



ANNUAL REPORT 2023-24

"A commitment with dedication and purpose"



**COMMUNITY FOUNDATION FOR CHILDREN
AND AGING (CFCA)**

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APPRECIATION

Community Foundation for Children and Aging (CFCA) offers sponsorship program to families around the world who are living in poverty. The program provides continuous support to specific families over several years, enabling them to work towards a better future. CFCA's program in India supports thousands of children, elderly people, and their families.



The program is guided by the values of integrity, accountability, dignity, and respectful relationships, which help the organization to prioritize the expressed needs of sponsored families. The "Hope for a Family" program describes CFCA's goals for serving sponsored families.

The mothers of sponsored children are important advocates, and the program provides them with encouragement and support as they raise the next generation of leaders. By giving women space to grow and express themselves, the program also increases their ability to help their children. CFCA's work in India relies on cooperation from the Indian government, businesses, and banks. The program has many valuable partners and CFCA expresses its appreciation to them.

Moving forward, CFCA plans to continue its work in India and serve more families as they gain more sponsors. The organization is grateful for the support of its staff and the sponsored families who strive to improve their lives and those of their children in India.

A handwritten signature in cursive script that reads "Daniel Pearson".

Daniel Pearson
Chief International Program Officer
UNBOUND- Kansas

FROM THE DESK OF MANAGING TRUSTEE

This annual report highlights the accomplishments of CFCA in India during the FY 2023-2024. The report is the result of the hard work and dedication of CFCA team members throughout the year. Despite facing challenges, the team's efforts allowed CFCA Delhi to reach close to 3000 underprivileged children and families.

The report extends gratitude to the team members, sponsored children, their families, and aging individuals for their participation and support in CFCA's programs.



CFCA also thanks government institutions for their support in health, food processing and preservation training, and other income generation activities. Additionally, this report expresses appreciation to banking partners for their role in ensuring timely transfer of funds to beneficiaries.

The report offers thanks to UNBOUND-KANSAS and sponsors for their generous support in helping CFCA Delhi make sustainable changes in the lives of underprivileged children and families through education and income generation activities.

The report also expresses confidence that CFCA will continue to reach out to more children and families in need and enhance their capabilities through capacity building, education, and financial support, improving their quality of life and maintaining their dignity in society.

A handwritten signature in black ink, appearing to read 'VKD' followed by 'DASS' in smaller letters, with a long horizontal line extending to the right.

Vinod Kumar Dass
Managing Trustee and Project Coordinator

ABOUT CFCA

On December 30th, 2004, Community Foundation For Children and Aging (CFCA) was officially registered as a legal entity under the Indian Trust Act 1882, with its head office located in New Delhi, India.

Currently CFCA is operating in various parts of Uttar Pradesh and Delhi, and is providing benefits to around 3000 underprivileged children and families through its sponsorship program. These benefits are directly transferred to each child's independent bank account with the assistance and coordination of CFCA's field offices. The marginalized families especially children, receive common benefits through this program.

- ✓ Education (School/Tuition fees, Books/Stationery, Uniform/Clothing)
- ✓ Nutrition/ Medical checkup
- ✓ Skill building & entrepreneurship development program
- ✓ Sports, recreation & educational trips.

CFCA is implementing its programs in diverse locations such as metropolitan cities, semi urban areas, slum and resettlement colonies of Delhi/NCR, and parts of Uttar Pradesh like Prayagraj and Naini. The levels of poverty and socio-economic backgrounds of families in these areas vary. The programs aim to improve child and family welfare and bring sustainable development to the lives of marginalized people.

Our Vision (Dignity, Opportunity, Hope)

CFCA's vision is to play a role in establishing a kingdom of love, peace, and justice by fostering relationships based on mutual respect and enabling people to achieve a life of dignity and brotherhood. CFCA stands by and supports the poor and marginalized communities. The organization provides individual attention and direct benefits to children, youth, elderly individuals, and their families so that they can live with dignity, fulfill their potential, and participate fully.

Our Values

1. Dignity of the Person

CFCA places great emphasis on upholding the dignity of each person in all aspects of its structure and activities. The organization recognizes that a person's participation in society, access to adequate food and housing, opportunities for education, and development of skills are all critical components of ensuring their dignity. CFCA aims to provide these essential elements to individuals and families in need, thereby promoting and upholding their dignity.

2. Integrity and Accountability

CFCA takes its responsibility of managing the resources entrusted to the organization very seriously. The organization is committed to utilizing its resources in a responsible and ethical manner, and adheres to sound business practices. This ensures that CFCA is able to effectively fulfill its mission of serving underprivileged individuals and families with dignity and respect, while also maintaining accountability to its donors and stakeholders.

3. **Respectful Relationships**

CFCA believes that building a relationship of mutual respect between the sponsor and the sponsored person is crucial to achieving its mission. Such a bond is formed between families that come from different cultures and societies, highlighting the values of this humanitarian organization.

HOPE FOR A FAMILY

CFCA's "Hope for a Family" sponsorship program aims to foster the following characteristics in partnership with sponsored members and their families:

1. **Mutual accountability and support:** Yes, sponsored families are encouraged to form a support network within the program, where they can exchange ideas, share experiences and provide support to each other. This helps in creating a sense of community among the sponsored families, which in turn helps in enhancing their overall well-being and provides a support system to them during times of need. Additionally, sponsored families are also accountable to one another, which help in promoting a sense of responsibility and commitment towards achieving the program's objectives.
2. **Decentralized decision-making:** Encouraging sponsored families to take the lead in selecting personalized benefits and service ensures that their individual needs and preferences are met. By involving the families in the decision-making process, they are empowered to actively participate in their own development and take ownership of the program. The support network and internal controls of CFCA provide guidance and oversight to ensure that the decisions made are in the best interest of the families and aligned with the organization's goals and values.
3. **Economic Self- Sufficiency:** CFCA programs aim to help sponsored families and their communities become self-sufficient over time by providing access to resources and opportunities for income generation. By helping families generate their own income, they can become less dependent on external support and more self- sufficient. CFCA also provides training and support to help families develop skills and manage their finances effectively, which can lead to long term economic stability.
4. **Sustainability:** CFCA's sponsorship program aims to empower the sponsored families and their communities to become self-sustainable. CFCA believes that sustainability can be achieved by building the capacity of the sponsored families and their communities to

manage their own development programs over time. This means that the sponsored families and their communities will eventually be able to take ownership of the program and manage many aspects of it with minimal external support from CFCA. The long-term goal is to create self-reliant communities that are capable of sustaining their own development and making a positive impact on the wider society.

5. **Empowerment:** CFCA works towards empowering marginalized groups through various initiatives, including education, income generation activities, and community development programs. The organization believes in promoting dignity, non-violence, and long-term sustainable development to create lasting change in communities.
6. **Capacity building:** CFCA's sponsorship program focuses on empowering sponsored families to become self-sufficient through various capacity-building initiatives, such as income-generating activities, access to education and training, and community development programs. The aim is to support families in developing their own skills and resources, rather than simply providing them with material goods or aid.
7. **Goal orientation:** CFCA aims to empower sponsored members and their families by helping them develop clear personal plans that align with their values and goals. By regularly interacting with sponsored members and their families, CFCA staff can better understand their unique situations, needs, and aspirations. Through these interactions, CFCA can help sponsored members identify their strengths and weaknesses and work with them to create realistic plans to achieve their goals. These plans may include education and vocational training, health and nutrition programs, micro finance opportunities, and community development initiatives. By supporting sponsored members and their families in their efforts to improve their lives, CFCA helps them achieve a dignified status in society. Through this approach, CFCA is able to make a lasting impact on the lives of sponsored members, their families, and their communities.
8. **World View:** CFCA sponsorship program focuses on empowering marginalized individuals and families by providing them with the necessary resources, education, and support to improve their lives and become agents of positive change in their local communities. Through CFCA's sponsorship program, sponsored members receive financial assistance for their education, healthcare, nutrition, and other basic needs. They also have access to various programs and services that help them develop important life skills and improve their self-esteem, such as vocational training, entrepreneurship program and community development projects. CFCA sponsorship program also helps sponsored members realize that they are part of a larger community of people who care about their well-being and success. By fostering a sense of connection and shared responsibility between sponsored members and their sponsors, CFCA helps to create a global movement of individuals working together to build a better world. Through this approach, CFCA is able to empower sponsored members to achieve their full potential and become leaders in their communities, creating a positive ripple effect that benefits not only themselves but also those around them.

9. **Culture of learning:** CFCA's projects function as cultural centers of learning that benefit not only sponsored members but also their families and communities. Through its programs, CFCA encourages active participation and engagement from the community members, helping them to develop essential skills and knowledge to create positive change in their own lives and communities. CFCA's approach is based on a continuous process of reflection and action, where the community members are actively involved in defining their goals, measuring their progress, and utilizing the results to improve and adapt their programs to changing circumstances. This approach helps to ensure that the programs are culturally relevant and appropriate to the needs of the community, while also promoting a sense of ownership and empowerment among community members. CFCA also works to build the capacity of community members to eventually develop and manage key programs independently of CFCA, creating a sustainable and long-lasting impact in the community. By fostering a culture of learning and empowerment, CFCA's programs help to create a positive and lasting impact on the lives of sponsored members, their families, and their communities.

