial obstacles on the family, Yukti started giving tuitions at her home. Today, she gives classes to more than 10 students in her one-room set house. Amidst all this, Madhu had to endure disparagement from relatives and neighbors due to her husband's behavior and alcoholism.

But she drew strength from CFCA, which had become a true blessing for her and her family. She saved every



penny she received through the sponsorship program, solely for her children's future education.

Madhu is looking forward to the day when her children would achieve great success, and she would proudly respond to those who mocked her hardships. Through love, determination, and the support of CFCA, Madhu Saini and her family showed that no obstacle is insurmountable when there is unwavering hope and belief in a better future. Theirs is a tale of triumph, a testament to the power of love and education to change lives and break free from the chains of poverty.