This annual report serves as a means of transparency and accountability for CFCA's stakeholders, including sponsors, donors, and partners, by providing a detailed account of the organization's activities and outcomes for the year.

CFCA works in Delhi in the following areas Pochanpur village, Dwarka Sector- 23 (DPP), Masjid Moth village (DSJ-M),Hauzrani Village (DSJ-H). Further, CFCA is also working in areas of Prayagraj- Beli, Katra, Mumfordganj, Nayapura, Sadiabad (PRJ) and Nibi village from Cheoki (PRN).

HIGHLIGHTS OF THE KEY PROGRAM ACTIVITIES

1.Impact Assessment Studies: Poverty affects every family differently. That's why the Poverty Spotlight was created as both a metric and a methodology to enable families to assess their levels of poverty and to carry out personalized strategies to overcome their specific deprivations. The Poverty Spotlight defines what it means "not to be poor" across 6 dimensions which are as follows:

- Income & Employment
- Health & Environment
- Housing & Infrastructure
- Education & Culture
- Organization & Participation
- Interiority & Motivation.

These dimensions are further divided into 50 indicators. Each indicator is represented by three images and simple explanations that the family uses to complete a self-evaluated survey. Each

image represents a situation which defines extreme poverty (red), poverty (yellow) and non-poverty (green). This helps identify the family's status for each specific indicator.

The self-evaluation survey is conducted using software that can be used on computers, tablets, or mobile phones. Its results allow for easy visualization by showing families their strengths in green and areas for improvement in yellow and red.

Thus the Poverty stoplight breaks down the overwhelming concept of poverty into smaller, more manageable problems that can be solved through simple interventions, making the “invisible” manifestations of poverty visible in the shape of simple, understandable indicators

One of the methodology’s greatest strength lies in motivating positive results from what is measured. By seeking solutions to each indicator, it helps generating actions and priorities to better channel existing resources and to promote collaboration among all stakeholders. Through CFCA Delhi we are able to reach up to 76% of the sponsored families through this survey and were able to set priorities for each of the families to work on so that they can start moving ahead from their levels of poverty which is from color red to yellow to green.



2. Program Evaluation: Program evaluations are assessments that an organization does periodically to determine the effectiveness of a given program, and are designed to address both the *implementation* of a program, (*is this program being implemented as designed?*) as well as the *impact* of the program (*is this program accomplishing its purpose?*).

Purpose

Program Evaluations are integral to the program planning process that every successful organization needs. Having clearly defined goals and objectives that can be measured means an organization must first have a clear vision for their purpose; who and how they are helping in their community. Aligning their measurement strategies will help both define and tailor their programming to better address their community’s needs.

Proof

From a resource sharing agency’s viewpoint, the data gathered from this evaluation is extremely important. It serves as proof that their resources made a positive impact for real people.

Solution

Data for the measurable impact of an organization highlights not only that there is a need within this community, but this organization is the solution to meeting that need. Since resource sharing agency people are looking for ways to be part of a solution, it's critical to show that your organization can not only identify a specific community need, but provide the solution.

Support

Evaluation data not only helps raise awareness of specific needs, but also establishes a possible solution or answer to that need, creating the opportunity for more 'helpers' to get involved with your meaningful work. The more you can raise awareness and show that your work is making a difference, the easier it will be to get support!



3. Correspondence: Effective communication is an essential part of building relationships, and this is especially true in the context of CFCA's sponsorship program. By facilitating communication between sponsors and sponsored friends, CFCA helps to reinforce the connection between them and build a sense of shared responsibility and commitment.

One of the ways that CFCA facilitates communication is through letter writing. Children within the program are encouraged to write letters to their sponsors, sharing information about their academic performance, accomplishments, activities, past experiences, and day-to-day life. These letters are an important way for sponsors to stay connected with their sponsored friends and to understand the impact of their support on the lives of the children and their families.

In addition to letter writing, CFCA also facilitates other forms of communication between sponsors and sponsored friends, such as video messaging. These interactions help to further strengthen the bond between sponsors and sponsored friends and allow them to share their experiences and learn from one another.

Overall, communication is a critical component of CFCA's sponsorship program, as it helps to build trust, understanding, and a sense of shared purpose and commitment between sponsors and sponsored friends.



4. Child Protection Policy: Child Protection Policies include guidelines for **preventing child abuse**, ensuring access to quality education and healthcare, addressing child labor and exploitation, providing legal safeguards for victims, and promoting awareness about child rights.



- The abuse of children/youth around the world in all countries and cultures is common, but it is preventable.
- Our core values require us to take child protection seriously:
 - Dignity of the person: We must protect the dignity and safety of every child/youth in the program.
 - Respectful relationships: We must ensure that all relationships in the program are healthy and empowering.
 - Integrity and accountability: We must confront abuse and suspicions of abuse in the program directly and immediately.

5. Home Visits/ Survey: Home visits are essential for understanding the context, building relationships, and ensuring effective support in sponsorship programs. They allow the social workers to connect with families on a personal level and tailor assistance to individual needs.

Building Trust and Relationships: When Social Workers visit the homes of sponsored children, it helps establish strong, positive communication between parents/guardians and social workers. Parents often feel more relaxed and comfortable at home, which fosters trust and partnership.

Understanding Family Context: Home visits provide insight into the lives of the children being supported. Social Workers can see the family's struggles, identify their needs, and understand the challenges they face. This firsthand knowledge enables better-targeted support for each child.

Assessing Impact: By visiting homes, social workers can assess the impact of sponsorship programs. They observe the living conditions, family dynamics, and the children's well-being. This information helps evaluate the effectiveness of the support provided.



6.Parivartan ke sehyogi program: “Parivartan ke Sehyogi program” describes the initiative and self-motivation of the sponsored mothers in addressing their own problems existing in the communities. Parivartan ke sehyogi turned out to be a “community based and community-driven program which is designed by the community members themselves”. Mothers transform this opportunity beautifully to seek solutions to the problems that are feasible and manageable to them. Our sponsored mothers group members learn to partner together and work in a structured way with commitment towards a common goal.

We know there is a wide array of socio-economic disparities present in the community but Parivartan ke sehyogi program has helped the mothers understand that “we do not have an overall solution for the varied issues in the communities but we together can initiate small changes which will augment the effort in impacting the issues and together we can grow.”



Sub-Project-DPP(Pochanpur), DSJ-M (Masjid Moth) & DSJ-H(Hauzrani)

ACTIVITIES

The activities conducted during the year 2023-2024 as per the government guidelines and strategy of the organization are mentioned below-

Core/ Coordination Members Meetings

CFCA's combined meetings for the core and coordination team members from Pochanpur, Hauzrani, and Masjid Moth villages serve as important platforms for collaboration, planning, and sharing information. These meetings typically involve the participation of around 30 mothers who actively contribute to the discussions and decision-making processes.

The primary purpose of these meetings is to discuss and review the monthly activities carried out by CFCA in the respective villages. This allows for a comprehensive evaluation of the progress made and provides an opportunity to address any challenges or concerns that may have arisen. By sharing their experiences and insights, the mothers contribute to the continuous improvement and effectiveness of CFCA's programs and initiatives.

Additionally, these combined meetings also serve as a forum for introducing new initiatives and ideas from resource-sharing agencies. The mothers have the chance to learn about these initiatives and discuss their potential implementation within their communities. This exchange of information and perspectives ensures that the introduced initiatives align with the needs and aspirations of the community members.

By actively participating in these combined meetings, the mothers play a vital role in shaping the direction of CFCA's activities and initiatives. Their input, feedback, and suggestions contribute to the overall success and impact of the programs implemented by CFCA. Through this collaborative approach, CFCA and the mothers work together to create positive change and uplift their communities.



Annual Day Celebration

On February 17th, 2024, CFCA Masjid Moth, Hauzrani, and Pochanpur Subprojects came together to celebrate their annual function at SL House, Malviya Nagar. This grand event witnessed the participation of approximately 300 members, including mothers and children. The annual day celebration is a momentous occasion that aims to honor and celebrate the achievements of sponsored children and their families throughout the year.

The primary objective of the annual day celebration is to provide a platform for sponsored children and their families to showcase their talents and skills. The event encompasses a variety of cultural and educational activities, performances, and competitions. It typically takes place towards the end of the academic year and is attended by project staff, sponsored children, and their families.

During the annual day celebration, sponsored children have the opportunity to display their academic accomplishments, as well as their extracurricular achievements. Various activities, such as dances, dramas, and music performances, allow the children to demonstrate their diverse talents and receive recognition for their hard work and dedication.

Overall, the annual day celebration organized by CFCA Masjid moth, Hauzrani, and Pochanpur Subprojects is a moment of pride and joy. It allows sponsored children to shine, encourages their continued growth, and deepens the bond between sponsored families and project staff. The event represents a shared celebration of achievements, creating a vibrant and supportive CFCA community.



Annual Review & Planning

The annual review and planning workshop held for the Pochanpur, Masjid Moth, and Hauzrani subprojects proved to be a successful event, with a significant participation of 190 mothers. This gathering provided a valuable opportunity for mothers, youth, and children to come together and collectively discuss their needs and goals for the upcoming financial year.

Mr. Dass, the Project Coordinator of CFCA Delhi, attended the event and played a crucial role in sharing important information about program development, challenges faced, and new initiatives that were in the implementation stage for the next year. His presence and insights helped the participants gain a deeper understanding of the program and its future prospects.

The event served as a platform for open and constructive dialogue, where mothers could express their thoughts, concerns, and suggestions. Through this engagement, they actively contributed to the strategic planning of activities aimed at benefiting the children and families involved in the CFCA program.

The support provided by CFCA was greatly appreciated by all the participants. The workshop not only allowed for meaningful discussions but also fostered a sense of gratitude and unity among the members. The collaborative environment helped build stronger connections within the community and strengthened their relationship with CFCA.

Overall, the workshop was characterized by productivity and enjoyment. It enabled the participants to strategically plan activities that would have a positive impact on the welfare of the children and families. The plans formulated during the workshop were consolidated and would be shared in the Annual plan preparation for the next year, ensuring a well-rounded and inclusive approach to program development and implementation.



FP Foundation Visit

Fundacion Paraguaya Team visited CFCA Delhi to know about the PSL implementation and challenges that Delhi project might have come across and to know how these impact assessment studies are bringing about a change in the lives of families within its subprojects. During the visit, Fundacion Paraguaya Team shared how they introduced the concept of the Poverty Stoplight survey and its significance in measuring poverty levels. They shared insights on how the survey have empowered communities to understand and address their poverty.

Delhi Team Staff shared their journey of adopting the PSL survey methodology, inspired by Martin Burt's book. They described how they collaborative idea with the Fundacion Paraguaya team through virtual meetings to initiate the survey process in the field.

Focus Group Members, predominantly mothers, expressed how the survey experience deepened their understanding of each other's challenges. They candidly shared the day-to-day hardships faced by their families, fostering empathy and solidarity within the group.

Participants engaged in discussions about the challenges encountered during the survey process, including logistical hurdles and cultural barriers. They collectively brainstormed solutions, emphasizing the importance of community engagement, cultural sensitivity, and technological innovation.

The Fundacion Paraguaya team expressed satisfaction in witnessing the collaborative sharing of experiences and solutions by mothers and staff. The meeting concluded on a positive note, reaffirming the commitment to continue the PSL survey implementation as a tool for poverty measurement and community empowerment.



Youth Meetings/ Seminar

In a proactive move aimed at empowering and motivating young participants, Youth Forums have been initiated across the sub-projects in Delhi. These forums serve as dynamic platforms for fostering interaction, understanding, and collective action among the youth of CFCA. The

meetings were designed to inspire participants, encouraging them to engage actively with one another and explore avenues for personal and collective growth.

Key discussions during the meetings revolved around the pivotal role of youth in driving positive change within the program and broader community. Participants deliberated on strategies to leverage their energy and enthusiasm to enhance program activities and initiatives. Emphasis was placed on nurturing leadership skills among youth, enabling them to take ownership of their respective youth groups and initiatives.

In addition to leadership development, the forums also addressed financial empowerment. Participants were introduced to the concept of savings and offered the opportunity to establish a communal fund for educational purposes. This initiative aims to facilitate access to affordable education by enabling participants to lend and borrow from the fund at minimal interest rates.

The enthusiastic response from youth participants underscored their keen interest in the forums' objectives. Their active involvement and commitment to driving positive change bode well for the success and sustainability of the Youth Forums in fostering a culture of empowerment, collaboration, and community engagement among CFCA-Delhi's youth.



Training of Mother's on best accounting practices

A recent accounts training session was conducted for mothers, with a focus on educating mother leaders about the necessity of maintaining meticulous records of expenses from their child accounts for government compliance.

The accountant emphasized the importance of this practice and provided guidance on checking bill vouchers related to child education and health expenditures. Detailed discussions were held on discerning between authentic and fake bills, eliciting significant interest from the mothers in enhancing their bill verification skills. Concerns were raised regarding difficulties in obtaining coaching-related bills, prompting the accountant to offer practical solutions to improve bill checking processes.

Furthermore, mothers were advised on categorizing expenses to simplify record-keeping and were encouraged to prepare summaries of expenses for efficient management. Overall, the session aimed to empower mothers with essential financial literacy skills and equip them with the tools needed to ensure compliance and effective expense management.



Health Awareness Camp- Mother's

An awareness workshop on women's health and reproductive health personal hygiene was conducted under the DPP subproject, led by Dr. Rashmi Garg. The workshop saw the enthusiastic participation of around 150-170 mothers. Dr. Garg focused on educating the attendees about crucial health and sanitation issues specifically related to women. The session began with an introduction to common women's health issues, followed by detailed discussions on reproductive health, including menstrual health, contraception, and pregnancy. Emphasis was placed on the importance of personal hygiene practices to prevent infections,



with practical tips on menstrual hygiene management and proper hand washing techniques. An interactive Q&A session allowed participants to address their concerns and clear misconceptions. The feedback from participants was overwhelmingly positive, with many expressing a commitment to improving their health practices based on the insights gained. This workshop not only increased awareness but also empowered mothers with the knowledge to maintain better health and hygiene, highlighting the need for ongoing educational initiatives.

National & International Day Celebration

Independence Day Celebration

Independence Day was celebrated enthusiastically in Pochanpur (DPP), DSJ-H (Hauzrani), and DSJ-M (Masjid Moth) subprojects. In Pochanpur, 120 children and mothers gathered to honor freedom fighters and learn about India's history. DSJ-H hosted a sports competition with 70 participants, fostering camaraderie. DSJ-M featured a poster-making competition and cultural program, with 55 participants expressing patriotism through songs and dances.

International Women's Day Celebration

International Women's Day was celebrated in Pochanpur, Hauzrani, and Masjid Moth Villages. In Hauzrani, mothers enjoyed a picnic, forming new connections. In Masjid Moth, a workshop featured Ms. Chandrima, a cancer survivor, who inspired attendees with her story of resilience. The events provided a platform for women to celebrate achievements and find motivation.

Republic Day Celebration

Republic Day was celebrated in Pochanpur, Hauzrani, and Masjid Moth Villages with 250 participants. Organized by CFCA's Core and Coordination committees, the events included cultural performances emphasizing 'Unity in Diversity.' Social Workers highlighted constitutional values and responsible citizenship. Refreshments fostered unity, instilling patriotism and national pride in children and youth.

International Yoga Day Celebration

International Yoga Day was celebrated across CFCA subprojects with children and mothers practicing yoga in parks and open spaces. The events emphasized yoga's benefits for physical



and mental health, promoting relaxation, flexibility, and mindfulness. Participants learned about yoga's origins and philosophy, fostering community and holistic well-being.

Staff Training/ Youth Scholar Workshop

Staff Training Workshops are an important activity in CFCA where several important topics are covered to ensure staff members stay updated and informed. The meeting serves as an opportunity to discuss key revisions in the Unbound policy manuals, addressing any changes in FCRA (Foreign Contribution Regulation Act) policies, and providing necessary guidelines for compliance.

Recognizing the crucial role played by Youth Scholars, a significant portion of the training was dedicated to them as well. They were given a half-day session to better understand their roles and responsibilities, including the process of letter writing and translation. This allowed them to gain a clearer conceptual understanding, ultimately contributing to the growth and sustainability of the organization. The staff meeting/Youth Scholar training was a productive and collaborative platform where staff members and Youth Scholars could engage in discussions, share their experiences, and enhance their knowledge.

By addressing policy updates, compliance issues, and providing specialized training, CFCA aims to ensure that staff members are equipped with the necessary skills and knowledge to fulfil their roles effectively. These regular staff meetings/training sessions are essential for fostering a supportive and knowledgeable work environment, promoting growth, and ensuring that CFCA continues to deliver its mission of empowering sponsored children and their communities.



Resource Sharing Agency Visit

For a charity organization like CFCA, every donor plays a crucial role in providing the necessary support for conducting its programs. Organizing donor visits has significant outcomes, one of which is strengthened relations with the donor. When a donor shows interest in visiting a project, it signifies their engagement and interest in the organization's work with their support. It becomes important to facilitate an open interaction between the donor and the project beneficiaries, allowing the donor to understand the impact and challenges faced by the organization in implementing the project.



Unbound, as a resource sharing agency, also conducts visits to projects to assess and strengthen programs. In a specific visit conducted from 28th Feb onwards Ms. Malou, Regional Director from Philippines and Mr. Dan, the Chief International Program Officer at Unbound, visited Delhi subprojects and had the opportunity to meet with sponsored families. During their visit they learned about the best practices followed across the Delhi subprojects. The community mothers and sponsored children warmly welcomed them and shared their development journey with CFCA.

Such visits not only allow the donors and officials to witness the positive impact of their support but also provide an opportunity for the organization to showcase its work and build stronger relationships with the donors. It creates a platform for mutual understanding, appreciation, and collaboration, ultimately enhancing the effectiveness and sustainability of the organization's programs.

Birthday Celebration

Throughout the year, our subprojects have embraced the tradition of quarterly birthday celebrations for children hailing from lower-middle-class backgrounds. This initiative, led by dedicated core members with the guidance of social workers, reflects our commitment to fostering a sense of togetherness and joy within the community.

Careful planning precedes each event, ensuring that no detail is overlooked, from the vibrant decorations to the delicious cakes, refreshments, and the selection of a thoughtful, uniform gift for each child, underscoring our dedication to equality and inclusion. The celebrations themselves are vibrant affairs, filled with laughter, music, and the shared enjoyment of activities like dancing and singing. Furthermore, these gatherings serve as invaluable opportunities for children to develop social skills, build confidence, and form lasting friendships. Beyond the festivities, these gatherings serve as powerful catalysts for community bonding, nurturing



relationships and a deep sense of belonging among all participants, ultimately enriching the fabric of our collective experience. As an integral part of our organization's mission to empower and uplift marginalized communities, these birthday celebrations exemplify our ongoing commitment to holistic development and inclusivity.

Government Interface- Nidhi apke Nikat- Visit by PF Department

On 27th March, 2024, the Provident Fund department staff visited the CFCA office from Delhi South regions to address any queries related to PF departments of the staff or organization. Many organizations and individuals including CFCA staff were able to get their matters resolved related to PF withdrawals. Pension schemes etc. This was a very helpful session and the staff from the department was polite and helpful.



Health Camp

Quarterly health camps are an integral part of our commitment to ensuring the well-being of children across all subprojects throughout the year. Each camp offers a comprehensive health checkup for every child, meticulously conducted by a qualified doctor. From assessing height, weight, and vital signs to examining eyes, nodes, nails, and tongue, no aspect of a child's health is overlooked. Records of these checkups are diligently maintained in individual health cards, serving as valuable repositories of each child's medical history. Beyond mere assessments, these camps serve as platforms for community engagement and education, involving parents and caregivers in discussions about preventive healthcare practices. Any identified health issues are promptly addressed, with the doctor providing medications for common ailments and making referrals to hospitals for more serious cases. Through proactive follow-up mechanisms, we ensure that children receive ongoing support and care, ultimately fostering a community where every child can thrive in good health.



Child Protection Policy Workshop/ Trainings (CPP)

The Child Protection Policy workshop, held with mothers, was a pivotal step in our commitment to ensuring the safety, well-being, and rights of children within our organization or community. This session served as a comprehensive guide, outlining detailed guidelines, procedures, and protocols to effectively prevent and respond to any form of child abuse, neglect, or exploitation. With a focus on creating a nurturing environment, the workshop delved into crucial topics such



as identifying signs of abuse, establishing reporting mechanisms, and fostering open communication channels with children. Participants were equipped with insights into legal requirements, best practices, and practical strategies for implementing robust child protection measures within their respective domains. Furthermore, the workshop employed a multi-modal approach, incorporating visual and audio aids to effectively convey complex concepts and facilitate meaningful discussions. By empowering mothers with the knowledge and tools to safeguard children from various forms of harm, while promoting their rights and welfare, the Child Protection Policy workshop stands as a cornerstone in our collective efforts to create a secure and supportive environment for our community's children.

Mother's Exposure Trip

Throughout the year, we organize two exposure trips for mothers across all subprojects to enhance their understanding of income generation programs and to familiarize them with organizations working for community welfare. These trips serve as invaluable opportunities for mothers to broaden their knowledge, gain new skills, and foster connections with like-minded individuals. By bringing together mothers from different subprojects under one roof, we facilitate collaborative learning and mutual support. During these trips, participants visit esteemed organizations such as Vimarsh Organisation Khurpatal, Jyoti Vikas, Jaipur, among others, where they engage in interactive sessions, learn about innovative initiatives, and exchange ideas with experienced professionals. These exposure trips not only empower mothers with practical insights and inspiration but also strengthen their role as change agents within their communities. Through collective efforts and shared experiences, we strive to create a brighter and more prosperous future for all.



Children's Educational/Exposure Trip

During our summer camp program, we offer children an array of educational trips and excursions to museums, theme farms, and water parks, providing them with enriching experiences beyond the classroom. Museum visits immerse children in diverse subjects such as science, history, and art, sparking curiosity and broadening their understanding of the world. Theme farm excursions offer hands-on learning opportunities in agriculture and animal husbandry, fostering a connection to nature and sustainable practices. Additionally, trips to water parks provide thrilling adventures and refreshing fun, promoting physical activity and social interaction. These excursions not only offer children a break from routine but also stimulate their minds, ignite their imagination, and create lasting memories of summer exploration and learning.



Festival Celebration

In our community's vibrant tapestry of festivals, we not only embrace diversity but also actively engage children in the celebration of cultural richness. During festivals like Holi, Eid, Diwali, Teej etc, children from various backgrounds, including lower-income families, eagerly participate in the festivities, adding their unique energy and creativity to the mix. One of the highlights of these celebrations is the active involvement of children in preparing posters that showcase the essence of each festival, depicting vibrant colors, symbols, and traditions associated with Holi, the warmth of family gatherings during Eid, the radiance of lights during Diwali. These posters serve not only as artistic expressions but also as reminders of the values of unity, respect, and inclusivity that lie at the heart of our community. By actively involving children in festival preparations and celebrations, we not only nurture their cultural awareness and creativity but also instill in them a sense of pride in their heritage and a deep appreciation for the diversity that enriches our collective identity. Together, as a community, we celebrate not just the festivals but also the boundless potential of our children to shape a future filled with understanding, compassion, and unity.

Holi Celebration: Mothers from diverse cultural and religious backgrounds come together to decorate the community center, infusing it with vibrant colors and festive cheer. During the Holi celebration, these mothers, along with their children, joyfully play Holi, applying colors to each other irrespective of their cultural or religious affiliations. This celebration exemplifies the spirit of unity and inclusivity as they revel in the joyous festival of colors, transcending boundaries and fostering a sense of camaraderie within the community.

Eid Celebration: Mothers gather to adorn the community center in preparation for Eid festivities. On this auspicious occasion, families come together to offer prayers and share traditional delicacies, symbolizing unity and gratitude. Children partake in activities such as creating decorative displays and exchanging sweets, strengthening bonds of friendship and harmony. Through the celebration of Eid, the community embraces the values of compassion, generosity, and togetherness, embodying the spirit of brotherhood that transcends cultural differences.



Diwali Celebration: As Diwali approaches, mothers unite to embellish the community center and prepare for the auspicious occasion. During the celebration, prayers are offered to Lord Ganesha and Goddess Lakshmi, invoking blessings for prosperity and knowledge. Families come together to light traditional oil lamps, symbolizing the victory of light over darkness and good over evil. This celebration of Diwali fosters a sense of spiritual renewal and communal solidarity, as mothers and children come together to share in the joy of new beginnings and blessings.

Workshop on Integration of Bio- Technologies (NSUT)



The Bio-Technology Workshop organized by Netaji Subhash University technologies aimed to empower participants with knowledge and skills in the field of biotechnology. The workshop took place at CFCA Community Resource Centre, DPP, in which mothers got to learn a lot about this bio-tech plants that how it can help them and also how it can reduce the amount of LPG gas, as they can do it by themselves with the help of University students. Prof. told the mothers that this is initiative of university in which students work in the community for a particular time under the community welfare, which is mandatory for the students to complete it for that they need the help of the people living in the village.

Mothers raised their queries with the professor about the plants and what needs to be done for the same from their side as they are not properly aware about this, on that professors replied that they need a space where they can store cow buffalo dung and waste left out from their meals and vegetables.



Sub-Project-PRJ(Prayagraj)& PRN(Naini)

ACTIVITIES

The activities conducted during the year 2023-2024 as per the government guidelines and strategy of the organization are mentioned below-

PSL Priority- Awareness on Fundamental Rights

A Fundamental Rights Workshop was organized by CFCA Staff on the PSL indicator priority, with around 1,235 members participating. The workshop aimed to guide the youth and mothers about the fundamental rights provided by the government, which are designed to protect citizens' freedom and shield them from exploitation.

Before the workshop began, everyone gathered at the Aashirwad Hall, where the staff welcomed all the mothers and youth. Following this, all attendees signed the attendance sheet, and the workshop commenced. During the session, BrijLal sir posed questions about the fundamental rights and duties that everyone should know and follow. A PowerPoint presentation was also shown to complement the workshop. Some mothers faced difficulties understanding the terms due to limited education but made efforts to grasp the concepts. The

youth, having studied these rights in their social studies books, found them easier to understand.

The fundamental rights discussed included the right to equality, the right to freedom, the right against exploitation, the right to freedom of religion, cultural and educational rights, the right to property, and the right to constitutional remedies. These rights are essential and must be correctly followed by every citizen. The workshop proved to be informative for all the staff, youth, and mothers, emphasizing the importance of being aware of these fundamental rights.



Annual Celebration

To add energy and lightness to the event, sponsored children presented various cultural programs, including solo and group dance performances based on regional themes and nationalism. These activities helped the participants feel connected to the CFCA staff family. Youth scholars assisted the staff in conducting the program smoothly, ensuring that the attendance of every participant was properly recorded and maintaining discipline throughout the event.

During the programs, Praveen Sir, Anchal, and Brijlal Sir delivered speeches to keep the participants engaged and provided essential guidelines related to the program. All core committee and coordination committee members were introduced to the participants, so they knew whom to seek for help when needed. Some core committee members also performed a group dance.

The project coordinator, Mr. V.K. Dass, attended the function and interacted with the children and mothers after the performances. He explained various aspects of the CFCA program. By the end of the program, gifts were presented to outstanding students and children excelling in sports and other activities, with Mr. Dass boosting their confidence through his appreciation.

Additionally, Mr. Dass presented gifts to the staff of Prayagraj and the youth scholars. Refreshment packets and gifts were also provided to all the mothers by the organization. The entire program was conducted smoothly and efficiently, leaving all the participating mothers and children very happy with the arrangements.



Recreational Activities/ Birthday celebration

Every quarter, CFCA hosts a special day for sponsored children, showering them with gifts and good wishes, especially for those families who cannot afford to celebrate their children's birthdays. Recently, the mothers of sponsored children, with the help of CFCA staff, organized a birthday celebration at the guest house.

The event began with a warm welcome to the mothers and children. Mr. V.K. Dass, the project coordinator from the Delhi project, was also present and shared many insights with the attendees. He introduced the impact assessment studies and video messages, providing key points on PSL and the significance of these messages. The children were thrilled and happy to celebrate their birthdays together.



Some mothers and children presented cultural programs, adding to the festive atmosphere. In the presence of Mr. Dass, the children cut the birthday cake, filling the room with joy and excitement. The CFCA staff and mothers sang songs for the birthday children, creating a cheerful and celebratory mood. After the cake-cutting, each child received a gift and a

refreshment box containing a pastry, chocolate, and wafers. The children thoroughly enjoyed and celebrated their birthdays with great joy, making it a memorable day for everyone involved.

Child Protection Policy Training

The Community Foundation for Children and Aging (CFCA) is dedicated to the sustainable development of children and communities. CFCA ensures that all children and youth feel safe and participate in activities with great joy. CFCA/Unbound has implemented a Child Protection Policy to safeguard sponsored children.

To raise awareness about this policy, a Child Protection Policy Training was organized in Prayagraj. Sponsored children and youth attended the training. The session began with a warm welcome from a CFCA staff member, followed by the commencement of the training on the Child Protection Policy.

A PowerPoint presentation was shown, highlighting the importance of the Child Protection Policy and how it provides protection to every child. The staff shared CFCA/Unbound's guidelines regarding the policy, educating participants about the different types of abuse and the steps for prevention.

Key prevention steps discussed included the requirement that children/youth involved in community-based or other activities must be supervised by two adults, and that rules and visibility protocols must be followed. The staff emphasized that if any sponsored child feels unsafe or encounters any issues related to their safety or security, they should immediately share their concerns with staff members or youth scholars.

During the session, sponsored children expressed their feelings about CFCA, sharing that they feel safe during activities because the organization treats them like family.



Mother's Exposure trip

On Wednesday, February 7, 2024, at 7:30 AM, 55 mothers from the Community Resource Center in Mumfordganj, Prayagraj, set off on a trip to Varanasi by bus. This excursion aimed to foster mutual understanding and expose community members to diverse cultures.

During the journey, the group visited Gandhi's cottage industries, where they learned about starting small businesses with minimal capital. The focus was on how such enterprises could improve their economic conditions and, consequently, enhance their children's education.

After exploring the cottage industries, the mothers visited the Kashi Vishwanath Temple in Varanasi. They also toured various Ghats, including the Manikarnika Ghat, where they received historical insights. In Varanasi, they interacted with people from different regions and engaged with foreign tourists, capturing memories through photographs. They also purchased Prasad from the local market.

The return journey included a boat ride, which was a highlight of the trip and brought much joy to the participants. Overall, the mothers enjoyed the entire program, which provided them with valuable experiences and a deeper appreciation of cultural diversity.



Children & Youth Exposure trip

A youth excursion and workshop were held at Khurpatal on April 17-18, 2023. On the first day, participants arrived at Khurpatal, enjoyed refreshments, and gathered in a common hall. The discussions focused on interpersonal development, the role of education in family upliftment, and career building. Many youth members shared their educational progress and future plans.

Mr. Dass provided insights into youth development and introduced new Unbound programs, including video messaging, Poverty Stop Light (PSL), quality correspondence, and sponsor retention.

Video Messages: Mr. Dass emphasized the importance of video messages for sponsor retention, explaining that they should be no longer than 3 minutes, with proper lighting, clear audio, and accurate subtitles.

Poverty Stop Light (PSL): The PSL program is crucial for assessing community poverty. Youth members learned about its significance in improving family conditions and committed to supporting the PSL survey.

Quality Correspondence: Correspondence is vital for sponsorship programs, allowing sponsors and sponsored children to connect. Youth members were encouraged to write personalized and high-quality letters.

During the excursion, the youth observed the challenges faced by residents of Khurpatal, such as harsh weather conditions, limited resources, and isolation. They learned about the self-sufficiency of mountain communities, including growing their own food, raising livestock, and creating their own clothing and household items.

Quality correspondence: Correspondence is the most important part of the sponsorship program. Through the correspondence, the sponsor and sponsored child get a chance to learn about each other. So every sponsored child should write their letters in a personalized and qualitative manner.



Independence Day Celebration

The Independence Day program was organized with the support of Core Committee members, Youth Scholars, and other staff. The event began with the national flag hoisting, followed by the singing of the national anthem and a patriotic song. National flags were distributed to all participants. Sponsored children showcased cultural programs, including solo and group dances themed around regional and national pride. The staff explained the significance of Independence Day and the "Azadi Ka Amrit Mahotsav," urging everyone to display the national flag at their homes.

Core Committee and Coordination Committee members were introduced to the participants, and the staff expressed appreciation and good wishes to all. Each participant received a pack of refreshments from the staff. The Independence Day program was conducted smoothly and efficiently, and all participants expressed their happiness at being part of the celebration.



Children's Day Celebration & Career Counseling

On November 14, 2023, a Children's Day and career counseling session was held at the Raj Community Hall for all sponsored children and youth. This event aimed to provide better guidance for choosing the right career path while also celebrating Children's Day in honor of Pandit Jawaharlal Nehru's birthday, India's first Prime Minister.

The session began with the staff welcoming the children and youth, followed by attendance registration. Mr. Sanjay, a resource person and teacher by profession, was invited to lead the career counseling.

He introduced himself and shared his own story before starting the session. He posed questions to the children, suggested various courses and study paths, and offered guidance to those struggling to choose the right path. The children were pleased to receive personalized advice and assistance with their education. Some shared their goals and preparations for their futures during this interactive session.

Following the career counseling, the Children's Day celebration commenced. The children recited poems, sang songs, and performed dances, thoroughly enjoying the festivities. The celebration was organized to give children a chance to enjoy their day beyond their birthdays and to foster interactions with their peers. Such gatherings help them grow, learn about the world, and build themselves into capable individuals and future leaders.



Mother's & Youth training on quality correspondence

The training session began with a warm welcome to all social workers, mothers, and youth, with Mr. V.K. Dass, the project coordinator from the Delhi project, also in attendance.

Mr. Dass shared insights on various impact assessment studies, including the Poverty Stop Light (PSL) program, video messaging, AOC, and evaluation. He explained how to conduct the PSL survey within the community and sponsored families, noting that both mothers and youth could assist the staff with the survey. He also introduced several new and upcoming initiatives from UNBOUND and addressed numerous queries from mothers about PSL and video messaging.

One key focus was on improving the quality of video messages sent to sponsors. Mr. Dass emphasized the importance of high-quality video content and provided guidelines for letter quality improvement. He motivated the sponsored children by explaining the significance of video messaging.

The training continued with a session on quality correspondence. Team members shared essential information about PSL and video messaging, including presenting example video messages via projector to demonstrate how children can create their videos. They assured attendees that staff support was available for any difficulties related to PSL surveys and video messaging.

Additionally, the meeting included discussions about a summer training program, with some mothers and youth volunteering as trainers. There were also conversations about community and program development, reflecting a collaborative effort to enhance the overall impact of the initiatives.



Government Interface- Food preservation training

Training plays a crucial role in the development of community members, offering them opportunities to learn new skills and knowledge. CFCA is committed to supporting children, youth, and mothers in underserved communities, ensuring inclusivity regardless of caste, gender, or religion.

The PRN sub-project recently organized a “Food Preservation Training Program” for mothers, which was conducted over two days. The program, led by Mr. Anuj from the Horticultural Department of the Government of Uttar Pradesh, provided valuable insights into food preservation.

Mr. Anuj covered various food items and their preservation timing, explaining that while some foods are sensitive, others can be preserved for longer periods. He emphasized the importance of hygiene in the preservation process, recommending washing and drying fruits and vegetables with water and sodium benzoate before storing them.

The training also included tips on serving food attractively and information on seasonal fruits and pickle making. The mothers of sponsored children participated with great sincerity and enthusiasm. Although the training was theoretical, the participants took detailed notes on food preservation techniques and their applications. The attendees were engaged throughout both days of the program, reflecting their commitment to applying the newly learned skills in their daily lives.



Government Interface- Safe & Secure banking training

A training session on bank safety and security was conducted for mothers, led by a bank officer. The session covered several key topics to help participants manage their banking activities securely.

The bank official emphasized the importance of creating strong, unique passwords for online banking accounts to enhance security. Participants were trained to recognize phishing attempts and deceptive emails or websites designed to steal sensitive information. They were advised to contact the bank directly if they received misleading emails or were unsure about any security issues.

The official also highlighted the need to keep banking apps, operating systems, and antivirus software updated with the latest security patches to protect against potential threats.

Additionally, the training covered various banking facilities, including the use of credit and debit cards, online transactions, and different types of insurance such as life, health, and property insurance. The mothers were also educated about safe practices during transactions to further ensure their security.



Mother's Health Awareness camp

A health awareness camp for sponsored mothers was organized in PRJ, led by Dr. Ragini Mehrotra, a Senior Gynecologist. Dr. Mehrotra addressed various health topics based on questions from the participants, including viral diseases, menstruation, personal hygiene, and reproductive issues.

Dr. Mehrotra emphasized the importance of a balanced diet, suggesting that women include chapatti, pulses, rice, green vegetables, and seasonal fruits in their daily meals. She recommended drinking 2 to 2.5 liters of water daily and incorporating milk, which is rich in iron and calcium. Additionally, she highlighted the benefits of water chestnut and sesame seeds for hormonal balance.

Regarding menstruation, Dr. Mehrotra explained that a cycle of 27 to 35 days is normal. She advised maintaining cleanliness and using sanitary pads or, if unavailable, clean cotton cloths. Any abnormal bleeding or discomfort should be addressed with a doctor.

For reproductive health, she stressed the importance of following medical prescriptions and regular check-ups, particularly after age 40, including Pap tests and breast exams. Dr. Mehrotra answered questions on various issues such as white discharge, menopause, thyroid problems, and gastric issues. She prescribed calcium and iron supplements to those with specific concerns.

The camp concluded with mothers expressing gratitude for the valuable information and guidance.



Festival Celebration

In our community's vibrant tapestry of festivals, we not only embrace diversity but also actively engage children in the celebration of cultural richness. During festivals like Holi, Eid, Diwali, etc, children from various backgrounds, including lower-income families, eagerly participate in the festivities, adding their unique energy and creativity to the mix. One of the highlights of these celebrations is the active involvement of children in preparing posters that showcase the essence of each festival, depicting vibrant colors, symbols, and traditions associated with Holi, the warmth of family gatherings during Eid, the radiance of lights during Diwali. These posters serve not only as artistic expressions but also as reminders of the values of unity, respect, and inclusivity that lie at the heart of our community. By actively involving children in festival preparations and celebrations, we not only nurture their cultural awareness and creativity but also instill in them a sense of pride in their heritage and a deep appreciation for the diversity that enriches our collective identity. Together, as a community, we celebrate not just the festivals but also the boundless potential of our children to shape a future filled with understanding, compassion, and unity.

Holi Celebration: Mothers from diverse cultural and religious backgrounds come together to decorate the community center, infusing it with vibrant colors and festive cheer. During the Holi celebration, these mothers, along with their children, joyfully play Holi, applying colors to each

other irrespective of their cultural or religious affiliations. This celebration exemplifies the spirit of unity and inclusivity as they revel in the joyous festival of colors, transcending boundaries and fostering a sense of camaraderie within the community.

Diwali Celebration: As Diwali approaches, mothers unite to embellish the community center and prepare for the auspicious occasion. During the celebration, prayers are offered to Lord Ganesha and Goddess Lakshmi, invoking blessings for prosperity and knowledge. Families come together to light traditional oil lamps, symbolizing the victory of light over darkness and good over evil. This celebration of Diwali fosters a sense of spiritual renewal and communal solidarity, as mothers and children come together to share in the joy of new beginnings and blessings.

Eid Celebration: Mothers gather to adorn the community center in preparation for Eid festivities. On this auspicious occasion, families come together to offer prayers and share traditional delicacies, symbolizing unity and gratitude. Children partake in activities such as creating decorative displays and exchanging sweets, strengthening bonds of friendship and harmony. Through the celebration of Eid, the community embraces the values of compassion, generosity, and togetherness, embodying the spirit of brotherhood that transcends cultural differences.



Teachers Day Celebration

On September 5, 2023, CFCA organized a Teacher's Day celebration to honor Dr. Sarvepalli Radhakrishnan and raise awareness about the importance of quality education. Sponsored children and mothers participated in the event.

The celebration began with an introduction of all the sponsored children, followed by the garlanding of Dr. Radhakrishnan's photo and paying tribute to him. A cake-cutting ceremony was held, and the cake was shared with all participants.

The staff highlighted the significance of education in child development and CFCA's role in supporting the educational progress of sponsored children. They also explained the reasons

behind celebrating Teacher's Day. Throughout the program, mothers encouraged the children to value and pursue their education.



International Yoga Day

On June 21, 2023, CFCA celebrated International Yoga Day with enthusiasm and active participation from youth forum members. Participants gathered at a designated location, eager for the yoga session.

Older students began by discussing the benefits of yoga, emphasizing how regular practice improves flexibility, strength, balance, and coordination. They also highlighted yoga's positive effects on mental health, including reduced stress, anxiety, and depression, as well as enhanced sleep quality and overall well-being.

Following the discussion, participants engaged in various yoga asanas outdoors. Sponsored children from families who prioritized physical activity in the PSL survey conducted in May were also included in the session.

In addition to the yoga activities, Mr. Dass shared insights on impact assessment studies, including video messaging, and their benefits for youth and community development. He emphasized the importance of video messaging and provided guidelines for effective use.

Youth members in PRJ were made aware of the impact assessment studies and their role in community activities and extracurricular engagement. Many sponsored children involved in extracurricular activities shared their developmental journeys and expressed gratitude to Unbound/CFCA for the opportunities provided.



World Environment Day

On June 5, 2023, CFCA celebrated World Environment Day at the community center with active participation from mothers and sponsored children. The program aimed to raise awareness about environmental cleanliness and pollution prevention.

Participants gathered at the community center and were given drawing sheets to create artwork focused on environmental conservation. After completing their drawings, they shared their thoughts on saving the environment. The staff then discussed the significance of maintaining a clean and green environment for a healthy life. As part of the event, the staff distributed plants to the sponsored children, who planted them with care. The children were encouraged to



continue planting at home and to take regular care of their plants. The staff emphasized the importance of motivating others to keep the environment clean and pollution-free. The event was both enjoyable and educational, providing a valuable opportunity for participants to engage in environmental conservation activities.

Workshop on- (AOC) Parivarthan ke Sehyogi

On March 23, 2024, CFCA staff conducted an AOC (Agent of Change) workshop for mothers at Raj Palace. The workshop aimed to guide participants on how to initiate beneficial changes for community and personal upliftment.

The event began with a warm welcome from the staff, followed by the mothers signing the attendance sheet. Brij Lal sir introduced the concept of AOC but none of the attendees were familiar with it, as it was a new topic for everyone.

Mr. Dass, who was also welcomed by the staff and mothers, then took over the session. He explained the importance of being an Agent of Change, discussing its benefits and potential results. He highlighted various community issues, such as water shortages, lack of educational resources, and insufficient facilities like computers and baking equipment. The workshop focused on identifying these problems and exploring how AOC initiatives could address them.

The session was informative and engaging, and the mothers appreciated the opportunity to learn about new ways to improve their lives and communities. They expressed their gratitude to Mr. Dass before concluding the workshop.



Summer Camp & Excursion Trip

On May 30, 2023, a letter-writing workshop was organized for sponsored youth, with 50 participants attending. The workshop aimed to improve the quality of their letters.

The session began with a welcome and an introduction to the importance of personal letter writing. Participants learned about key points in letter writing, including what types of photos are appropriate to include. Examples of well-written and poorly written letters were shown to illustrate these points.

Additionally, the workshop covered video messaging guidelines, specifying the recommended length for videos in Hindi and English. To help ease any apprehension about creating video messages, an exercise was conducted where participants made their own video messages.

Following the workshop, the children enjoyed a refreshing trip to a water park. They had a great time playing in the water, which provided a fun and relaxing break during the summer camp.



Stories of Transformation/ Success Stories

Mother's Name- Bharti
Subproject- DSJ-M

Bharti's life was an unyielding battle against the relentless tides of adversity. Born into a family entangled in the grips of alcoholism, she found herself trapped in a similar cycle after marriage. With neither her own family nor her in-laws offering a lifeline, Bharti was left to navigate the treacherous waters of her destiny. In this desolate landscape, she discovered a beacon of hope in the form of CFCA/Unbound's intervention.

In her formative years, Bharti had savored the taste of prosperity, but post-marriage, choice became a distant memory. They were perpetually reminded of their low caste, their dreams tarnished by the belief that success remained beyond their grasp. The looming specter of financial constraints cast a long shadow over her child's education and the overall well-being of the family.

The burden of her daughter's school fees became an insurmountable mountain, exacerbating their financial woes. Bharti's husband's battle with alcoholism further deepened their suffering, transforming their home into a crucible of challenges. Amidst this tumult, Bharti stood as a solitary sentinel, the lone protector of her family's educational aspirations.

When CFCA/Unbound extended its hand to support her daughter through sponsorship, Bharti seized the opportunity. She redirected her resources, earmarked for her daughter's education, her own personal growth. She embarked extraordinary journey, conquering one milestone after another, from graduation training, and now pursuing her master's. Along this path, she explored various professional avenues before ultimately finding her calling as a home tutor, all while raising her son.



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Bharti's indomitable spirit and unwavering determination serve as a testament to the human capacity to transcend even the darkest of circumstances. Today, she stands as a proud graduate, conducting tuition classes from the sanctuary of her home. With the aid of CFCA sponsorship, she now seamlessly manages her children's school fees, and she wisely allocates funds, combining her earnings with government schemes to secure her daughter's future education. This sponsorship has not only illuminated their path but has also dismantled the barriers of

financial hardship, paving the way for a brighter future not only for Bharti but for her children and the entire family. Bharti's story resounds as a powerful testament to the transformative power of determination and resilience in the face of adversity.

Mother's Name- Nisha Gupta
Subproject- PRJ

In 2015, I forged a profound connection with CFCA, a beacon of hope that would illuminate not only my daughter's path to success but also my own journey of self-discovery. The support we received from CFCA was a lifeline that transcended the boundaries of education, family, and livelihood.

CFCA's influence began with my daughter. They instilled in her the passion to learn and excel, igniting the flames of ambition within her. But CFCA's impact didn't stop there. It extended its benevolent hand to encompass my entire family and my struggling business.

Amidst the dark clouds of the COVID-19 pandemic, when income streams dwindled and my husband's general merchant shop shuttered, CFCA's support became our steadfast companion. Faced with mounting household expenses and the responsibility of nurturing two children, I embarked on a transformative journey. I embraced the world of online yoga, a beacon of health and well-being when the world was confined within four walls. In this endeavor, some community members joined my online classes, finding solace and improved health.

In this symbiotic relationship, I reaped more than financial gains. I received the blessings of a community I had come to cherish. It was a circle of support that blossomed through CFCA's unwavering aid. The funds they provided allowed me to pursue a Postgraduate Diploma in Yoga, a qualification that held immense value during the pandemic.



Today, as I stand on the horizon of accomplishment, I owe it all to CFCA. I extend my gratitude to this organization for not only nurturing my daughter's dreams but also for nurturing mine. The staff at CFCA listened to our concerns, offering solutions and support that transcended mere assistance. They were our guiding stars in the darkest of nights. I express my heartfelt thanks to all the dedicated staff members and, in particular, to "Dass Sir," who not only understood the struggles of families like mine but also wholeheartedly helped us transform our lives.

Child Name: Priti, CH ID: 681965

Subproject- PRN

Priti Bhartiya's journey is a testament to the life-altering impact sponsorship. Born into a family facing hardships, Priti's parents, Mr. Prasad and Mrs. Photo Devi, worked tirelessly to provide for their three children. Their house may have been modest, but their dreams for their children were boundless.



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Priti's determination shone brightly when she completed her 12th grade. In the face of societal pressure urging her towards marriage, her parents stood resolute, recognizing the opportunity CFCA had bestowed upon her. They believed in her potential and refused to hinder her educational journey.

Currently, Priti is pursuing a B.Sc. (Bachelor degree and preparing for the highly NEET exam. Her aspirations are boundless, carries the weight of her family's dreams on shoulders.



of Science) competitive and she her

With unwavering dedication, Priti is to make her parents proud and prove that become a reality, no matter the circumstances. Her story is a beacon of hope and inspiration, showcasing how CFCA sponsorship empowers children to break free from limitations and reach for the stars. Priti's journey is a testament to the transformative power of support and determination, forging a path toward a brighter future for herself and her family.

determined dreams can

Child Name: Chandini, CH ID: 763934

Subproject- PRN

Chandini's journey is a testament to the profound impact of CFCA sponsorship in the lives of underprivileged families. Hailing from a village, Chandini's family of five faced formidable challenges after the tragic loss of her father. Her mother, Mrs. Photo Devi, became the sole breadwinner, supporting her three sons' education and Chandini's dreams.

Before sponsorship, Chandini and her brothers attended a regular school, but CFCA changed the trajectory of their lives. With unwavering determination and the support of the mother's group

and CFCA, Mrs. Photo Devi took a loan to start rearing, forging a path toward a more stable life.

Despite the loss of her father in 2022, Chandini's remained resolute in their commitment to education. Chandini, in particular, displayed remarkable resolve as she embarked on her to prepare for the NDA (National Defence Academy). She navigated challenging village and faced adversity during the rainy season to her coaching classes in Prayagraj, 22 kilometers Her unwavering dedication to her dreams is a testament to her strength.



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Chandini's family acknowledges that their progress is intertwined with CFCA's support, which has provided Chandini with the golden opportunity to pursue her education. Chandini's story is an inspiring reminder of how sponsorship can empower children to overcome obstacles and reach for their dreams, all while making their parents proud and bringing hope to their communities.

Child Name: Akash, CH ID: 744252

Subproject- DPP

This is the inspiring journey of Akash and his unwavering mother, Kiran, from the DPP subproject. Their story began in 2012 when Akash, just a 1st-grade student, received vital sponsorship support from CFCA/Unbound. Kiran, a graduate in home science, harbored dreams of her children achieving greatness, like the accomplished doctors, IPS, and IAS officers in her own family. But societal norms and financial constraints had conspired against her.

Kiran, determined to blaze a new path, joined CFCA in 2012. She took up training in crafting soft toys and courageously assumed loans to establish her home-based business. Her vision was simple: the earnings would fuel her children's education. Mount Carmel School in Dwarka became the beacon of hope, offering education and guidance under the EWS category.

Kiran's soft toy venture, after initial success, faced adversity and eventually closed. Yet, her resolve remained unbroken. Even if it meant skipping meals, she refused to let her children's dreams shatter. Her sacrifices and unyielding spirit began to bear fruit.

Today, her daughter is enrolled in NEET coaching, aspiring to study MBBS. Her elder son, a NEET achiever, pursues MBBS at Safdarjung Hospital, New Delhi. Meanwhile, Akash, the youngest and

a sponsored child, follows their illustrious footsteps, determined to conquer NEET and become a doctor.

Kiran's heart brims with gratitude towards CFCA. The support, both through her soft toy business and the nurturing mothers' group, transformed her family's destiny. Without CFCA/Unbound, their dreams might have remained unfulfilled, but today, they're inching closer to becoming reality. Akash and Kiran's tale is a testament to resilience, determination, and the power of unwavering dreams.

Child Name: Labya Anwar, CH ID: 809635

Subproject- DSJ-H

Layba's remarkable journey from a small multifaith/ minority community to a dream-filled future was catalyzed by the transformative intervention of CFCA/Unbound. In 2015, Layba, a bright young girl in the 5th grade, became a sponsored child with CFCA. Her family's modest existence was sustained by her father, Anwar Hussain, a dedicated salesman, the sole provider for Layba, her mother Sabiya Hussain, and her younger sister, Mehak Anwar, who battled seizures for seven years. The family grappled with the daily struggle to make ends meet, let alone afford an education that could nurture Layba's and Mehak's dreams.



In their community, educating girls was riddled with obstacles. Layba's aspirations of becoming a doctor were stifled by financial constraints and doubt. But CFCA's sponsorship breathed life into her dreams. She began to envision studying at prestigious institutions, pursuing a career as a doctor, and making a profound impact on others, just like the angels she admired.

Layba's resolve surged in the 9th grade when she stumbled upon a poignant quote: "Doctors are lifesavers, considered as angels." This resonated deeply with her, and with CFCA's unwavering support, her dream began to flourish.

CFCA not only provided the means for Layba's education but also instilled in her a spark of hope. She now attends the esteemed Sri Chaitanya institution, preparing for the NEET exam, a crucial step toward her aspiration of becoming a doctor. CFCA's support made the once insurmountable institution fees manageable.

From a sponsored child to a young woman with the aspiration of becoming a doctor, Layba's journey is a testament to the transformative power of CFCA/Unbound's intervention. They didn't just provide financial assistance; they gave her the wings to soar. Layba's story embodies the potential within every child, waiting to be unleashed with the right support and encouragement. She, once a child in need, is now on the path to becoming an angel of hope and healing for others.

Child Name: Monika Pal (Ex- sponsored child)

Monika Pal's journey is a testament to the incredible transformations that can occur when determined individuals are empowered with support from CFCA/Unbound sponsorship funds, Self-Help Group (SMG) loans, and the CFCA Youth Forum. Monika's story is one of resilience, dreams, and the pursuit of a career as a lawyer.

Hailing from a modest family, Monika faced significant financial challenges that could have stifled her aspirations. However, her life took a remarkable turn when she became a recipient of CFCA/Unbound sponsorship. With this support, she not only had the means to pursue her education but also found herself surrounded by a community that believed in her potential.

As Monika progressed through her educational journey, she realized her passion for the legal field. However, pursuing a degree in law required more financial resources than her family could afford. It was at this crucial juncture that Monika turned to the CFCA Youth Forum, a lifeline for ambitious youth like her. With loans obtained through the Youth Forum, she embarked on the challenging path towards her LLB degree.



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Monika's determination was unwavering, and she poured her heart and soul into her studies. Her hard work paid off when she successfully completed her LLB degree. But her story doesn't end there; it's just the beginning. Today, Monika is a practicing lawyer in Meerut, using her legal knowledge and skills to make a difference in her community.

Her journey from facing financial constraints to becoming a lawyer in Meerut is a shining example of what can be achieved with the support of CFCA/Unbound sponsorship funds, the opportunities provided by SMG loans, and the empowerment offered by the CFCA Youth Forum. Monika's story inspires not only her family but also countless others, proving that with determination, dreams can become reality, and barriers can be overcome.

Mother's Name- Phoolkali

Subproject- PRJ

My journey is a testament to the remarkable impact of CFCA/Unbound support. I once witnessed a powerful play depicting a daughter's transformation into a son to fulfil her parents' wishes. Inspired by this, I embarked on a relentless journey to rewrite my destiny and become the son my parents needed.

As one of three sisters, my life took an unexpected turn when I married an unemployed man in 2003, against my family's wishes. The marriage proved to be a harrowing experience, marked by abuse and deprivation. My in-laws stripped me of my jewellery, even my wedding attire, leaving me destitute. Tragically, my sisters were unable to rescue me, and I found myself cast out of my marital home, with my husband remaining

My parents, burdened by poverty, couldn't as I had become a mother within a month. Determined to provide for my three children, fueled by an unyielding desire for education, I forged ahead.

In 2008, I embarked on a journey towards enrolling in a Bachelor of Arts program. Over the course of three years, I navigated academic challenges and earned my degree from Chatrapati Sahu Ji Maharaj University in Ghoripur. Simultaneously, I pursued a diploma in Fine Arts as well.

In 2011, my dream of becoming an educator led me to Maharshi Dayanand Saraswati University in Rohtak, Haryana, for a B.Ed program. Though I faced failure, my determination to learn remained unshaken. Recognizing my potential, my sisters urged my husband to allow me to work. However, he resisted, claiming we could manage without my income. Frustrated, I left for my parents' home.

There, fate guided me to CFCA/Unbound. Intrigued by a group of women in green saris, I followed them to the CFCA office near Katori Park. Shyness held me back from entering, but fate intervened when Sanjay Sir emerged and inquired if I knew anyone inside. Despite my initial hesitation, I was ushered in and soon had all the necessary documents prepared, thanks to Praveen Sir.

In due time, my child received sponsorship, and by then, my son was studying at Alpha Public School. With CFCA's support, I enrolled him in Brij Bihari Sahai School in Shivkuti, securing a brighter future for him. While CFCA shouldered the educational expenses for one child, I diligently worked to provide for the others.



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The year 2020 passed in a blur, and in 2021, I joined the Nagar Nigam Sahayata Samuh (Municipal Corporation Help Group). Here, I dedicated myself to raising awareness about sanitation, visiting homes to educate residents. I served as a supervisor at Alasi Supermarket, handling cleanliness complaints via the Play Store app and leveraging social media for outreach. Despite being 42 years old, I remain steadfast in my commitment to my work. My monthly income of 6,000 rupees may not impress some, but for me, it's a lifeline.

Mother's Name- Babita
Subproject- DSJ-M

Babita, a core committee member of the DSJ-M community, was once known for her festive stalls where she showcased and sold beautiful decorative items crafted from raw materials. Her creative talents and dedication to her work were evident, and she managed to run these stalls successfully with the occasional support of her husband during busy festive periods. Babita initially hesitated to deal with customers directly, relying on her husband's assistance to manage interactions.

Tragedy struck when Babita's husband passed away suddenly due to a heart attack. The loss was devastating, leaving her to navigate the immense grief while facing the daunting challenge of supporting her family alone. The emotional and financial strain was overwhelming, but Babita found strength through the support of her family and encouragement she received from CFCA.

Despite the difficult circumstances, Babita was to rebuild her life. With the help of CFCA, she guidance and resources needed to continue her item business. Babita's commitment and hard work she gradually regained her confidence. She now raw materials from the wholesale market, creates all decorative items herself, and manages to sell them festive times.

Babita's family plays a crucial role in her journey. Her who is in 11th grade, excels in his studies and aspires to become an artist, reflecting his mother's influence. Her elder son, a special child, may have unique challenges, but he is attentive and supports his mother as much as he can.

Today, Babita is a testament to resilience. The support from CFCA and her ability to overcome personal loss have empowered her to handle customer interactions with newfound confidence. She continues to thrive in her business, showcasing not only her creative skills but also her remarkable strength and determination to provide for her family.

Mother's Name- Anjana
Subproject- DPP



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Anjana joined CFCA (Community Foundation for Children and Aging) in 2011, during a time when she was living under the parda system, a traditional practice that restricted women's mobility and interaction. Despite these challenging circumstances, Anjana was determined to change her life. Over the years, she transformed herself into a well-educated, confident woman who actively participated in CFCA activities, assisting staff and leaders with dedication.

Anjana's life took a tragic turn when, after several years of marriage, her husband committed suicide due to family issues. This devastating event placed the entire family responsibility on Anjana's shoulders. Although she lived with her in-laws, they provided no support, leaving her to manage all the household responsibilities and care children on her own.

The period following her husband's death was painful and challenging. Anjana faced immense and financial stress, particularly because her elder child special needs student, requiring extra care and support. Despite the hardships, Anjana remained resilient, knowing that her children depended on her.



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During this difficult time, CFCA provided crucial support and encouragement. Other mothers within the network rallied around Anjana, offering motivation and companionship. The CFCA's livelihood program played a pivotal role in her recovery, empowering her with the skills and confidence needed to start anew.

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With the support and encouragement from CFCA, Anjana managed to overcome her difficulties. She utilized the resources and training provided by CFCA to establish a small business, running a beauty parlour in a rented shop. This venture not only provided her with financial stability but also helped rebuild her confidence and independence.

Today, Anjana is a resilient and successful entrepreneur, running her parlour effectively. Her children are also thriving. Her elder child, who has special needs, continues to attend school at a senior level, demonstrating remarkable progress despite the challenges. Her younger child, now in the 11th grade, aspires to become a doctor, reflecting Anjana's strong support and belief in the potential of her children.

CFCA's support has been instrumental in Anjana's journey, providing both emotional and financial assistance. The organization's intervention has significantly impacted her life, enabling her to transform adversity into strength and ensure a better future for her children.

Anjana's story is a powerful testament to the resilience of the human spirit and the positive impact of support systems like CFCA. From facing profound personal loss and adversity to becoming a successful entrepreneur and a dedicated mother, Anjana's journey highlights the transformative power of compassion and support. Her success not only showcases her own

strength but also the vital role of CFCA in empowering individuals to overcome challenges and build a brighter future.

Mother's Name- Rizwana

Subproject- DSJ-H

Rizwana, a devoted mother of three, lives in a rented accommodation in the bustling capital city of Delhi. Her husband resides in their hometown, as his presence is required there. Rizwana moved to Delhi with the hope of providing her children with better educational opportunities. However, the journey has not been easy.

When Rizwana first associated with CFCA, she was working as a househelp, struggling to bear the rental expenses of their accommodation while managing her children's educational costs. Balancing these responsibilities single-handedly was a constant challenge for her.

A turning point came when Rizwana went on an exposure/IGP trip to Agra through CFCA, along with fellow sponsored mothers. During this trip, she witnessed how the sponsored mothers in Agra were successfully working to earn a livelihood on their own. This experience inspired her to start her own business instead of continuing as a maid.

Upon returning to Delhi, Rizwana discussed her situation with her tenant, who kindly offered her some space outside his dairy to start an egg and snack stall. With a modest initial investment of 300 rupees, Rizwana's stall began to take shape.

Her business quickly gained traction, and she reinvested her earnings to expand her inventory, adding items like eggs, wafers, chocolates, fruits, and vegetables. Rizwana also started assisting in running the dairy, which further supplemented her income.



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Through hard work and determination, Rizwana transformed her small stall into a thriving business. Her success has not only provided financial stability for her family but also boosted her confidence. Today, she has been elected as the leader of the School Management Committee for two consecutive years, a testament to her leadership and dedication.

Rizwana's journey from a struggling househelp to a successful entrepreneur and community leader highlights the profound impact of CFCA's support and her own resilience. She continues to inspire others with her story of determination and triumph over adversity.

Mother's Name- Shivpati

Subproject- PRN

Shivpati's journey is a powerful testament to transformation. Emerging from a village with limited educational opportunities, she defied the norm by prioritizing education for her children through CFCA's support.

Initiating an animal husbandry venture marked her path to financial stability. Shivpati's determination led her to utilize loans from her Sponsored Mother's Group (SMG) to expand her enterprise. Today, her sons own electrical shops in the village, a testament to her unwavering commitment to their education and future.

Furthermore, her sponsored child is currently pursuing a BTC (Basic Training Certificate) program, a milestone made possible by CFCA's support. His dream is to become a government teacher. Shivpati's story showcases how CFCA's intervention can not only individual lives but entire communities, fostering education and economic growth where it was once lacking. Her journey from humble beginnings to a thriving business is an inspiration to all, proving that with determination and support, dreams can be realized.



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Her family is











*Give them love, give them care,
They have lot to say and share.....*



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